

# Megisti Messenger

Apr 5<sup>th</sup> 2014 Volume 7, Issue 2

Newsletter of the  
Castellorizian  
Association of WA Inc  
160 Anzac Road  
Mt Hawthorn WA 6016

Tel/Fax: 94432110

## **FORTHCOMING EVENTS**

**Guest Speaker Night  
at the Happy Hour  
May 2<sup>nd</sup> 2014  
See Page 8**

**St Constantine and  
Helene Function  
May 25<sup>th</sup> 2014  
See Page 9**

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Articles for the  
Megisti Messenger  
are always welcomed.

Contact

Allan Cresswell on  
0413 95 85 00 or  
[cressie@castellorizo.org](mailto:cressie@castellorizo.org)

## **President's Report**



**President**

**Allan Cresswell**

The 2014 year promises to be a great year for our association. Numerous social events are planned and are detailed in a special *Calendar of Events* that has been prepared by Kevin Kannis and is reproduced on **Page 6** of the *Megisti Messenger*. Hard copies of this calendar have been circulated at various functions held recently and are also available at Castellorizian House. Place a copy on your frig or any other appropriate place. This will enable you to have advance notice of proposed social events. These events include the featuring of guest speakers on our Friday Night Happy Hour.

Our past President, Jim Manifis, has been awarded Kastellorizian of the Year for 2014. Jim will travel to Melbourne in May to receive his award from the Kastellorizian Association of Victoria. This award is highly deserved and recognises his ongoing contributions to our association over many years. The successful Centenary Celebrations being the highlight of his seven years as President of our association. He still continues to serve our association as Vice-President. Our congratulations go out to Jim for a very well deserved award.

Our Annual Christmas Function held on Friday December 20 2013 was a huge success. Once again our efficient and hard working committee ensured everything went to plan. A report is detailed on **Page 10** of the *Megisti Messenger*.

Our annual Apokries function was held on Sunday February 24 2014 and saw over 110 people in attendance at Castellorizian House. A report on this successful evening is featured on **Page 14** of the *Megisti Messenger*.

On Friday March 14<sup>th</sup> a special inaugural Father/Daughter Happy Hour evening was held at Castellorizian House for the regular "Friday Nighters". This was an excellent night where members brought along their daughter(s), daughter in law(s), granddaughter(s) or niece(s). Over 70 persons attended and there was wonderful interaction and fellowship occurring during the whole night. Each of our members introduced their guest(s) and gave a brief summary about the lady(ies) they had invited. Then their daughter, or their other invited guest, gave a quick background on their thoughts about the person who had invited them. This resulted in some wonderful and complementary comments! It was a great night indeed. Many of the young women had never visited Castellorizian House previously and it was a great opportunity for them to be, and feel, part of our association. Photo on **Page 10**.

On **Page 9** on the *Megisti Messenger* is the flyer detailing the St Constantine and Helene Luncheon to be held at Eat Greek in East Fremantle on Sunday May 25<sup>th</sup> 2014. This very important event is being held by our association in conjunction with the Hellenic Community of WA. This is a great venue and we have our own specially allocated Function Room for the day.

Professor Byron Kakulas is our Special Guest Speaker on Friday May 2<sup>nd</sup> 2014 and it promises to be a great evening. This is a **Mixed Family Night** and will be well attended, so booking is essential and required. See **Page 8** of this edition of the *Megisti Messenger*.

## **APOLOGY**

In the last edition of the Megisti Messenger mention was made regarding many of our Tea Towels being made into aprons for sale, as part of our memorabilia items. Due to a misunderstanding about information received the wrong ladies were credited with this wonderful work in our last newsletter. The ladies who completed the aprons were in fact the Hellenic Women's Association Sewing Group. Ladies please accept our apology for this error.

# SOCIAL NEWS

## Engagements

- ❖ Congratulations to **Louise Andony** and **Grant Greyling** on their December 24<sup>th</sup> 2013 engagement. Louise is the daughter of Tony and Alex Andony and granddaughter of Tony and Margaret Bellos and John and Eva Andony. Grant is the son of Clive and Barbara Greyling.

## Birthdays

- ❖ Congratulations to **Jack Pitsikas** who celebrated his 95<sup>th</sup> birthday on Apr 2<sup>nd</sup> 2014.
- ❖ Congratulations to **Evangelia (Angela) Karasavas** (nee Theodorou) of Sydney who celebrated her 90<sup>th</sup> birthday on Mar 25<sup>th</sup> 2014.

## Get Well Soon

- ❖ Get well soon to our members - **Jean Cresswell** (wife of our President) and **Stacey Cresswell** (sister of our President). Best wishes to you both on a speedy recovery.

## Wedding Anniversary

**Mark and Ula Panotidis** (nee Mavros) celebrated their 50<sup>th</sup> Wedding Anniversary on Sunday 23<sup>rd</sup> February 2014 with a lunch with their children at Matilda Bay Restaurant, Crawley.

## Vale

Deepest sympathy to the families and friends of:

- ❖ Roberta Marazis (nee Burns) Nov 30<sup>th</sup> 2013
- ❖ Michael Anthony Lucas Dec 27<sup>th</sup> 2013
- ❖ Hector (Pat) Patfield Jan 7<sup>th</sup> 2014
- ❖ Maria Liveris (nee Stavrianos) Jan 14<sup>th</sup> 2014
- ❖ Julie Michael (nee Kalafatas) Jan 18<sup>th</sup> 2014
- ❖ Tasoula Kakulas (nee Pitsonis) 20<sup>th</sup> Jan 2014
- ❖ George Panorios Jan 24<sup>th</sup> 2014
- ❖ Margaret Papadoulis (nee Rowe) Mar 1<sup>st</sup> 2014
- ❖ Rose Constantine (nee Kalafatas) Mar 6<sup>th</sup> 2014
- ❖ George Theo Kailis Mar 22<sup>nd</sup> 2014
- ❖ Eudocia (Eva) Michael Mar 24<sup>th</sup> 2014
- ❖ Athena (Nina) Auguste Mar 31<sup>st</sup> 2014 (Sydney)
- ❖ James Hadimihalakis Apr 3<sup>rd</sup> 2014
- ❖ Maria Mathews (nee Kalafatas) Apr 5<sup>th</sup> 2014

## HISTORICAL PHOTOGRAPH



Wedding of James Nicholas Kalafatas to Fanny Vasilios Kailis Apr 27<sup>th</sup> 1930 Perth WA

# **EULOGY – ATHENA (NINA) AUGUSTE**

Compiled by Evangeline Galettis (nee Barris)



**Athena Auguste April 29 1921 – March 31 2014**

Athena Auguste was born on 29 April 1921 in Perth Western Australia. She was the youngest child of Arthur and Panaula Auguste. Her siblings were Evie, Marea, George, Dorothy, Tony, Helene, Denny and Gela.

Athena's father Arthur Auguste was the first Castellorizian to come to Australia in 1892.

As a young girl she worked with her sisters in the Oyster Beds, a family business that was a restaurant on the banks of the Swan River in Fremantle.

During the Second World War she served in the Australian Women's Air Force working as a Cypher. After WW2 she moved to Sydney where she trained as a triple certificate nursing sister at Sydney Hospital and Crown Street Women's Hospital in the early 1950's. She later became assistant secretary to the NSW Nurses' Association and became an active member in improving the conditions and wages of nurses.

During the 1960's she ran her own small business in Macleay St Potts Point with her sister Marea and brother in law Lazarus. After selling her business Athena became a Pharmaceutical Representative for many companies. She always said that she never applied for a job they always approached her.

Athena was an extremely hospitable person who loved life to the fullest. She travelled the world with her sisters and enjoyed entertaining her friends and family.

Athena loved all her nieces, nephews, great nieces and great nephews from Sydney, Queensland and Western Australia. Nothing was ever too much trouble to her and she was always there to offer a willing hand to whoever needed it.

Athena will be remembered as a generous, kind, strong willed independent lady with a mind of her own who always loved and had lots of time for her family and friends.

She passed away on March 31<sup>st</sup> 2014 and her funeral service was held at the South Chapel of the Eastern Suburbs Memorial Park, Military Road, Matraville on Friday, 4<sup>th</sup> of April 2014.

# EULOGY – MARIA MATHEWS

Contributed by Lefki Kailis (Daughter) for the family



**Maria Mathews (nee Kalafatas)**

Maria Mathews was born in Perth on 14 of January 1921. She was the second child and second daughter of Katína (née Hatjimichilaki) and Kyriákos Kalafatás. Her elder sister was Rose and the children after her were – Chris, Thena, Anne (Eva), Hele and Nick – all born in Perth.

Although the family had help in the house at 45 Aberdeen St., Perth, particularly for the care of Kyriákos' mother Triantafiliá, Maria was the child in the family to attend to some of her personal needs. She tells the story of how she was the only one who would empty her grandmother's pot in the morning.

She went to Highgate Primary School, then Perth Girls. She was a bright girl at school and could have gone on to become a nurse (which she wanted to do) but because her family owned a newsagency under the Adelphi Hotel, the girls in the family were expected to assist in the shop. This Maria did, until she married in 1941 and left for Melbourne, Victoria where her husband Solon Anthony Mathews (Mathewdakís) was an engineer with the National Shipping and Transport Department.

Maria loved the excitement and freedom of Melbourne. She'd often tell us she felt free as a bird in this big city. The newly married couple lived in St Kilda and dined out almost every night for the first two years of their marriage. There are many stories to tell of the characters they met and the experiences they had during those years. Shortly after this Maria and Solon rented a two bedroom flat at 607 St Kilda Rd, where Lefki and Katherine were born.

In 1943 shortly after their first child Lefki was born, Solon enlisted in the Royal Australian Air Force soon to be posted to Port Moresby, New Guinea. Over the next couple of years the rent was paid but the flat was shut up and Maria and Lefki travelled between Melbourne, Adelaide and Perth. Maria's sister Rose lived with her family in Adelaide. It was considered safer there than amongst the US servicemen on leave and the uncertain atmosphere of a big city when the country was at war. In 1945 they spent about nine months in Perth where Maria's parents and a number of her siblings lived. Here, with relatives, family and the beach, life seemed particularly relaxed until Solon returned from the war and was quite quickly directed to move to Melbourne with his wife and family to be demobbed and released from military service.

On December 17 1947, Katherine Anne was born in Melbourne and two years' later on 22 February 1950 (in the same St Vincents' Maternity Hospital), Theodore John Anthony came into the world. By this time a house with a garden was required and the family moved to 1 Field St., in Caulfield.

In 1954, Solon, who was at this time an Engineer in the Lighthouse Service of Australia, was commissioned to design and oversee the installation of a telecommunications' beacon on Troughton Island on the furthestmost northern tip of Western Australia. He was going to be away from the family for a year, so the decision was made for Maria and the children to move west and stay with her parents in Aberdeen Street in Perth.

When Solon had successfully completed this project, the children were comfortably installed in appropriate schools and another disruption to their education seemed unwise. As well as this his aunty Athena (née Stilianopoulo) and Maria's uncle Manuel (Kalaf) owned and were running a well known restaurant called The Seacrest Restaurant in Cottesloe where the Indiana now stands and uncle Manuel persuaded Solon and Maria that the family's best interests would be served by staying and settling in Perth. They offered Solon a managerial position in the restaurant and the rental of the back section of their beautiful Federation homestead in Peppermint Grove. This was difficult to resist, especially as Maria and the children were eager to stay with the new life they'd made.

In 1956 when Solon decided to go to the US to see his mother - Lefkotheia (née Stilianopoulo) and his brothers - Plato and Alexander - and sister - Clio, Maria returned to the Caulfield house at 1 Field St with her youngest child – Theodore - to pack everything up and sell the house. Meanwhile, the girls stayed in the care of aunty Athena and uncle Manuel back in Perth.

When Solon returned from his overseas travels, it was time to find a home of their own. Maria and Solon purchased their first and only Perth home - a small weatherboard house on the top of the hill at 128 Glyde Street Mosman Park about two kilometres from their uncle and aunt's Irvine St home. Later this house was demolished and the current hacienda was built in its place.

Maria and Solon had a great social life in Perth. Our families had holidays with the Nina and Spiro Michelides' and the Rene and Spiro Verios' families.

They enjoyed recreation card nights and at one stage they'd get dressed up in their Western outfits and go squaredancing. Maria enjoyed many annual holidays to Rottnest Island with Nina, Rene and Euharis Deutsch.

The children were busy studying - Lefki trained to be a librarian, Katherine studied art and design and Theo architecture - when Maria took a position at Albert's bookshop in Forrest Place, Perth. She was in the souvenir section of the store, enjoying the working life and excelling in the position when illness struck.

Sadly, only about eighteen months after she'd started working, Maria suffered a series of health crises - exophthalmic goitre and thyroid - then, Bell's Palsy. And freakishly (a one in 10 000 chance) Solon also caught the viral infection. After this the possibility of Maria going back to Albert's had passed.

On 19 December 1975 Solon senior died quite suddenly of an aneurysm. He lived to see his grandchildren - Anastasia, George and Solon born but sadly not his other grandchildren, Raman, Erin, Rosy and Maria. This was a terrible experience for Maria who was about to turn fifty-five.

As she came to terms with the grief of sudden loss, Maria instinctively opened her house to friends and relatives for get-togethers, overnight stays, dinners and so on. As a consequence her home was always full of people. Her siblings, children, nieces, nephews, grandchildren and friends all kept in touch with her, visiting and inviting her to all their parties and celebrations.

Katherine and Maria embarked on a few ventures together. They took over the bright Spot in High St., Fremantle and for a year or so ran a tearoom making the best hamburgers in the town, the best pea soup and the best home-made quiches. At this time they also dabbled in real estate.

For many years Maria hosted students from different countries, most of whom were in Australia to improve their English. These 'home-stays' were not the usual boarders, they were treated to meals, generous conversation and an invitation to meet the extended family. By the time they left for their respective countries each one was a valued friend that issued invitations for Maria to visit them in Sabah or Switzerland (which she followed up).

Travel was an important part of her life, with trips to the United States of America, all parts of Europe, Turkey and of course Switzerland and Malaysia. She travelled at different times with her friends Euharis Deutsch, Zoi Orow grandchildren she made the journey to Kastellorizo, which was a wonderful family communion. In 2010 when she declared her overseas trips were over, Lefki and Katherine enticed her into a trip to Melbourne. It was a wonderful trip, including catching up with many nieces, nephews and family friends. She was 89 at the time.

Maria had a very close bond with her grandchildren. At the age of 92 she was capable of having a half hour conversation on the phone with them or with friends who rang for her. People who met her for the first time would always mention how much they loved her. She had a special magnetism that was born of her positive attitude, her art of engaging with whoever she was talking with and her not-to-be underestimated sense of humour.

There were a couple of old chestnuts she'd bring out at our Christmas dinners, and they were not always politically correct either!!!

One carer who came to be with mum over the past year, said to her on the way out after the first visit 'I love you Maria and I'm looking forward to coming back to be with you'. Maria, acerbically replied 'Love at first sight'.

She was a great reader of biographies and an aficionado on the Royal family, the Kennedys, Aristotle Onassis, Maria Callas - almost everybody. In fact in the last year we would read biographies to her and the background information she had on any personality was impressive. We recently read aloud the autobiography of Ray Martin the television host of the Midday Show and right through the readings she's pop up with 'I watched that programme', 'I remember how Pamela Stevenson embarrassed Ray that day'. Her mind was sharp and her memory clear.

Maria maintained her zest for life and her love and dedication to family. She was a great contributor to family, right to the end. She hated the fact that she was limited by her lack of mobility. She never let the loss of vision interfere with what had to be done. She was a strong, resourceful woman who has always kept her own home, maintained a beautiful, large spring garden, cooked appetising meals and kept counsel to all her family. She is widely read and well informed and thoughtful about current events. She is an inspiring role model for her entire extended family. Maria died peacefully on the morning of 5 April 2014.

# Castellorizian Association of WA (Inc.)



## Calendar of Events 2014

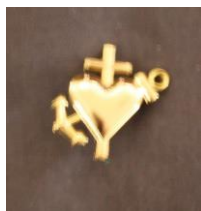
<b>SUNDAY</b> 23 February	Apokries
<b>FRIDAY</b> 14 March	Father & daughter's night
<b>MONDAY</b> 5 April	Megisti Messenger
<b>FRIDAY</b> 18 April	Good Friday (Orthodox & Western)
<b>FRIDAY</b> 2 May	Guest speaker Prof. Byron Kakulas
<b>WEDNESDAY</b> 21 May	Saint Constantine's day church service
<b>SUNDAY</b> 25 May	Saint Constantine's day function
<b>TUESDAY</b> 3 June	Megisti Messenger
<b>FRIDAY</b> 6 June	Father & son's night
<b>SUNDAY</b> 15 June	Museum Show & Tell day
<b>FRIDAY</b> 20 June	Guest speaker (To be advised) at the "Happy Hour"

<b>FRIDAY</b> 18 July	Christmas in July
<b>SUNDAY</b> 3 August	Genealogy day
<b>SUNDAY</b> 22 August	Guest speaker (To be advised) at the "Happy Hour"
<b>FRIDAY</b> 5 September	Quiz night
<b>MONDAY</b> 8 September	Megisti Messenger
<b>FRIDAY</b> 19 September	Guest speaker (To be advised) at the "Happy Hour"
<b>SATURDAY</b> 27 September	AFL Grand final function
<b>SUNDAY</b> 19 October	Annual memorial service for Luke & Anastasia Santrape
<b>SUNDAY</b> 26 October	AGM
<b>MONDAY</b> 1 December	Megisti Messenger
<b>FRIDAY</b> 19 December	Christmas evening

- As the dates on this calendar are subject to change members are advised to confirm dates with the committee if the date is relied upon.
- A fellowship evening is held at our rooms on most Fridays starting at 6:00PM until about 8:00PM. Members and their guests are welcome.

<b>President</b>	Allan Cresswell	0413 958 500	<b>Committee</b>	
<b>Vice Pres.</b>	Jim Manifis	0433 165 601		
<b>Treasurer</b>	Michael Paul	(08) 9204 2064		
<b>Secretary</b>	Stan Kailis	0414 271 644		
<b>House Mgr.</b>	Sion Xanthis	0417 326 271		
<b>Castellorizian House</b>			(08) 9443 2110	
			<b>Email:</b> Centenary2012@gmail.com	

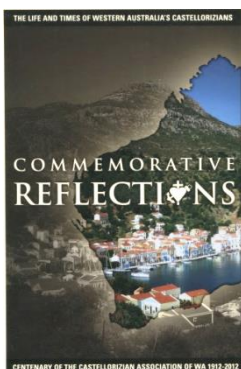
# SALE OF CENTENARY MEMORABILIA ITEMS



**Lapel Pins - only \$10**

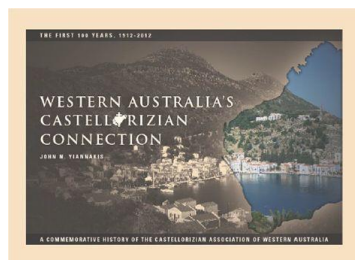


**Medallions  
now only \$30**



**Reflections Book -  
selling for only \$40**

Only a few remaining books of the reprint. This hard cover book tells 131 stories of Castellorizians families and individuals within the 164 pages.



**Western Australia's Castellorizian  
Connection Book - selling for only \$40**

**The First 100 Years: A Commemorative History  
By Dr John Yiannakis**

## Castellorizian Centenary 2012 events

**Available Now as a 3 disc DVD set!**

*A wonderful momento for future generations*

Relive and reminisce all of the events of the CENTENARY week with your own copy at just ~~\$20 per set~~ - **now only \$10 a set!**



DVD's (Gala Night) - almost giving away at \$10 for the three DVD's



**Tea Towels - a great buy at  
only \$10.00**



**Pens - at cost and only \$3 (or 4 for \$10)**

**Tea Towels made into aprons – a  
great buy at \$15  
(These have been kindly produced  
by the Hellenic Women's  
Association Sewing Group)**

# **GUEST SPEAKER NIGHT**

## **CASTELLORIZIAN ASSOCIATION OF WESTERN AUSTRALIA**

**Invites you to a Mixed Happy Hour Guest Speaker Night**

**Friday May 2<sup>nd</sup> 2014 Commencing From 6.00pm**



### **Guest Speaker - Professor Byron Arthur Kakulas**

**Byron will be talking on the following interesting subjects:**

#### **Alzheimer's Disease.**

What is Dementia ? Can Alzheimer's disease be prevented or treated? How is it best managed?

#### **Muscular Dystrophy and the Rottneest Quokka.**

The discovery of muscle regeneration in the Quokka lead to revolution in muscular dystrophy research worldwide and now on the brink of a cure. A very fascinating story.

**This is a Mixed Family Night and all are welcome to attend.**

**Cost is \$30 with a great meal planned.**

**Bookings Essential – The night will be fully booked so please contact Allan Cresswell on 93057954/0413958500 or Kevin Kannis on 0418904848 to ensure reservation of your table or seat. Once the required numbers have been reached bookings will immediately close. Do not be disappointed!**

# **ST CONSTANTINE & HELENE CELEBRATION**

**The Castellorizian Association of WA Inc  
&**

**Hellenic Community WA Inc**

**Cordially invites you to the  
St Constantine & Helene Luncheon**



**To be held at  
Eat Greek Restaurant Function Room  
110 Riverside Road  
East Fremantle WA**

**Website: <http://www.eatgreek.com.au/>**

**SUNDAY 25<sup>th</sup> May 2014  
Commencing from 12.00 Midday**

**Cost \$45 per head**

**Bookings essential and by Ticket Sales Only**

**Contact Allan Cresswell on 93057954/0413958500, Gary Mitchell on 0432552233 or any committee member of either association to arrange purchase of your tickets.**

# PAST FUNCTIONS

## CHRISTMAS 2013

The Friday Family Christmas function held on December 20<sup>th</sup> 2013 was a great success. Our special guest was Allan Karasavas, magician extraordinaire, who performed his wonderful magical tricks to a packed house.



## SPECIAL HAPPY HOUR JANUARY 31<sup>st</sup> 2014

As a means to say a big 'Thank You' to the regular Friday Night Happy Hour attendees, John Theo Kannis sponsored the Happy Hour of January 31 2014. John supplied everything for the night including the entertainment and brought along many of his mates. It was a great evening.



## FATHER/DAUGHTER HAPPY HOUR NIGHT MARCH 14 2014

As fully reported on Page One the Father/Daughter Night was an excellent evening with over 70 in attendance.



# PAST FUNCTIONS

## GRAND OPENING OF THE ANDREW & MARINA PETRELIS AMPHITHEATRE MARCH 16<sup>th</sup> 2014



The Grand Opening of the Andrew & Marina Petrelis Amphitheatre at St. Andrews Grammar on Sunday March 16<sup>th</sup> 2014 was an excellent afternoon at a most impressive venue. The afternoon included a Blessing by the Very Reverend Archimandrite Father Elpidios Karalis followed by speeches by Ms Marcelle Anderson, Chair of the School Board, the Honourable Peter Collier MLC, Minister for Education, Mr Emanuel Petrelis OAM and Mr Gary Mitchell, President of the Hellenic Community of WA. The Amphitheatre was formally opened by Mr Collier with Mr and Mrs Petrelis.

During the afternoon there were performances from the Greek Folk Dancers of NSW and by St. Andrews Grammar Dance Group. This was followed by refreshments being served at the Palassis Courtyard. The Castellorizian Association of WA assisted in being one of the official sponsors of the afternoon.

## GREEK INDEPENDENCE DAY SERVICE HELD SUNDAY MARCH 23<sup>th</sup> 2014



President Allan with our Association's wreath



At the completion of the wreath laying

On Sunday March 23<sup>rd</sup> 2014 I attended the Church Service at Saint Constantine and Helene which included a Commemoration Service for Greek Independence Day.

After the church service I also attended Kings Park for a Military Service to commemorate Greek Independence Day which honours the start of the War of Greek Independence in 1821. The memorial service was well attended by most of Perth's various Greek Associations and members of St. Andrew's Grammar School.

# CAZZIE COOKING CLASSES

Article and Photos courtesy Helen Anastasas

The Cazzie Cooking Classes commenced in June 2011 and the first class for 2014 was on the 2<sup>nd</sup> of February. Sarali was made by Vangy Mallis and the class proved to be very popular and successful. Sarali is another delicious Greek sweet which was made professionally by Vangy and everyone could follow her recipe so easily. Thank you to Vangy for so willingly helping out and then offering to take another class in the future.

The next class is in March and Cathy Bouhla is demonstrating Paximathia. This recipe was selected as Paximathia are suitable to have during lent and especially for the Greek Orthodox Easter approaching.

In the pipeline for classes this year there will be Bev Anastasas making Finikia and Mary Raftopoulos will demonstrate a unique Greek sweet named Giavviotika, which are a small filo pastry round case filled with a spicy nut mixture and then kataifi on top. Everyone will be looking forward to these sweets, which both ladies make superbly.

The process of the Cazzie Cooking Classes has participants observing a demonstration followed by them working in small groups to produce the food shown. Demonstrators are always given support before and during the class. If you or someone you know may be able to assist in demonstrating a savoury Greek recipe it would be appreciated and I can be contacted by email [hanastasas@yahoo.com.au](mailto:hanastasas@yahoo.com.au) or phone on 9341 5955 or mobile 0421644163. I am hoping to hear from anyone that may be interested in taking a class.





## ASSOCIATION MEMBERSHIP SUBSCRIPTIONS

### IS YOUR MEMBERSHIP DUE?

If you have received a reminder with this edition of the *Megisti Messenger* please make your payment as soon as possible.

The membership subscriptions for the Castellorizian Association become due on July 1 of each year. If your subscription is in arrears you will have received a reminder with this edition of the *Megisti Messenger*. Please forward it to **160 Anzac Road Mount Hawthorn WA 6016** or alternatively you can make your payment by **electronic transfer** using **BSB 066-129 and account number 00800217**.

If you pay by **electronic transfer** please put the **member code**, shown at the bottom of the address cover sheet, for this *Megisti Messenger*, in the payees description so we can identify your payment. The deposit receipt number will be your proof of payment as paper receipts will not be issued to members who pay electronically. Thank you in advance for your continued support.

## HELLENES BRIDGE CLUB

If you enjoy playing Acol Bridge, why not join the Hellenes Bridge Group. The Group meets at the Castellorizian House in Anzac Road, Mount Hawthorn every Friday morning from 9.30 am until 1.00 pm. It's a lot of fun, keeps the mind active and is a great way to network amongst friends.

The cost of \$ 5 per player includes skilled supervision, morning tea as well as hiring of the Castellorizian House.

Any interested persons (male or female) are invited to contact Nicholette Litis at home on 9368 1489, by mobile 0408 919 378 or by e mail at [m.litis@bigpond.com](mailto:m.litis@bigpond.com)

# APOKRIES 2014

Compiled by Allan Cresswell and Photos taken by Katerina Dimopoulos

An excellent Apokries evening was held on Sunday February 23<sup>rd</sup> 2014 at Castellorizian House. Over 110 persons were in attendance on a beautiful and slightly warm evening. All the committee pitched in and provided an excellent bbq with salads and sweets. The male members of the committee, Kevin Kannis, Tony Samiotis and Sion Xanthis did a great job cooking the steaks and sausages, whilst the women worked tirelessly in the kitchen all afternoon preparing the tables, making the salads and sweets and serving. Special thanks to Tina Kyros who purchased the food, supervised the kitchen and worked so hard to ensure the evening was a great success. Well done Tina!

Those in attendance could see how hard both Phyllis Samiotis and Leanne Franklin worked all evening and they were earlier supported by Jean Cresswell when preparing food in the kitchen. Sweets were wonderfully prepared by Tina, Phyllis and Nina Pitsikas. The raffle was a great success with Jim Manifis, Tony Samiotis and Sion Xanthis selling all the tickets with Jim conducting the raffle draw.

The dance group, Diaspora, entertained us during the evening and it was a great night of dancing and fellowship. The dance group kindly sponsored by Chris and Irene Drimatis. Our thanks go out to them.

Our excellent and supportive Raffle donors were as follows:

**Framous Picture Framing - Gary Mitchell**

**Siena's of Leederville – Anthony Palassis and Andrew Parissis**

**Kailis Brothers Leederville**

**Balcatta Growers Mart**

**Arthur and Pam Mistilis**

**Castellorizian Ladies Association Megisti Of WA Inc**

**Anna's Cards and Gifts – Anna and Jim Manifis**

**Kakulas Brothers – Evan Kakulas**





# DIASPORA

## Greek Dance Group

Like us on Face book!

Great dancers  
Are not great  
Because of their  
Technique,  
They are great  
Because of their  
Passion

*Martha Graham*

### **DIASPORA Greek Dance Group –**

An independent group of young people who love Greek dancing!  
They perform Traditional and Modern Greek dances at a variety of events, functions and venues throughout the community

Young people in our community are always welcome to join us and become a part of this wonderful group

Practise is held every Monday night 5pm to 7pm

At the Alexander the Great Club

Homer St Inglewood (behind the Terry Tyzac Aquatic Centre)

If you love Greek dancing, have the energy and eagerness to learn the huge variety of dances the Greek Culture has to offer and if you love to perform

Contact Katerina on MB: 0410 532 948 or

Email: [katerina\\_d59@hotmail.com](mailto:katerina_d59@hotmail.com) for more information

### **DIASPORA Greek Dance Group**

**Their love, passion and energy for Greek dance ensures that its flame is kept alight forever**



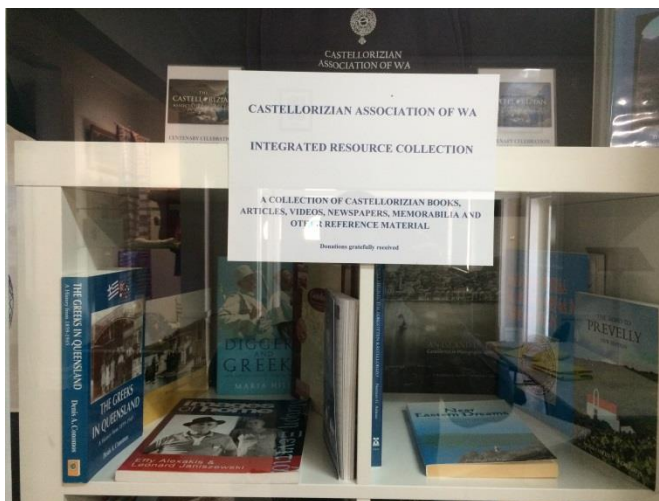
# INTEGRATED RESOURCE COLLECTION CABINET

Article and Photographs Courtesy Allan Cresswell

As part of the recent creation of a new display cabinet to house various Castellorizian items (as detailed and photographed on **Pages 20 and 21** of this edition of the *Megisti Messenger*) the previous display cabinet has been turned into a resource centre, titled '**The Integrated Resource Collection**'. This cabinet has now become a repository and reference centre for all things Castellorizian. Various items such as books, DVDs, printed articles, newsletters (such as copies of the *Megisti Messenger*, *Filia* and *Cazzie News*), memorabilia, and other reference material are to be housed here. It becomes our repository of all reference items relating to Castellorizo.



Initially Tony Elder and Allan Cresswell completely re-painted the cabinet



Closeup of some of the books and videos on display



The completed cabinet showing a collection of resource items and memorabilia items

## DONATION OF BOOKS SOUGHT

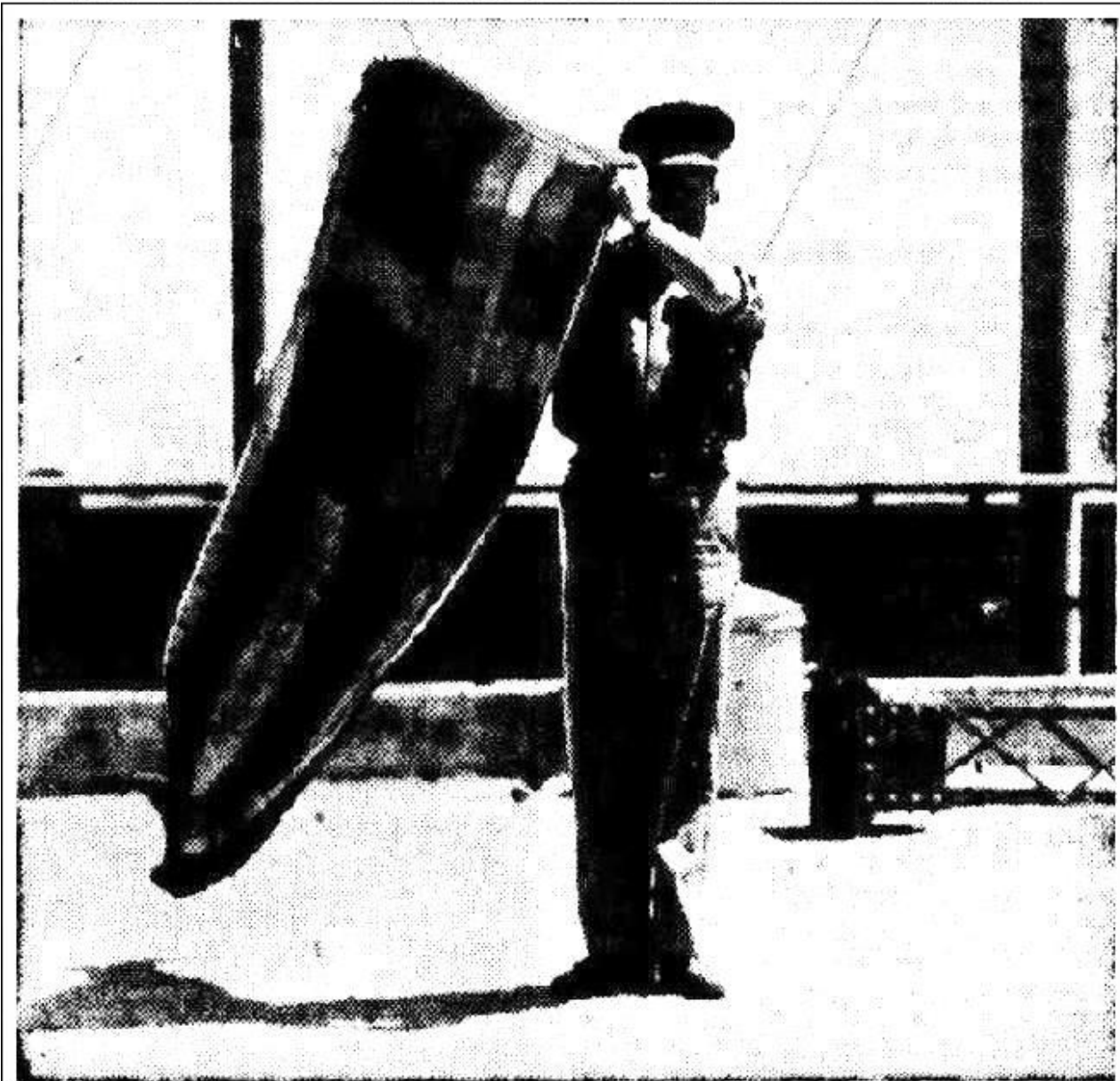
Most of the books on display are from Allan Cresswell's collection. He will be donating those he has duplicates of but other books relating to Castellorizo are sought to complete the collection. The Association will also be donating various books that they have onhand. We are seeking donations of any appropriate books, DVDs, etc that you have spare. Books written about family history are also sought. Each book will indicate who the donor was.

### Books Donated so far:

My Little Kastellorizo – Jodi Bavin  
Near Eastern Dreams – Allan Cresswell  
Greeks in Florianopolis – Allan Cresswell  
Commemorative Reflections – Cazzie Assn of WA  
Ancient Megisti – Cazzie Assn of WA  
An Island in Time – Cazzie Assn of WA  
Castellorizian Connections – Cazzie Assn of WA

Please do assist this most important project if you have any spare books, or if you have been the author of any books about Castellorizo or Castellorizian Families.

## **TRAVELLED THROUGH MIDDLE EAST.**



**This Greek National flag was presented by Cpl L. H. Hoddy, through Pte W. Green, recently returned from abroad, to the president of the Hellenic Club (Mr Nicolas Papastatis). The flag was carried from Alexandria, through Lybia, Greece and Crete and has many names and numbers of men from this State written on it. Those distinguishable are: WX3216 J. McDougall, WX3516 P. J. Kiernan, WX2867 N. Stewart, WX3619 F. Sutherland, WX2910 A. W. Raine, J. F. Jones, WX4590 G. Larkin, WX3595 A. Tillott, WX3813 B. Armstrong, WX4812 P. J. Curtis, WX2828 T. Fisher, 3620 H. Cartland, 3736 D. H. S. Sojho, WX4776 H. N. A. Bray, WX4001 F. Lutey, 3742 J. Hay, WX2853 G. Banks and WX4811 C. Gregg. The secretary of the Greek community (Mr L. C. Mandalis) is seen holding the flag.**

## Dr Stan's Olive Corner - Number 5



### Extra virgin olive oil: the elixir for good health

Prepared by Dr Stan Kailis

Dr Stan advises for good health you need to eat 30ml or 2 tablespoonfuls of **extra virgin olive oil** each day 7 days a week together with plenty of fish, vegetables fruits and nuts. Extra virgin olive is magic because of its flavour, healthy fats and antioxidants other olive oils such as pure olive oil or light oil are not as good. If you are eating this amount of extra virgin olive already that is great. If you are eating other oils, margarine or butter, in addition to extra virgin olive oil you are likely to gain weight. You may or may not know, but most other food oils are extracted with chemicals and are highly processed. An oil that you should eat occasionally, for essential polyunsaturated fats and antioxidants, especially during fasting periods is *unhulled tahini* made from crushed sesame seeds.

You might say – *I cannot eat that much olive oil each day*. My uncle George drank two tablespoonfuls of straight extra virgin olive each morning to keep himself regular. Extra virgin olive oil is a good laxative but you do not have to resort to this. You can enjoy extra virgin olive oil (EVO) in many ways and consume enough to keep you in good health.

- Dip bread or toast into EVO
- Freeze EVO in the refrigerator and use instead of margarine or butter
- Use extra virgin olive oil for frying – brithopites, egg plant, fish, chicken and lamb
- Brush EVO on lamb, beef, goat or chicken with lemon, herbs, salt, spices and herbs then roast
- Drizzle EVO over salads especially Greek salad; or over steamed vegetables
- Bake vegetables with EVO – pumpkin, potatoes, capsicum, carrots with herbs and spices
- Drizzle EVO and orange juice over vanilla ice cream – delicious!

The olive tree is one of the most symbolic plants in Greece and Kastellorizo. Dr Stan has walked all over our island and found olive trees in many places – Near *St George of the Mountain*, *Barboutis' farm*, *Mandraki*, behind the *Hotel Kastellorizo*, and on the way to the airport. The most notable olive tree is at the *Acropolis*. He estimates this tree is around 1000 years old. Obviously olive trees were growing and are still fruiting. Some trees have small olives probably due to lack of water whereas others are large and juicy maybe because they have tapped into a water stream.

Dr Stan spoke to some old Kazzies about the olives and it would appear that they were mainly used for table olives and any that fell on the ground, were eaten by goats and sheep. Most of the olive oil eaten by Kazzies came from elsewhere – Rhodes, other Greek Islands and Turkey. There are no remains of olive presses. Unlike grapes, olives cannot be crushed with the feet. Dr Stan was told that those that came back to Kastellorizo after the Second World War tried to make olive by grinding the olives to release the oil but were unsuccessful.

Olive oil is recognised for its beneficial claims because of its healthy fats and antioxidants. It is well recognised that Greeks that ate a Mediterranean diet that includes extra virgin olive as the main fat, but not baklava, strava or katoumari, had less heart disease and cancer problems especially breast cancer. On the whole persons who follow this diet have less blood cholesterol, reduced blood pressure, reduced risk of thrombosis as well as less metabolic problems such as obesity and diabetes.

It is safe to fry food in olive oil. Avoid buying cheap olive oils, as they may be old, rancid or even mixed with other oils. Check the date on the container and only buy extra virgin olive in dark bottles or cans. Fresh olive oil may be a little bitter, but that is a sign of freshness. Dr Stan says that olive oil from St John of the Mountain Monastery is an example of this. We all know that our first introduction to olive is at the Christening and the last exposure when the coffin is in the grave, but make sure that you eat plenty of extra virgin olive between these events.

For further information on olive trees, olives or olive oil contact Dr Stan. [stan.kailis@y7mail.com](mailto:stan.kailis@y7mail.com) or 0404 27 1644.

## HIRING CASTELLORIZIAN HOUSE

Members of the Castellorizian Association are reminded that the headquarters in Mount Hawthorn is available for hire for small family functions and community gatherings.

Anyone interested in using the facility should contact the House Manager, Mr Sion Xanthis on 0417326271. **Please ring him after 5.00pm on week days.**

The building has food preparation and serving facilities as well as access to catering services if necessary. There are some restrictions on the use of the building and kitchen area which will be advised by the house manager.

### NEW SCALE OF CHARGES –EFFECTIVE JAN 1<sup>st</sup> 2014

TYPE OF HIRE	RATE
Casual hire, seminars etc, up to 3 hours	\$100
Casual hire, parties, reunions etc, 3 hours and over. Bond required for extended events (\$300 members) Non members (\$500) Kitchen use (\$60) Kitchen use with cooking \$100	\$400      members \$300
Regular weekly or monthly hire.	POA

### CONTACT DETAILS FOR OUR 2013/2014 COMMITTEE:

Allan Cresswell	President/Ed Megisti Messenger	93057954	<a href="mailto:cressie@castellorizo.org">cressie@castellorizo.org</a>
Jim Manifis	Vice President	0433165601	<a href="mailto:whitfordcitynews@hotmail.com">whitfordcitynews@hotmail.com</a>
Michael Paul	Treasurer	92042064	<a href="mailto:mbpaul@optusnet.com.au">mbpaul@optusnet.com.au</a>
Stan Kailis	Secretary	0414271644	<a href="mailto:stan.kailis@y7mail.com">stan.kailis@y7mail.com</a>
Sion Xanthis	House Manager	0417326271**	<a href="mailto:sios@iprimus.com.au">sios@iprimus.com.au</a>
Kevin Kannis	Membership Officer	0418904848	<a href="mailto:kkannis@bigpond.net.au">kkannis@bigpond.net.au</a>
Tony Samiotis	Committee Member	0439721952	<a href="mailto:t_samiotis@hotmail.com">t_samiotis@hotmail.com</a>
Phyllis Samiotis	Committee Member	0439721952	<a href="mailto:t_samiotis@hotmail.com">t_samiotis@hotmail.com</a>
Tina Kyros	Committee Member	0418933306	<a href="mailto:tinakyros@gmail.com">tinakyros@gmail.com</a>
Leanne Franklin	Committee Member	0417920308	<a href="mailto:franklinleanne1@bigpond.com.au">franklinleanne1@bigpond.com.au</a>

\*\* Please ring him after 5.00pm on week days.

# OUR NEW MUSEUM DISPLAY CABINET

Article and Photos by Allan Cresswell

The new display cabinet was completed by the Museum Sub-Committee early in 2014. The sub-committee consists of Allan Cresswell (Chair Person), Libby Pappas, Stan Kailis, Rene Doropoulos (from the Western Australian Museum), Elaine Palassis and Leanne Franklin.

It was decided by the sub-committee that the new display cabinet should house different collections that we have onhand and to rotate these collections every three to four months. This way the items would not be too cluttered in the cabinet and would allow different themes and thus create an ongoing interest to our members and visitors.

Then by a very fortunate and welcomed circumstance we had Mrs Helen Tomlin (nee Kalaitzis) of Sydney visit Western Australia who brought over her Castellorizian items to donate to our association. This provided an ideal theme in our first official display. Our thanks go out to Helen for making this most generous donation.



Tomlin01



Tomlin02



Tomlin03



Tomlin04



Tomlin05



Tomlin06



Tomlin07



Tomlin08



Tomlin09



Tomlin10



Tomlin11



Tomlin12



Tomlin13



Tomlin14

## ITEMS DONATED BY MRS HELEN TOMLIN OF SYDNEY

A busybee was arranged and the sub-committee went about in creating a display to show an ideal and a pleasing format. Renee created display boards that gave description to the Castellorizian clothing on display whilst Allan provided the facility to hang various clothing items. Everyone contributed by numerous suggestions in an attempt to ensure the display of the clothing was by the best way. They all became budding window dressers with everyone providing ideas as to the different ways to display the items.



Elaine Palassis and Leanne Franklin sorting out our museum items. Renee Doropoulos to the left alongside our models



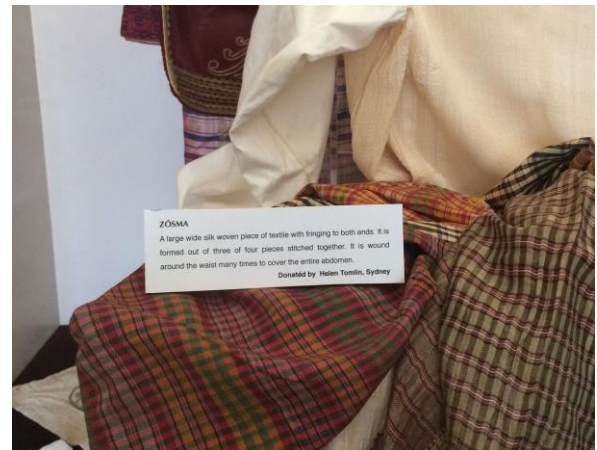
**Allan Preparing the hanging hooks for the displays**



**Completed display cabinet looking from the left**



**Display Cabinet – Side View**



**Close up of one of the description boards**

The museum project has commenced with the completion of both the fixed display cabinet and the resource cabinet. The next stage is to obtain funds to purchase display cabinets and storage drawers to create a full museum room to be housed within the former board room. We are exploring various avenues available to obtain these funds. Once the museum room has been created we will be calling on possible donations of items or loan of items for displaying within the museum.

## CAZZIE TRIBUTE



**JULIE DIANA MICHAEL**  
**Eulogy at her funeral**

Julie passed away peacefully at home on Saturday evening 18 January 2014, aged 75 years, in the presence of her family. The daughter of Con and Evridiki Kalaf, both deceased, Julie Michael was born in 1938 in Perth where her father ran a business in the city. Along with her sister Iris, Julie commenced her education at St Brigid's Convent School in Perth before her family moved to Sydney, where they continued their education at Sydney Church of England Girls Grammar School (SCEGGS).

The family moved back to Perth, where Julie became a Dental Nurse at a city practice. She met Ken Michael in 1957 at an Hellenic Youth Association function and in 1964 they were married. They moved to London soon after, where Ken undertook postgraduate studies.

While in London, Julie worked in the Orthodontic Department of the Dental School at Guy's Hospital. In 1968 they returned to Perth after three and a half years in London when their children, Philippa and Justin, were both born.

In 1975, Ken's work with the Main Roads took the family to Geraldton for 3 years. During this time, Julie worked in the Dental Therapy Clinic at the Allendale Primary School attended by their children.

On returning to Perth, Julie worked at the School of Dental Therapy at Mt Henry Hospital.

She continued her involvement with the school and wider community. This community support was to continue to the very end.

Philippa married Andrew Kalafatas in 1997 and they have three children – John, 10 years, and 8 year old twins Christian and Michael. Justin married Evangeline Kostarelas in 2001 and they have two children, Julia, aged 7, and 5 year old Kenneth.

It was around the time of Justin and Evangeline's wedding that Julie was diagnosed with ovarian cancer, a disease she carried for the remainder of her life. The close attention by her doctors in David Ransom and the late Tony McCartney, supported by her brother-in-law Con Michael and her GP Paul Boyatzis and the love of her family and friends, gave her the strength to fight the disease to the extent that she enjoyed seeing her 5 lovely grandchildren, who were the love of her life. You would often hear Julie say

the “*I have too much to live for*” – referring to her family, her friends and the community contribution she could continue to make – and this positive attitude kept her with us for 13 wonderful and blessed years.

Julie was married to Ken for more than 49 years. They enjoyed a long, devoted and happy relationship together and with their children Philippa and Justin, their respective spouses Andrew and Evangeline and delightful grandchildren, all of whom she loved so much. She endured this long period of illness, but remained positive and determined to continue to enjoy her own family, to remain close to her extended family and friends and to continue to make a contribution to the broader community. She was an inspiration to all those around her.



**KEN AND JULIE MICHAEL**

Julie has been a great support to her husband and supported him extensively in professional and community activities, particularly those activities related to his roles in Main Roads, Chancellor of The University of Western Australia and Governor of Western Australia.

Her passion for music and the Arts resulted in Western Australian Academy of Performing Arts (WAAPA) naming a prize after her, the Julie Michael Prize in Music. She also was inducted into the inaugural WA Women’s Hall of Fame in March 2011 in recognition of her tireless contribution to community.

Julie has always been dedicated to her family and has supported Ken and their children in their various pursuits, along with her grandchildren

At all times, and without exception, Julie gave her full support, despite the long period of illness she endured. She was a remarkable person, always placing others before herself. Julie was a courageous person, fighting her condition to the very end, never complaining about the health difficulties she faced, and never letting them get in the way of all that she did for her family and the community.

She faced a difficult time the past two months, but, even then, was concerned more for others than herself. This selflessness epitomized her underlying character.

She is now at rest and would be happy with the legacy she left behind through her family and within the community.

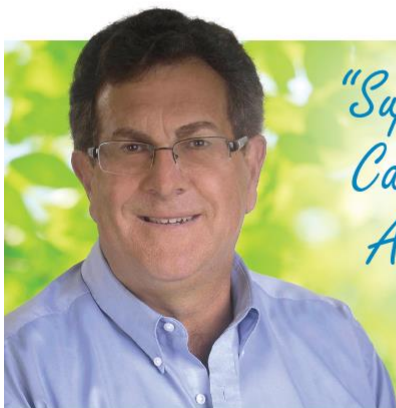
She is survived by her husband, her children and their respective spouses, her delightful grandchildren and her sisters Iris, Rose and Helene.

May she rest in peace.

# Michael Sutherland



Your State Member for **Mount Lawley**



*"Supporting the  
Castellorizian  
Association"*

**Phone:** 9473 0800

**Email:** [michael@michaelsutherland.com.au](mailto:michael@michaelsutherland.com.au)

**Office:** Suite 2, 58 Walcott Street, Mount Lawley

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