

# Megisti Messenger

Dec 1<sup>st</sup> 2013 Volume 7, Issue 1

Newsletter of the  
Castellorizian  
Association of WA Inc  
160 Anzac Road  
Mt Hawthorn WA 6016

Tel/Fax: 94432110

## **FORTHCOMING EVENTS**

Family Christmas  
Happy Hour  
December 20<sup>th</sup> 2013  
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Articles for the  
*Megisti Messenger*  
are always welcomed.  
Contact  
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0413 95 85 00 or  
[cressie@castellorizo.org](mailto:cressie@castellorizo.org)

Deadline for Mar 1 2014  
edition is Feb 26 2014

## **President's Report**



**President  
Allan  
Cresswell**

Christmas Greetings to all our members!

At our AGM in October 2013 there were ten persons elected to serve on the committee for 2013/2014. A report on the AGM appears on page five of this edition of the *Megisti Messenger*. A very special mention to our retiring committee member Cath Papanastasiou who has served for many years both as our Secretary and on our committee. Her secretarial work on the Centenary Steering Committee was also very much appreciated. Well done Cath and very big thanks from our association for all your input!

In the week following the AGM our new committee conducted a meeting to elect the Executive Committee of our association. President Jim Manifis stood down and did not seek re-election as President. The following were then elected from nominations:

President: Allan Cresswell  
Vice President: Jim Manifis  
Secretary: Stan Kailis  
Treasurer: Michael Paul

In addition Sion Xanthis agreed to continue as House Manager and Kevin Kannis to continue to manage Membership Roll and Membership Mailouts.

Tina Kyros did not seek re-election as Secretary. Tina has contributed much to our association as our Secretary and is thanked for her role in this position. She remains committed as a hard working committee member, always willing to help out in all aspects of our association and our functions. We also welcome Stan into the role as our new Secretary.

What can be said about our retiring President? Jim Manifis has been a hard working President for the past six years. His initiative and imaginative ideas have brought about many wonderful new changes to our association. His idea of having a newsletter showed great foresight and brought about a huge increase in membership over the years and provided the platform to promote the Centenary Celebrations, the release of both the Commemorative Reflections Book and the Castellorizian Connection Book and an ongoing direct communication to our members for all our events, social news and historical information. Jim also ensured that the Centenary Celebration Week was a huge success and was the driving force in achieving this. Castellorizian House continued to be upgraded during his tenure as President and all our loans associated with previous major renovations were fully paid out. A full renovation to our property in Kalgoorlie Street ensured an ongoing and increased income from that property. Jim continues to support this association by remaining on the Executive as Vice President and as a WA representative for the newly formed National Body. Our thanks go out to Jim for all his past contributions to the Castellorizian Association of WA and we look forward to his ongoing input and support.

With the support of our committee and our members I look forward to continuing to ensure that our association remains relevant and of interest to all. Some new initiatives will be introduced over the coming year and we look forward to your involvement in these events.

The large gap between the last Megisti Messenger and the present one occurred because my wife and I went on a caravan trip around Australia which lasted five and a half months. I will make sure in future that we do have four editions of this newsletter every year!

**Please support the Friday Night Christmas Function mentioned on page seven. Allan Karasavas has kindly agreed to attend and present a special magician show that night.**

# PAST-PRESIDENT REPORT

As the outgoing President, I would like to reflect on the 6 years as President. Firstly I would like to take this opportunity to thank all the members of the Castellorizian Association of WA. It has been a privilege to have been the President of our Association. During my period, I have improved my understanding of the culture of being a Castellorizian.

There have been so many highlights over the last 6 years and I wish to mention a number of those highlights. Firstly, in my first year as President, to meet and receive a medallion of Saint Constantine and Helene from the Castellorizian World President, was an honour. The creation of the *Megisti Messenger* with the help of Allan Cresswell was definitely a highlight. Allan's contribution to the *Megisti Messenger* has brought our Association members communication for the first time in WA.

The committee which was elected 6 years ago was entrusted with the loan of \$60,000 which came about due to the extension of Castellorizian house. I'm so proud to announce the loan has been repaid in full and the committee has continued to make improvements with our headquarters. We recently demolished the old shed and have constructed a colourbond shed as a replacement. As the outgoing President, I'm proud to leave the Association in a very good financial position.

During my time as President, we have increased our membership from approximately 200 members to over 500. This is a great success with a number of women who have now joined our Association. I must thank Kevin Kannis and Michael Paul on their superb effort.

The highlight during my time as President would have to be the 100 year Centenary celebrations. I need to thank all the members who were on the Steering committee and the Executive committee during the 3 years of planning. I was firstly approached by Nick Nicholas and Bartley Kakulas who asked me to stay on as President to steer the committee. I must thank these two gentlemen as I have already mentioned it was an honour for me.

I need to congratulate Darcy Papanastasiou on receiving the President Award for 2013. Darcy's contribution over a number of years as our honorary Auditor needs to be appreciated.

During my period, I have made so many Castellorizian friends both in WA and other States in Australia. This leads me to mention the formation of the Kastellorizian Council of Australia which I believe will lead to the success of all Castellorizian Associations. Finally, I need to thank all the committee members that have been part of the Association over the last 6 years. My duties become a lot easier when you had excellent committee members. I have been on committees since the age of 20 and I believe the committee members that I worked with in the Castellorizian Association were the best. There is one member which I need to make a special mention of and that is Michael Paul. The contribution that Michael has made to the Association has been incredible. This is the reason that I nominated him to receive life membership. Thank you very much Michael.

Although I step down as President, I will continue as Vice-President for the year 2013/2014. I wish the incoming President, Allan Cresswell and all the incoming committee, my best wishes and offer my full support for the forthcoming year.

Once again, thank you to all our members of the Castellorizian Association of WA for your support.

James Manifis.

# SOCIAL NEWS

## Births

- Congratulations to Conley and Vanessa Manifis (nee Bouhlas) on the birth of their son **Michael Conley** on 26<sup>th</sup> July 2013. A brother for Eloise. Grandson for Michael and Faye Manifis and Leffy and Cathy Bouhlas.
- Sam and Carla Cresswell are very happy to announce the birth of their son, **Hayden Jack**, on 4<sup>th</sup> November 2013. First grandson for Allan and Jean Cresswell.

## Christenings

- Congratulations to Stephen and Sarah Kostarelas on the christening of their daughter **Rhea Alison** on 24<sup>th</sup> August 2013. Godparents are Troy and Gemma MacMillan. Rhea is the granddaughter of Tony and Merrill Kostarelas.
- Congratulations to Troy and Gemma MacMillan on the christening of their son **Alexander John** on 17<sup>th</sup> November 2013. Godparents are Justin and Evangeline Michael. Alexander is another grandchild to Tony and Merrill Kostarelas.

## Engagements

- Darcy and Catherine Papanastasiou are very happy to announce the engagement of their eldest daughter **Nerina** to **Clint Kitchen** of Melbourne on 26<sup>th</sup> October 2013.
- Congratulations to **Melissa Poynton** and **Michael Kerr** on the recent announcement of their engagement. Melissa is the Granddaughter of Michael and Sef Lazarakis, her mother Michelle is the youngest daughter of Mick and Sef. All the family wishes them happiness for their future together.

## Marriages

- Congratulations to **Tracey (nee Manifis)** and **Stan Fotinos** on their wedding on Nov 23<sup>rd</sup> 2013 at Sts Constantine and Helene Church in Northbridge (Tracey is the daughter of Michael and Faye Manifis and Stan the son of Michael and Despina Fotinos). The reception was enjoyed by all at The River Room Pan Pacific Hotel.

**See 80<sup>th</sup> birthday reunion photo on page 15**

## Birthdays

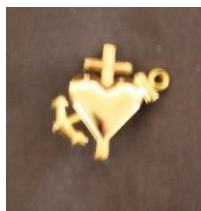
- ❖ Congratulations to **Con Karageorge** who celebrated his 80<sup>th</sup> birthday on May 12<sup>th</sup> 2013.
- ❖ Congratulations to **Con Zempilas** who celebrated his 80<sup>th</sup> birthday on Jun 12<sup>th</sup> 2013.
- ❖ Congratulations to **Dr Nicholas Anastas** who celebrated his 80<sup>th</sup> birthday on Jun 30<sup>th</sup> 2013.
- ❖ Congratulations to **Chrissie Panos** who celebrated her 90<sup>th</sup> birthday on Jul 20 2013.
- ❖ Congratulations to **Sophie Spartalis** who celebrated her 80<sup>th</sup> birthday on Aug 8<sup>th</sup> 2013.
- ❖ Congratulations to **Stasia Antonas** who celebrated her 80<sup>th</sup> birthday on Aug 13<sup>th</sup> 2013.
- ❖ Congratulations to **Bartley Kakulas** who celebrated his 80<sup>th</sup> birthday on Aug 15<sup>th</sup> 2013.
- ❖ Congratulations to **Dr Patricia Kailis** who celebrated her 80<sup>th</sup> birthday on Aug 19<sup>th</sup> 2013.
- ❖ Congratulations to **Sophie Kailis** who celebrated her 80<sup>th</sup> birthday on Sep 22<sup>nd</sup> 2013.
- ❖ Congratulations to **Elizabeth Gibbs** (nee Antonas) who celebrated her 50<sup>th</sup> birthday on Nov 5<sup>th</sup> 2013.
- ❖ Congratulations to **Despa McDonnell** who celebrated her 85<sup>th</sup> birthday on Nov 17<sup>th</sup> 2013.
- ❖ Congratulations to **Allan Cresswell** who celebrated his 70<sup>th</sup> birthday on Nov 19<sup>th</sup> 2013.
- ❖ Congratulations to **Margaret Malaxos** who celebrated her 80<sup>th</sup> birthday on Nov 21<sup>st</sup> 2013.
- ❖ Congratulations to **Sandra Karageorge** who celebrated her 50<sup>th</sup> birthday on Nov 21<sup>st</sup> 2013.
- ❖ Congratulations to **Colin Panegyres** who celebrated his 90<sup>th</sup> birthday on Dec 3<sup>rd</sup> 2013.
- ❖ Others who had their 80<sup>th</sup> birthday during 2013 and whose name did not appear in the last *Megisti Messenger* (with birthdates unknown to the editor) were: **Peter M Panegyres, Michael G Kailis, Anna Vallianos, Chrissie Spartalis, Georgina McKay (nee Psaltis), Emanuel Petrelis, Kathy Verevis** and **George Lucas**. Congratulations to you all!

## Vale

Deepest sympathy to the families and friends of:

- ❖ Dominique Staglo Jun 7<sup>th</sup> 2013
- ❖ Kenneth Lou Manolas Jun 8<sup>th</sup> 2013
- ❖ Dimetrious Kambouris Jun 11<sup>th</sup> 2013
- ❖ Joan Sofoulis Jun 21<sup>st</sup> 2013
- ❖ Queenie Coufos (nee Sertis) Jul 9<sup>th</sup> 2013
- ❖ Antonios Papamatheos Aug 5<sup>th</sup> 2013
- ❖ Victor Pitsonis Aug 20<sup>th</sup> 2013
- ❖ Peter Karatza Sep 8<sup>th</sup> 2013
- ❖ Rita Maounis (Stamatoglou) Sep 27<sup>th</sup> 2013
- ❖ Theodore John Kannis Sep 29<sup>th</sup> 2013
- ❖ Anastasia (Anne) Riley (nee Kailis) Nov 12<sup>th</sup> 2013

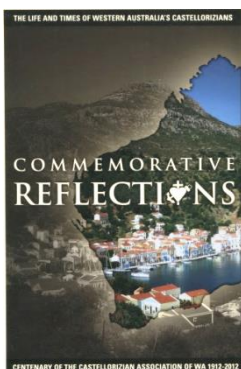
# SALE OF CENTENARY MEMORABILIA ITEMS



**Lapel Pins - only \$10**

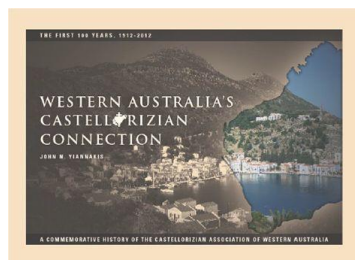


**Medallions  
now only \$30**



**Reflections Book -  
selling for only \$40**

Only a few remaining books of the reprint. This hard cover book tells 131 stories of Castellorizians families and individuals within the 164 pages.



**Western Australia's Castellorizian  
Connection Book - selling for only \$40**

**The First 100 Years: A Commemorative History  
By Dr John Yiannakis**

**Castellorizian Centenary 2012 events**

**Available Now as a 3 disc DVD set!**

**A wonderful momento for future generations**

Relive and reminisce all of the events of the CENTENARY week with your own copy at just ~~\$20 per set~~ - **now only \$10 a set!**



DVD's (Gala Night) - almost giving away at \$10 for the three DVD's



**Tea Towels - a great buy at  
only \$10.00**



**Pens - at cost and only \$3 (or 4 for \$10)**

**Tea Towels made into aprons –  
a great buy at \$15  
(These have been kindly  
produced by the  
Castellorizian Ladies  
Association Megisti of WA Inc)**



## OUR ASSOCIATION AGM 2013

The AGM for 2013 was held at Castellorizian House on Sunday October 27. Twenty nine members were present with twenty five apologies received.

During the proceedings Life Membership was bestowed to our Treasurer, Michael Paul. Michael has been our Treasurer for over six years and has carried out his duties with great efficiency and dedication. During recent years, when membership has more than doubled to over 500 members, Michael has continued to collect monies, performed banking and writing out numerous receipts. He has also mailed out the *Megisti Messenger*, paid accounts, posted receipts and made all the banking. During the Centenary Celebrations in 2012 Michael had considerable additional tasks in controlling the finances (both incoming and outgoing) relating to functions, seminars, and the sale of books, memorabilia, etc. Michael attends nearly every Friday Happy Hour and again controls the incoming and outgoing accounts associated with this function. He is actively involved in numerous improvements carried out at Castellorizian House and to our Kalgoorlie Street property. Whenever a plumber, electrician or gardener is required Michael is always available to be present and assist with opening and instructing the tradesperson. Well done Michael!



**President Jim Manifis presenting Life Membership to Michael Paul**

The President's award for 2013 was presented to Darcy Papanastasiou. Darcy is our auditor and a Trustee of the Castellorizian Association of WA. Darcy has audited our financial accounts for twenty four years and has always been available to assist with any financial queries. He assisted greatly during the 2012 Centenary Celebrations with all aspects of our association's increased cashflow and the recording of same. Darcy is to be commended for his ongoing support to our association.



**President Jim Manifis presenting Darcy Papanastasiou with the 'Presidents Award' for 2013**

## **ASSOCIATION MEMBERSHIP SUBSCRIPTIONS**

### **IS YOUR MEMBERSHIP DUE?**

**If you have received a reminder with this edition of the *Megisti Messenger* please make your payment as soon as possible.**

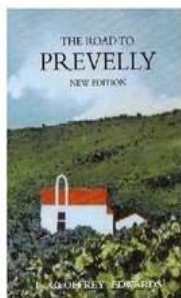
The membership subscriptions for the Castellorizian Association become due on July 1 of each year. If your subscription is in arrears you will have received a reminder with this edition of the *Megisti Messenger*. Please forward it to **160 Anzac Road Mount Hawthorn WA 6016** or alternatively you can make your payment by **electronic transfer** using **BSB 066-129 and account number 00800217**.

If you pay by **electronic transfer** please put the **member code**, shown at the bottom of the address cover sheet, for this *Megisti Messenger*, in the payees description so we can identify your payment. The deposit receipt number will be your proof of payment as paper receipts will not be issued to members who pay electronically.

Thank you in advance for your continued support.

## **THE ROAD TO PREVELLY – 3<sup>RD</sup> EDITION**

The latest edition (2013) of the wonderful book *The Road to Prevelly* is available to purchase. Email [evangelismos.bookstore@gmail.com](mailto:evangelismos.bookstore@gmail.com) or phone 0434 332 032 to arrange collection.



The 'Road to Prevelly', a fascinating autobiography written by 2nd world war veteran, Geoff Edwards tells the emotional story behind the author's war experiences in **Greece and Crete**, the building of the beautiful Greek chapel in Prevelly and how he and his wife Beryl established the tiny coastal holiday town of Prevelly, 10 kms from Margaret River. The Road to Prevelly also gives an insight into the 50's and 60's period in Margaret River; a very different Margaret River to today. **This 3rd edition** of *The Road To Prevelly* has an updated addendum from community members, including a brief report of the 2011 fires which swept through the area as well as photographic evidence. It is priced at only \$20.00.

## **HELLENES BRIDGE CLUB**

If you enjoy playing Acol Bridge, why not join the Hellenes Bridge Group. The Group meets at the Castellorizian House in Anzac Road, Mount Hawthorn every Friday morning from 9.30 am until 1.00 pm. It's a lot of fun, keeps the mind active and is a great way to network amongst friends.

The cost of \$ 5 per player includes skilled supervision, morning tea as well as hiring of the Castellorizian House.

Any interested persons (male or female) are invited to contact Nicholette Litis at home on 9368 1489, by mobile 0408 919 378 or by e mail at [m.litis@bigpond.com](mailto:m.litis@bigpond.com)

# **The Castellorizian Association of WA Inc**

**Invites you and your family to attend our**

## **ANNUAL CHRISTMAS FUNCTION**



**FRIDAY DECEMBER 20<sup>th</sup> 2013 COMMENCING at 6.30pm**

**Castellorizian House 160 Anzac Road Mt Hawthorn WA**

**SPECIAL GUEST APPEARANCE**

**Allan Karasavas**

**Magician Extraordinaire**



**A great Christmas meal is planned and is only \$30 a head and just \$15 for primary school children. Everything is supplied. Bookings are essential so plan your table and advise Allan Cresswell or a Committee Member that you are attending. Phone 93057954 or 0413958500**



# CAZZIE COOKING CLASSES 2013

Article and Photos courtesy Helen Anastasas

The Cazzie Cooking Classes this year have been very successful with everyone that came along having an enjoyable afternoon and being motivated by presenters to make the recipes on the day and in the future.

A big thank you must go to all who come to the classes and especially to the demonstrators who willingly gave their time and so expertly presented their recipes.

Since the last edition of the Megisti Messenger classes have been: how to make the traditional Castellorizian Nifi's Halva by myself, great tasting Souzoukakia by Krissi Mavromatis, delicious Loukoumathes by Irene Starr and recently superb Youvarlakia by Kathy Boujas. Next year the classes will commence with Mrs Vangy Mallis demonstrating Sarali which will prove to be another popular class.

The Cazzie Cooking Classes in 2014 will continue to be fun and rewarding with the continual support and encouragement from everyone.

**Nifi's Halva  
by  
Helen Anastasas**







**Souzoukakia  
by  
Krissi Mavromatis**



## CAZZIE COOKING CLASSES 2013 - Continued



Loukoumathes  
by  
Irene Starr







**Youvarlakia  
By  
Kathy Boujas**



## Dr Stan's Olive Corner - Number 4



### Extra virgin olive oil: the elixir for good health

Prepared by Dr Stan Kailis

Dr Stan advises for good health you need to eat 30ml or 2 tablespoonfuls of **extra virgin olive oil** each day 7 days a week together with plenty of fish, vegetables fruits and nuts. Extra virgin olive is magic because of its flavour, healthy fats and antioxidants other olive oils such as pure olive oil or light oil are not as good. If you are eating this amount of extra virgin olive already that is great. If you are eating other oils, margarine or butter, in addition to extra virgin olive oil you are likely to gain weight. You may or may not know, but most other food oils are extracted with chemicals and are highly processed. An oil that you should eat occasionally, for essential polyunsaturated fats and antioxidants, especially during fasting periods is *unhulled tahini* made from crushed sesame seeds.

You might say – *I cannot eat that much olive oil each day*. My uncle George drank two tablespoonfuls of straight extra virgin olive each morning to keep himself regular. Extra virgin olive oil is a good laxative but you do not have to resort to this. You can enjoy extra virgin olive oil (EVO) in many ways and consume enough to keep you in good health.

- Dip bread or toast into EVO
- Freeze EVO in the refrigerator and use instead of margarine or butter
- Use extra virgin olive oil for frying – brithopites, egg plant, fish, chicken and lamb
- Brush EVO on lamb, beef, goat or chicken with lemon, herbs, salt, spices and herbs then roast
- Drizzle EVO over salads especially Greek salad; or over steamed vegetables
- Bake vegetables with EVO – pumpkin, potatoes, capsicum, carrots with herbs and spices
- Drizzle EVO and orange juice over vanilla ice cream – delicious!

The olive tree is one of the most symbolic plants in Greece and Kastellorizo. Dr Stan has walked all over our island and found olive trees in many places – Near *St George of the Mountain*, *Barboutis' farm*, *Mandraki*, behind the *Hotel Kastellorizo*, and on the way to the airport. The most notable olive tree is at the *Acropolis*. He estimates this tree is around 1000 years old. Obviously olive trees were growing and are still fruiting. Some trees have small olives probably due to lack of water whereas others are large and juicy maybe because they have tapped into a water stream.



Dr Stan spoke to some old Kazzies about the olives and it would appear that they were mainly used for table olives and any that fell on the ground, were eaten by goats and sheep. Most of the olive oil eaten by Kazzies came from elsewhere – Rhodes, other Greek Islands and Turkey. There are no remains of olive presses. Unlike grapes, olives cannot be crushed with the feet. Dr Stan was told that those that came back to Kastellorizo after the Second World War tried to make olive by grinding the olives to release the oil but were unsuccessful.

Olive oil is recognised for its beneficial claims because of its healthy fats and antioxidants. It is well recognised that Greeks that ate a Mediterranean diet that includes extra virgin olive as the main fat, but not baklava, strava or katoumari, had less heart disease and cancer problems especially breast cancer. On the whole persons who follow this diet have less blood cholesterol, reduced blood pressure, reduced risk of thrombosis as well as less metabolic problems such as obesity and diabetes.

It is safe to fry food in olive oil. Avoid buying cheap olive oils, as they may be old, rancid or even mixed with other oils. Check the date on the container and only buy extra virgin olive in dark bottles or cans. Fresh olive oil may be a little bitter, but that is a sign of freshness. Dr Stan says that olive oil from St John of the Mountain Monastery is an example of this. We all know that our first introduction to olive is at the Christening and the last exposure when the coffin is in the grave, but make sure that you eat plenty of extra virgin olive between these events.

For further information on olive trees, olives or olive oil contact Dr Stan. [stan.kailis@y7mail.com](mailto:stan.kailis@y7mail.com) or 0404 27 1644.

## **HIRING CASTELLORIZIAN HOUSE**

Members of the Castellorizian Association are reminded that the headquarters in Mount Hawthorn is available for hire for small family functions and community gatherings.

Anyone interested in using the facility should contact the House Manager, Mr Sion Xanthis on 0417326271.

The building has food preparation and serving facilities as well as access to catering services if necessary. There are some restrictions on the use of the building and kitchen area which will be advised by the house manager.

### **NEW SCALE OF CHARGES –EFFECTIVE JAN 1<sup>st</sup> 2014**

| <b>TYPE OF HIRE</b>  | <b>RATE</b>              |
|--|--------------------------|
| Casual hire, seminars etc, up to 3 hours   | \$100                    |
| Casual hire, parties, reunions etc, 3 hours and over.<br>Bond required for extended events (\$300 members)<br>Non members (\$500)<br>Kitchen use (\$60) Kitchen use with cooking \$100 | \$400      members \$300 |
| Regular weekly or monthly hire.  | POA                      |

### **CONTACT DETAILS FOR OUR 2013/2014 COMMITTEE:**

|                  |                                |            |  |
|------------------|--------------------------------|------------|--|
| Allan Cresswell  | President/Ed Megisti Messenger | 93057954   | <a href="mailto:cressie@castellorizo.org">cressie@castellorizo.org</a>             |
| Jim Manifis      | Vice President                 | 0433165601 | <a href="mailto:whitfordcitynews@hotmail.com">whitfordcitynews@hotmail.com</a>     |
| Michael Paul     | Treasurer                      | 92042064   | <a href="mailto:mbpaul@optusnet.com.au">mbpaul@optusnet.com.au</a>                 |
| Stan Kailis      | Secretary                      | 0414271644 | <a href="mailto:stan.kailis@y7mail.com">stan.kailis@y7mail.com</a>                 |
| Sion Xanthis     | House Manager                  | 0417326271 | <a href="mailto:sios@iprimus.com.au">sios@iprimus.com.au</a>                       |
| Kevin Kannis     | Membership Officer             | 0418904848 | <a href="mailto:kkannis@bigpond.net.au">kkannis@bigpond.net.au</a>                 |
| Tony Samiotis    | Committee Member               | 0439721952 | <a href="mailto:t_samiotis@hotmail.com">t_samiotis@hotmail.com</a>                 |
| Phyllis Samiotis | Committee Member               | 0439721952 | <a href="mailto:t_samiotis@hotmail.com">t_samiotis@hotmail.com</a>                 |
| Tina Kyros       | Committee Member               | 0418933306 | <a href="mailto:tinakyros@gmail.com">tinakyros@gmail.com</a>                       |
| Leanne Franklin  | Committee Member               | 0417920308 | <a href="mailto:franklinleanne1@bigpond.com.au">franklinleanne1@bigpond.com.au</a> |

# BRIBIE ISLAND RETREAT AND RECREATION CENTRE

Article and Photos by Tina Kyros

Bribie Island, the only island of The Morton Bay Islands accessible by road, is just 45 minutes north from Brisbane Airport. The Island is a natural reserve and is protected, guaranteeing that over 80% of the environment will remain intact. Hundreds of species of birds visit each year as do the visiting dolphin, dugongs and turtles in the surrounding waters on both sides of the island.

When I heard that the Archdiocese had built a church on the Island, I promised myself on my next visit to Queensland to have a look. It was some years later but just recently had the opportunity to do just this. I was pleasantly surprised when we drove into the grounds of the retreat. The Chapel of Panagia Theotokos is built on an elevated level surrounded by bushland, on the right of the road as you approach the development and on the left as you come around the bend from the road is a granite carving on the ground.

The Chapel came about mainly due to the vision of a man from Limnos, Eleftherios Canellos known as Tom Lemnos. He had a vision to build a Monastery dedicated to the Panagia by the sea. When he died in May 1971 he left a large property overlooking Morton bay to the Archdiocese to fulfil his vision. The land was not suitable and the funds from the sale of the property were held in trust until a suitable area was found.

After years of planning, the land was found, and consists of 5 HA of native bushland just 100 metres from the sea. The first buildings were opened in the early 2000's, and have since progressed in stages, to what we have today.

The Chapel is similar in style to the Chapel at Prevelly, Margaret River. When I was showing the photos of the chapel to the committee, Jim Manifis, our past president, told us that his mother had donated all the Icons in the Chapel.

In a half circle pattern in front of the Chapel are 8 buildings that have accommodation for 48 people along with one of the first buildings, "Kastellorizio House," which is the home of the caretaker. This building was donated by The Kastellorizian Association of Queensland. The Community Centre can facilitate 250 people and is built in the middle of the accommodation buildings.

There is a calming and serene feel to the whole area and we spent several hours there.

It is well worth a visit if in the area, or a venue to remember for a retreat or a conference.



# 80<sup>th</sup> BIRTHDAY CELEBRATION

Article and Photo Courtesy Bartley and Nellie Kakulas

On the 31<sup>st</sup> October 2013 many of our Castellorizians attended a function at the Crown Metropole Hotel to celebrate the 80<sup>th</sup> Birthday of the class of 1933.

By co-incidence there were 33 people at the function (including family members) with 18 celebrating their birthday and 15 others.



George Lucas (Inserted), Peter M Panegyres, Sophie Spartalis, Patricia Kailis, Marilyn Neates, Anna Vallianos, Stasha Antonas, Chrissie Spartalis, Bartley P Kakulas, Peter McDonnell (seated), Georgina McKay, Con B Zempilas, Crystal Psaltis, Emanuel Petrelis, Michael G Kailis, Sophie Kailis, Kathy Verevis (seated), Margaret Malaxos

## HELLENIC LAWN BOWLS

The Hellenic Lawn Bowls is now underway. All members or intending members are welcome to play.

Just turn up on any Wednesday Night at 6.30pm at Osborne Park Bowling Club for a 7.00pm start.

## HELLENES BOWLING CLUB

The Hellenes Bowling Club is into its 19th year and continues to grow from strength to strength.

The current season is under way and will extend through to the end of next April.

Play takes place at the Osborne Park Bowling Club in Park Street, Tuart Hill every Wednesday evening from 6.45 pm until 9.00 pm. The dates, times and the venue coincides with the men's Hellenic Bowling Club which makes it very convenient for husbands and partners to play also.

Ladies are welcome to come along for 3 weeks to try their hand at the game before joining.

Annual subscriptions for Membership of the Hellenes Bowling Club is just \$ 20 per lady. A weekly fee of \$ 5 is charged to cover the cost of flood lighting the greens and a cup of coffee or tea after the game.

All ages are welcome and coaching is available to new players. Any ladies or couples who are interested in playing are invited to contact President, Nicholette Litis on 9368 1489 home, 0408919378 mobile or by e mail at [m.litis@bigpond.com](mailto:m.litis@bigpond.com)



# ELLIS CREEK – NEAR NANNUP WA

Written by Allan Cresswell

During the writing of the story of my family migrating to Australia from Castellorizo back in the early 1990's I became interested in the background of my grandfather working down on the timber mills in the South West. He worked hard for four years down there to raise money to bring his family out to Australia. It was tough work and it subsequently led to his early death when my mother was only eleven years old. To obtain information I visited my mother, Aunty Cynthia Stavrianou, Mrs Helen Baster and Mrs Helen Macrides. They have now all passed on and I thought it appropriate that some of the little information I obtained be condensed into an article.

Part of my search for information led my wife and I to Nannup in 1995 where we attempted to locate the townsite of Ellis Creek. The area had dieback and it was with some persuasion that CALM agreed to supply us a map and directions. But it was an impossible search. So many firebreaks and various tracks caused us confusion and we aborted our search. Then in 1999 we became aware of an organised trip to Ellis Creek from Nannup, supervised by locals. There were about 30 of us in convoy and we arrived at what was the townsite. Most of the area had been reclaimed by the forest. We did however locate the cricket pitch and some pits where the men sawed the timber, one below and one on top. I recall some members of the Psaltis family there and there may have been other Greek families in the convoy. It was a very interesting experience.

My grandfather, Agapitos Spiros Karasavas, son of Spiro Karasavas and Maria (nee Malaxos), arrived in Western Australia alone on the 24th July 1924 ex the Italian Ship, *Moncalieri*. Agapitos had married Anastasia (nee Xanthis), the daughter of Zafirios Xanthis and Maria (nee Komninos), some twelve years earlier on the 26<sup>th</sup> February 1911 at Castellorizo. They had four children, Spiros, Zafirios, Maria (later Anastasakis) and Xanthi (Cynthia) (later Cresswell).

No doubt the earlier arrival to Western Australia by many of his countrymen had influenced his decision to come to this State. His wife's younger brother, Komninos Xanthis together with wife, Elefantiani (nee Kailis), the daughter of Palassis George Kailis and Maria (nee Kalaf), and children, were already in Perth and had advised him that he should come out to Australia. During 1924 Agapitos travelled down to the south west of Western Australia to seek work at the timber mills in Nannup. He was based at a settlement called Ellis Creek where other Greeks, including many Castellorizians, were employed. He later moved to Manjimup working both for the timber and tobacco industry. His aim was to raise sufficient funds to bring his family to Australia who waited patiently back in Castellorizo. He also wanted to assess the employment prospects in this new country, particularly for his two growing sons.



Agapitos Karasavas (Centre Rear) at Ellis Creek Western Australia 1924. Con Kalaf is standing on the right and Michael Kalaf seated on the right. The chap standing on the left is unknown and seated on the left is Nicholas (either Christodoulou or Psaltis - has been suggested).

Photograph courtesy the late Mrs Helen Baster

My mother commences the story.....*Dad was working on the mills at a place just out of Nannup, called Ellis Creek. He later went to work at another timber mill and also for a tobacco growing company down that way. Dad used to send over five pounds every month to my mother in Castellorizo. That was a lot of money in those days.*

From Aunty Cynthia Stavrianou.....*Dad and Uncle George Kailis ended up down at Ellis Creek, near Nannup. They were working on the timber mills and were timber cutting. The State Sawmills had just started up there. It was hard work but they saved money to enable the family to come out. In 1918 my mother and I, and my Kailis grandparents, came to Western Australia and we all went down to Ellis Creek. My Uncle Jack Kailis, also came with us from Castellorizo and went down to the timber mills. Prior to our arrival Uncle George had moved to the canefields in Queensland and when my grandparents arrived in Ellis Creek from Castellorizo they wanted him back, but he wouldn't come home. But my grandparents insisted that he come back to Western Australia and he then went to Ellis Creek.*

And more from Aunty Cynthia.....*At Ellis Creek there was the State Government Sawmills. I can recall that a river ran by the settlement. It was deep and dad used to row across to get firewood from the other side. As well as my parents, uncles*



and grandparents being at Ellis Creek other Cazzies there that I recall were Michael Kalaf, Malaxos (Max) Kalaf, Con Kalaf (who later had the Subiaco Bakery), Helen Nicholas (now Mrs Macrides) and her parents, the Phillips family and Helen Pitsonis (now Mrs Baster) and her parents. Helen Baster's mother died there so they came back to Perth. Her grandmother was a Kailis and grandfather a Kalaf. Years later Helen married a Cazzie who was at Ellis Creek, Michael Kalaf. Andrew Kalaf was his uncle but he wasn't at Ellis Creek. Andrew had sons, John, George and Komninos (Tom).

We lived in huts and I was only five years of age. We left to come to Perth in April and I was due to turn six in July. My grandmother had a stroke at Ellis Creek and was taken to Busselton, then Mum brought her to Perth. She looked like she was going to die so mum took a house in William Street - the house is still there, near Brisbane Street. Bill Lightly was the Manager at Ellis Creek. He had been very good to the Greeks chasing work down there.

The mill was near the River so they could use the water. The huts were next to the mill so the men could walk to work. Dad was working so he could make enough money to go back to Castellorizo to buy a shop. When living in Turkey he had a shop selling all sorts of materials. Mrs Nellie Macrides parents had a house. They had been there a long time before us. Her mother came up to Perth in 1916 and Helen was born at the markets. Then they went back to Ellis Creek. I was born the same year back in Castellorizo and we went to Ellis Creek in 1918. I don't remember the inside of her house but it had a double sided frontage and a white picket fence. There was only three of them in the house.

My Uncle Jack Kailis later bought a lot of the land down in Ellis Creek and they cleared the forest. It would have been in 1924 when Uncle Agapitos Karasavas came alone to Australia. He went down to Ellis Creek and also worked hard cutting timber. He left his wife and children behind. Agapitos was very good friends with both my Uncle George and Uncle Jack, and was loved by my parents. My grandmother became ill so we moved back to Perth and started a fish shop in Fitzgerald Street. Both my uncles later came up to Perth but Agapitos remained down at Nannup working to save money to bring out his family. He used to write regularly to my father and came up in 1926 so he could be godfather to my sister, Evelyn, who later married Michael Palassis.

None of the Castellorizian men at Nannup were used to the heavy labouring jobs and it was very hard work. All had come from jobs such as shop owners, traders and fishermen and had not worked on the land before. Agapitos saved his money then went back to Castellorizo and brought out his family in 1928.



Ellis Creek Mill



Ellis Creek – Jack Kailis (with guitar) & Agapitos Karasavas (with hat) – others unknown

From Mrs Helen Macrides.....My parents arrived in Perth on Christmas Day 1915. The letter advising that they were coming was on the same ship so no one was there to meet them. My family lived in Wellington Street, right opposite Royal Perth Hospital with my aunty. Dad went down to Ellis Creek as mum was expecting me. I was born in Perth in 1916 and taken to Ellis Creek when I was a few months old. We stayed at Ellis Creek until 1923 when I was six years of age. My dad then bought a fish and chips shop in William Street, just near James Street. My father died in 1924 when I was seven years old.

We had a nice house on the street at Ellis Creek. Mum used to put me in a wheelbarrow and push me into the bush to pick up firewood to bring home. The others had huts over by the creek. Dad had dug a well and we had a big garden with mum planting and growing vegetables. Dad was working in the mill whilst the other men were out cutting timber. Mum used to sit at night picking splinters out of dad's hands. There was Dad, Mum and I at Ellis Creek but we did not have any other family there. I can recall the Kailis family, the Xanthis family and the Barboutis boys from Bunbury all being at Ellis Creek.

I remember Mum and I coming up to Perth to christen one of my aunties sons. We had to travel on the timber train to Nannup. We stayed overnight at Nannup then caught the passenger train to Perth. I was about five years old and was the interpreter as Mum couldn't speak English.

Dad died of pneumonia twelve months after arriving in Perth, and that was in 1924. He died within a week of taking ill. Mum said, "All that time in the bush and nothing happened". She sent him to the doctor when he became ill but he came home instead with a new hat, he didn't go to the doctor. Mum buried Dad with his new hat.

# REPLACEMENT OF OUR SHED

Photos courtesy Tony Samiotis and Allan Cresswell

Over the past few months members of our association have been very busy arranging the replacement of our aging shed situated behind the kitchen. Many hours went into planning, obtaining quotes, obtaining council approval, supervising tradespersons and clearing of items stored in the shed. Congratulations go out to all those on our committee who were involved. The new garage is an excellent addition to our premises. It will house many of our items such as spare chairs, tables, memorabilia, files, etc. It is proposed to partition this new garage for storage of various items relevant to our association. The final concreting outside and near the roll-a-door, and a concrete path down the side, are yet to be completed. The building has power, lighting and storm water drains installed. Well done to all those involved.





# CAZZIE TRIBUTE

Written by Marilyn Tsolakis



As part of our ongoing 'Cazzie Tributes' I am including those persons who have been awarded Life Membership to our Association and where a report is obtainable. I approached Marilyn Tsolakis and asked her to prepare this article. Thank you Marilyn for your support towards this ongoing project.

Allan Cresswell Editor

## Castellorizian Tribute to Lola Tsolakis

Contributing has been a way of life for Lola Tsolakis: to her family, her community and her heritage.

What does a little seven year old girl who came out to Australia in 1934 with her parents (Triantafilia and Kyriakos Simeon) and siblings from the Greek Island of Castellorizo learn about blending her Greek customs and traditions and shaping them to suit her adopted country of Australia? Firstly, she learns the English language at Highgate Primary School where so many other migrant children attended as this enabled her to integrate more effectively with the wider community. This is what Lola did in a shy and reticent way, because girls from Castellorizo were conditioned to be that way. Women's roles were more limited in the period that she grew up in the 1930's – 1950's. Roles were more clearly defined to marry, have children and support your husband who was the breadwinner. Her service to her family and committees, such as the Castellorizian Association of WA Women's Sub-Committee, the Castellorizian Ladies' Auxiliary and the Castellorizian Association of WA were part of that commitment to home and community.

The traditions that are significant in the Greek calendar and particularly the patron saints' day and other feast days that are celebrated on Castellorizo were deeply ingrained in her from childhood. This gave her the perfect platform to serve the Castellorizian Association of Western Australia in all its forms. She worked tirelessly to support many of the functions to commemorate Saints Constantine & Helene, Santrapeia Louka, Apokries, the annual children's Christmas Tree and New Year functions to bring the Castellorizian community together. It was important to maintain the Greek identity and traditions of her homeland in order to pass them down to the younger generations in a country that was becoming very multicultural, but also many Greeks were assimilating into the wider community. It was a link to their past that influenced their sense of identity.

Lola gave great support to her husband, Michael, who served on the Castellorizian Committee in his role as President from 1982 – 1984, Secretary and Editor of the Perth news for *Kastelloriziaka Nea* for a number of years.

It was at the time that Peter Georgis (1977-1982) served as President, and her husband, Michael, was Vice President, when the decision was made by the committee to purchase the home of the Castellorizian Association of WA in Mount Hawthorn. The committees worked very hard to raise money to pay the debt. Lola was one of the team whose work ethic was impeccable for the fundraising that was needed to manage the debt and to ensure that the new facility was fully operational for members to use.

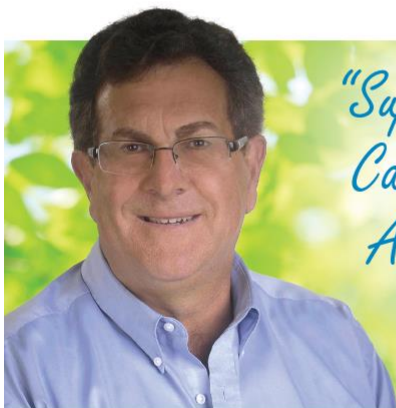
Lola also served on the Committee of Management for two years from 1986-87 with Nick Nicholas as President and during this period the association celebrated its 75<sup>th</sup> Anniversary. Lola worked with other committee members to ensure that it was a successful celebration.

Her loyalty, service, selflessness and dedication in preserving her heritage were much valued and acknowledged when she was made an Honorary Member of the Castellorizian Association of WA. This is a tribute to one of the women who played an important role in establishing the early foundations of the Mount Hawthorn function centre for the Castellorizian Association of WA.

# Michael Sutherland



Your State Member for **Mount Lawley**



*"Supporting the  
Castellorizian  
Association"*

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