

# Megisti Messenger

Jan 31 2015 Volume 8, Issue 1

Newsletter of the  
Castellorizian  
Association of WA Inc  
160 Anzac Road  
Mt Hawthorn WA 6016  
Tel/Fax: 94432110

## FORTHCOMING EVENTS

**APOKRIES**  
Commencing 6.30pm  
Sunday Feb 15 2015  
See Page 4

**FATHER, SON &  
DAUGHTER NIGHT**  
Friday Mar 13 2015  
Commencing 6.30pm  
See Page 6

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Articles for the  
Megisti Messenger  
are always welcomed.  
Contact

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0413 95 85 00 or

[cressie@castellorizo.org](mailto:cressie@castellorizo.org)

## President's Report



**President**  
Allan Cresswell

The **2014 AGM** held on October 26<sup>th</sup> was very successful. A quorum was very easily met and an enjoyable afternoon was had by all those in attendance. Highlights of the AGM included Jim Manifis being nominated and ratified as an Honorary President of our association, Tony Koufos receiving the Presidents Award for 2015 and Libby Papanastasiou joining our new committee. We now have a total of four women on our committee and that is so very pleasing. Libby adds a wealth of expertise to our association.

During afternoon tea our retiring consul, Sofia Choli, was presented with gifts from our association in recognition for her wonderful support to our association and the WA Hellenic community at large, during her term in Perth. A full report of the AGM appears on **Pages 11 to 13** of this edition of the *Megisti Messenger*.

The **90<sup>th</sup> Anniversary Luncheon** for the Laying of the Saints Constantine and Helene Church Foundation Stone was held at the Hyatt Regency Hotel Ballroom on October 19<sup>th</sup> 2014. The event was a huge success and Cath Papanastasiou did a wonderful job as the MC. Everyone seemed to enjoy themselves and big thanks must go to Reverend Father Elpidios and his committee in arranging same.

Many presentations were made on the day. Nick Kalaf presented the original trowel used to lay the foundation stone 90 years ago, to Reverend Father Elpidios. Nick spoke on the Kalafatas family involvement and Peter Paroulakis of Darwin spoke of the Michelides family involvement. Gary Mitchell, the President of the Hellenic Community of WA, made a farewell speech and presentation to the departing Consul of Greece in Perth, Sofia Choli. Reverend Father Elpidios made a presentation to John Stamatis for his ongoing longtime service to the Church. Invited visiting Bishop Ezekiel was presented with a gift and he spoke of his wonderful memories as a former Parish Priest of Sts Constantine and Helene Church and that it was a thrill to attend our anniversary luncheon.

At the luncheon each family was provided with a wonderful DVD of the ABC video of *The Divine Liturgy of Sts Constantine and Helene Church - May 1983*.

Numerous photos of the luncheon presentations are on **Pages 16 and 17**.

Our first **AFL Grand Final Day** was held at Castellorizian House on September 27<sup>th</sup> 2014 and although numbers were low, those in attendance had an enjoyable and social afternoon. The bbq food and nibbles were great and we are expecting a huge crowd for 2015, especially if the Dockers are playing the Eagles!

Our **Castellorizian Association Christmas Party** went off very well with over 100 in attendance. Our cooks, Prokopi and Nicolette, prepared a wonderful dinner and many commented on how great the meal was. A big thanks to our committee who were very active in the preparation, setting up, providing the refreshments and table decorations. Special thanks to Tina Kyros for her huge contribution to ensure this function was a great success.

We are always looking for **articles to include in our newsletter**. Please do consider submitting any interesting stories about Castellorizo or your Castellorizian Family. Social news is also sought for special birthdays, anniversaries, engagements, weddings, births, baptisms, get well notices, travel stories, achievements and other news of interest.

# SOCIAL NEWS

## Birth

- ❖ Congratulations to Peter and Deanne Bouhla (nee Anastasas) on the birth of their first child a son **Conrad Pandelli** on the 30<sup>th</sup> Sep 2014. Proud grandparents are Dino and Kathy Bouhla and Steve and Helen Anastasas.
- ❖ Congratulations and best wishes to Gene and Christiana Nicholson (nee Samiotis) on the birth of their dear little son, **Tycen Garry**, born Dec 18<sup>th</sup> 2014. Congratulations also to Tony and Phyllis Samiotis on the arrival of their first grandchild and to Mick and Sef Lazarakis on the arrival of their great grandson.

## Wedding

- ❖ The Castellorizian Association of WA would like to extend its congratulations and best wishes to Tony and Alex Andony on the marriage of their daughters, **Louise** to **Grant Greyling**, and **Marieka** to **Jonathon Charlesworth** on Saturday 17<sup>th</sup> January 2015.

Proud grandparents Tony and Margaret Bellos and Eva Andony are also thrilled to have experienced this special occasion and to see their two granddaughters be married at the same time.

Father Emmanuel conducted the joint ceremony for the weddings at the Evangelismos Church, which was a first for him and certainly a rare occurrence for our community.

The wedding reception, themed as a cocktail party, was held at The Royal Freshwater Bay Yacht Club. It was a memorable occasion that was thoroughly enjoyed by the three families, their friends and relatives.



**Betty Paul**  
**1935 - 2014**

Michael Paul and Family would like to thank all their relatives and friends for their love and support to us all on the loss of our loving Wife, Mother, Grandmother and Sister.

Your phone calls, cards and flowers, and your attendance at the funeral were much appreciated.

## Birthdays

- ❖ Congratulations to **Anthony Bartley Kakulas** who celebrated his 50<sup>th</sup> birthday on Oct 31<sup>st</sup> 2014 in Melbourne. His birthday was celebrated at the Supernormal Restaurant followed by a Karaoke evening. Those present included his wife, Kelly and children Savannah and Brandt and sister Pamela, who all live in Melbourne. In addition Bartley and Nellie, together with their son, Peter and wife Soula and three children, and daughter, Pelagia and two children travelled to Melbourne to join Anthony and his family to celebrate his birthday. A wonderful family gathering.
- ❖ Congratulations to **Michael Tsolakis** who celebrated his 93<sup>rd</sup> birthday on Oct 22<sup>nd</sup> 2014.
- ❖ Congratulations to **Michael Paul** who celebrated his 83<sup>rd</sup> birthday on Dec 16<sup>th</sup> 2014.
- ❖ Congratulations to **Peter Kanganas** who celebrated his 83<sup>rd</sup> birthday on Jan 4<sup>th</sup> 2015.
- ❖ Congratulations to **Nellie Kakulas** (nee Palassis) who celebrated her 80<sup>th</sup> birthday on Jan 17<sup>th</sup> 2015.
- ❖ A big Happy Birthday to **Mia Anastasia Champion** who celebrates her 7<sup>th</sup> birthday on Feb 1<sup>st</sup> 2015. Mia is the granddaughter of Tony and Florence Elder.

## Holidays

- ❖ **Andrew and Pippin Parissis**, together with their children, **Siena and Sasha** had a very recent skiing holiday in Japan. It was a wonderful and enjoyable experience for the family.

## Engagement

- ❖ Congratulations to **Elle Mitaros** and **Demo Giogio** on their recent engagement. Elle is the daughter of Theona and Nicholas Mitaros and granddaughter of Arthur and Katrina Ventouras. Their wedding will be held in September on Castellorizo.

## Vale

Deepest sympathy to the families and friends of:

- ❖ Angela Karasavas (nee Theodorou) 26<sup>th</sup> Sep 2014
- ❖ Betty Paul (nee Macrides) 20<sup>th</sup> Oct 2014
- ❖ Jack Lekias 2<sup>nd</sup> Nov 2014
- ❖ Anna Mouzalidis (nee Antonas) 10<sup>th</sup> Nov 2014
- ❖ Despa Pinakis (nee Andros) 18<sup>th</sup> Nov 2014
- ❖ Nicholas Psaltis 7<sup>th</sup> Jan 2015
- ❖ Katina Yiannakis (nee Athanassiou) 13<sup>th</sup> Jan 2015
- ❖ Micheal Haldoupis 17<sup>th</sup> Jan 2015

# SOCIAL NEWS



**Evangeline Galettis (nee Barris) OAM**

Australia Day Honours included an OAM to Evangeline Galettis of Sydney. Evangeline has a strong WA connection in that her parents were Kyriakos Barris (Kyriakakis) and Helene (nee Auguste) who married in Perth in 1945.

## **Mrs Evangeline GALETTIS**

### **For service to the community, particularly to educational institutions.**

Archivist, St Catherine's School, Waverley, since 1995; Voluntary Archivist, 1993-1995; Established, St Catherine's School Museum, 1996; Member, Editorial Committee, 'The Bulletin', since 2013; Developed, Year 7 History Unit based on the archives and history of St Catherine's; Developed, Online Study Unit on the History of St Catherine's; Organiser, 150 Year Reunion Dinner, 2006; Organiser, Inaugural Boarders' Dinner, 2000.

Treasurer, St Catherine's Old Girls' Union, since 2009 and 1978-1985; President, 1999-2008 and 1988-1991; Vice-President, 1992-1997 and 1986-1987; Committee Member, since 1973; Member, since 1973.

Board Member, St Catherine's Foundation Limited, since 2000; Member, since 1991; Member, Steering Committee, 1982-1983.

Member, School Archives Special Interest Group, New South Wales Branch, Australian Society of Archivists.

## **EULOGY FOR ANGELA KARASAVAS (NEE THEODOROU)**

### **Read by Reverend Father Elpidios at Sts Constantine and Helene Church Oct 1<sup>st</sup> 2014**

Evangelia (Angela) Karasavas was born on March 25<sup>th</sup> 1924 in Castellorizo, the youngest and the 5<sup>th</sup> child of George Theodorou and Katherine, nee Alexiou.

Angela moved from Sydney to Perth to marry Spiro Karasavas on December 12<sup>th</sup> 1946. The family lived in Lake Street Northbridge where they raised three children, Anastasia (called Stacey) born in 1948, Agapitos (called Peter) born in 1949 and Katherine (called Kathy) born in 1954.

Later in the 1950's the family relocated to Sydney where Spiro and Angela owned and ran a Fruit and Vegi Shop in Mascot.

Angela's husband died in 1983 and Angela died suddenly on September 26<sup>th</sup> 2014, aged 90 years. She is loved dearly by her children, grandchildren and their families who all live in Sydney.

Many Perth nephews, nieces including her WA Godchildren, Jack and Justin and their families, are here today to honour their Aunty Angela who held a special place in all their lives and their hearts. Other family members and friends are also here today at this Memorial Service. God Bless you Evangelia.

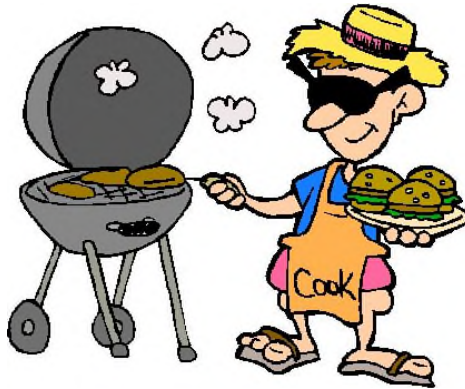


A memorial service was held for Angela at Saints Constantine and Helene Church in Northbridge at about the same time a funeral service was held in Sydney.

Family from Perth attended this service to commemorate and honour the life of a wonderful and respected Aunt and friend.

Reverend Father Elpidios kindly agreed to the Church Service at very short notice and thanks go out to Father for conducting this memorial service to Angela's Perth relatives and friends.

# **APOKRIES BBQ 2015**



**The Castellorizian Association of WA Inc**

**Invites you to an  
APOKRIES BBQ**

**SUNDAY 15<sup>th</sup> February 2015**  
**Commencing at 6.30pm**

**CASTELLORIZIAN HOUSE**  
**160 Anzac Road**  
**Mount Hawthorn**

**ADULTS \$30 CHILDREN (Aged 12 and under) \$15**

**Let us know your table numbers so we can plan your  
attendance to this excellent evening**

**Ring Allan 0413958500 or Jim 0433165601**



# Castellorizian Association of WA (Inc.)



## Calendar of Events 2015

<b>SUNDAY</b> <b>15 February</b>	Apokries
<b>FRIDAY</b> <b>13 March</b>	Father, Son's and Daughter's night
<b>FRIDAY</b> <b>3 April</b>	Western Good Friday
<b>FRIDAY</b> <b>10 April</b>	Orthodox Good Friday
<b>SUNDAY</b> <b>26 April</b>	Our participation in the <i>GLENDI</i> at Russell Square
<b>FRIDAY</b> <b>1 May</b>	Guest speaker (To be advised) at the "Happy Hour"
<b>MONDAY</b> <b>4 May</b>	Megisti Messenger
<b>THURSDAY</b> <b>21 May</b>	Saint Constantine's day church service
<b>SUNDAY</b> <b>24 May</b>	Saint Constantine's day function
<b>FRIDAY</b> <b>12 June</b>	Father & son's night
<b>SUNDAY</b> <b>14 June</b>	Museum Show & Tell day
<b>FRIDAY</b> <b>26 June</b>	Guest speaker (To be advised) at the "Happy Hour"

<b>SUNDAY</b> <b>2 August</b>	Genealogy day
<b>FRIDAY</b> <b>21 August</b>	Guest speaker (To be advised) at the "Happy Hour"
<b>FRIDAY</b> <b>4 September</b>	Quiz night
<b>FRIDAY</b> <b>18 September</b>	Guest speaker (To be advised) at the "Happy Hour"
<b>MONDAY</b> <b>21 September</b>	Megisti Messenger
<b>SATURDAY</b> <b>3 October</b>	AFL Grand final barbecue
<b>SUNDAY</b> <b>18 October</b>	Annual memorial service for Luke & Anastasia Santrape
<b>SUNDAY</b> <b>25 October</b>	Annual General Meeting
<b>Friday</b> <b>6 November</b>	Father & daughter's night
<b>MONDAY</b> <b>7 December</b>	Megisti Messenger
<b>FRIDAY</b> <b>18 December</b>	Christmas evening
<b>MONDAY</b> <b>1 February</b>	Megisti Messenger

- As the dates on this calendar are subject to change members are advised to confirm dates with the committee if the date is relied upon.
- A fellowship evening is held at our rooms on most Fridays starting at 6:00PM until about 8:00PM. Members and their guests are welcome.

<b>President</b>	Allan Cresswell	0413 958 500	<b>Committee</b> Leanne Franklin   Elizabeth Papanastasiou Kevin Kannis   Phyllis Samiotis Christina Kyros   Tony Samiotis	
<b>Vice Pres.</b>	Jim Manifis	0433 165 601		
<b>Treasurer</b>	Michael Paul			
<b>Secretary</b>	Stan Kailis	0414 271 644		
<b>House Mgr.</b>	Sion Xanthis	0417 326 271		
<b>Castellorizian House</b>		(08) 9443 2110	<b>Email:</b> Centenary2012@gmail.com	

Friday night home games Eagles V Carlton on 10 April and Dockers V Richmond on 5 June

# **FATHERS/SON/DAUGHTER NIGHT**



**The Castellorizian Association of WA Inc  
Is holding for the first time a combined  
Fathers/Son/Daughter evening on**

**Friday March 13<sup>th</sup> 2015  
Commencing from 6.30pm**

**Cost \$30 Adult**

**Primary School Children \$15**

**Your Children, Grandchildren, Nieces, Nephews, Son-in-Laws and Daughter-in-Laws are  
most welcomed to attend this special evening**

**Contact Allan Cresswell on 93057954 or 0413958500 to reserve your table**

## **FRIDAY NIGHTS MEN'S HAPPY HOUR**

Except for a few mixed evenings during the year, most Friday nights from 5.30/6.00pm onwards is the 'Men's Happy Hour' at Castellorizian House. This is a great social night to mix with other chaps, have a great meal prepared by Prokopi and Nicolette, have a few drinks and enjoy the fellowship.

Cost is only \$30 and on most evenings all have departed by 8.00pm. During both the football and cricket seasons our two large TVs show the current matches (with the sound off) so you will not miss your Friday night sporting event.

All are welcome to attend and membership of our association is not a requirement. Those who already regularly attend include: Jim Manifis, Michael Paul, Sion Xanthis, Kevin Kannis, Stan Kailis, Allan Cresswell, Arthur Athans, Paul Boyatzis, Nick Lucas, Tony Koufos, Jack Pitsikas, Mark Pappas, Tony Elder, Leo Panegyres, Taki Stratos, Michael Passaris, Arthur Ventouras, Nick Zounis, Theo Palassis, Peter Naomis, Chris Drimatis, Theo Christopher, Peter Kanganas, Bartley Kakulas, Con Kailis, Theo Kakulas, Byron Kakulas, Tony Bellos, Chris Christodoulou, George Petridis, John Metaxas.

**PLEASE DO CONSIDER COMING ALONG – YOU WILL BE MOST WELCOME**

# PERTH GLENDI 2015



BE GREEK FOR A DAY  
**SUNDAY 26TH**  
**APRIL 2015**  
11AM-8PM

get involved : [www.perthglendi.com.au](http://www.perthglendi.com.au) 0435 788 147

**GREEK FESTIVAL**  
PERTH GLENDI

- \* GREEK FOOD
- PERTH'S LARGEST ZORBA DANCE
- CELEBRITY COOKING DEMO
- CHILDREN'S FUN
- BEACH STYLE CHILL OUT BAR
- MARKET STALLS

PERTH GLENDI  
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[ADMIN@PERTHGLENDI.COM.AU](mailto:ADMIN@PERTHGLENDI.COM.AU)

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## VOLUNTEERS NEEDED FOR THE CASTELLORIZIAN FOOD STALL

The Perth Glendi will be held on Sunday April 26<sup>th</sup> 2015 at Russell Square in Northbridge. Our association will be holding and running two Greek Food Stalls at this event. The Cazzie Cooking Class will be selling Greek Sweets and conducting cooking demonstrations under the supervision of Helen Anastasas with her volunteers from the classes. The second stall will be supervised by our cooks, Prokopi and Nicolette. **For this stall we are seeking volunteers to assist in various aspects of running the stall on the day. If you can assist in anyway please contact Jim Manifis on 0433165601.**

In addition to our own Cazzie Cooking Class demonstrations there will be special celebrity chef cooking demonstrations by Peter Manifis of Perth and George Diakomichalis of Kalymnos Pastries of Adelaide.

The Glendi is being organised by the Hellenic Community of WA and various Hellenic Associations have been invited to participate. Our representative to the Glendi Committee are Sion Xanthis and Helen Anastasas. In addition our association has formed a Cazzie Glendi Sub-Committee consisting of Jim Manifis (Chair), Sion Xanthis, Libby Pappas, Phyllis Samiotis, Helen Anastasas, Tina Kyros, Prokopi and Nicolette Koutlis.

Money raised by the Cazzie Cooking Class will be used to fund a proposed Greek Cooking Book. Association money raised will possibly be channelled towards our Museum Project.

This will be a great day to promote the Hellenic Community of WA. Our association is committed to make a substantial contribution to ensure the Glendi success!

The Perth Glendi 2015 Website is at: <http://www.perthglendi.com.au/>

**IF YOU CAN ASSIST IN ANY WAY ON THE DAY PLEASE CONTACT JIM ON 0433165601!**

# **HELLENIC AND HELLENES SOCIAL BOWLING CLUBS OF W.A. DINNER/DANCE**



**The Committees of the Hellenic and Hellenes Social Bowling Clubs invite Members, Spouses, Partners and Friends to a dinner dance to celebrate their 25th and 20th anniversaries respectively.**

**Details of the event are as follows:**

**Date : Saturday 18th April 2015**

**Time : 6 .30 pm until late**

**Venue: Stirling Bowling Club, Jones Street, Balcatta**

**Cost : \$ 50 per person**

**Music : Victor Stamboulis ( D J )**

**A scrumptious buffet dinner will be served - drinks may be purchased from the bar**

**Table bookings may be reserved in numbers of 10 persons per table - 5 x \$ 100 lucky door prizes**

**PLEASE CONTACT CON KAILIS ON 9446  
9746 OR 0432 335 358 TO MAKE YOUR  
RESERVATION**



# CAZZIE COOKING CLASSES

Article by Anita Verne Filmer and Photos courtesy Helen Anastasas

What a joy it has been to participate in the Cazzie Cooking Classes over the last 3 ½ years, lead so ably by Helen Anastasas. Not only am I learning to make delicious Greek recipes, but I am seeing first-hand the little tricks and special techniques that only a mentor can reveal. On top of that, my husband thinks I am very special when I turn up at home with a sample of the day's cooking. I am loving the comradery in the classes – it is such a great opportunity to meet people in the community and get to know others better.

## Recent Classes

During October 2014, Helen Anastasas used her amazing organisational skills when she demonstrated a class herself, straight after the birth of her grandson Conrad – a very busy time for her. Congratulations Helen and also to the parents Peter and Deanne. We made a delicious modern version of **Karithopita** (without semolina, but with chocolate topping) and compared it with the traditional cake at afternoon tea.

Preparation for the festive season began for us in November when we made **Floyeres** (Walnut and Almond Rolls / Cigars made with filo pastry). This is a great Greek sweet recipe similar to Baklava and it was shown to us by Chrissie Aris-Tyler. We concluded the afternoon with an end-of-year celebration of drinks and wonderful food. This was the perfect opportunity to thank Helen for her work during the year in keeping the Cazzie cooking traditions going.

## An Exciting 2015 with Glendi Festival

This year will begin with a January class by Vangy Mallis on Kourabiethes, those melt-in-the-mouth Greek shortbreads.

Planning is underway for a Glendi festival in April and the Cazzie Cooking Class is excited to be having a Greek *Sweets stall*. This is our opportunity to put all that we've learned to the test! We are calling for all class members to assist with the preparation of our traditional sweets at a range of cooking workshops. This no doubt will be a lot of fun.

## Photos of Karithopita Class





**Photo of Karithopita Class**



**Photos of Floyeres Class**



# OUR ASSOCIATION AGM 2014



Executive Committee at AGM



Allan Cresswell awarding Jim Manifis as Honorary President



Allan presenting Tony Koufos with Presidents Award for 2014



Retiring Consul for Greece in Perth – Sofia Choli

## AT AGM - NOMINATION OF JAMES CONSTANTINE MANIFIS AS AN HONORARY PRESIDENT

I, Allan Ronald Cresswell, President of the Castellorizian Association of WA Inc hereby recommend James Constantine Manifis for the position of 'Honorary President' of our Association.

James was President of our Association between 2007 and 2013 and is the current Vice President of our Association. Prior to his role as President he was the Treasurer for two years.

Jim has been instrumental in bringing the association to the level it is today. He has contributed greatly to the advancement of the Association by his ongoing outstanding service. This includes:

- Bringing the Association out of financial debt
- Major contribution in bringing the Association membership to the largest in over one hundred years
- Introduced the Newsletter, the *Megisti Messenger*, in 2008
- Whilst President co-ordinated numerous successful events and functions to celebrate the Association's centenary in 2012
- Awarded Castellorizian of the Year in 2014
- Instrumental in ensuring ongoing improvements to Castellorizian House including a new fence, new garage, internal painting and a new display cabinet
- A foundation member of the recently created Kastellorizian Council of Australia
- Led an Association tour to Castellorizo in 2011
- Ensured that the day to day running of the Association has been proficiently managed at all times for the benefit of all the members

On behalf of the Management Committee who approve this nomination, and in agreement with the Trustees, together with five signed endorsements of approval by Association members, we recommend to the Annual General Meeting of 2014 the election of James Constantine Manifis to that of 'Honorary President'. Five members signatures appear on this recommendation in accordance with the Constitutional requirements. **CARRIED UNANIMOUSLY AT THE AGM**



# OUR ASSOCIATION AGM 2014

## PRESIDENTS REPORT 2014

I would like to thank all our committee members for the many hours of work arranging and running the numerous functions and events during the year. Much effort goes on behind the scenes into the setting up, purchasing of items, cleaning up, processing correspondence, banking, payment of accounts, membership records, maintenance of equipment and building, arranging hall bookings, cooking for functions such as today, and the list goes on. Our wonderful committee continues to be the strength behind the Association. I will not single out individual committee members contributions for the ongoing regular duties and for our functions, but it is suffice to say their efforts have been outstanding throughout the year. We all know who they are! Well done to our committee.

However I must make mention of the work of our Treasurer, Michael Paul, who has always continued on with his Association duties despite the extended illness of his lovely wife, Betty, right through to her recent passing. Our auditor, Darcy Papanastasiou, has also continued to assist Michael in organising the finances and we thank them both for their excellent contributions.

The illness and subsequent treatment during six months for my wife, Jean, did curtail some of my activities such as the museum project but it will be full steam ahead for me no matter what position I hold in the forthcoming year. The *Megisti Messenger* also seems to be well supported by members.

The Treasurer's Report will be presented by Jim Manifis and, as will be seen, another profitable year was maintained by our Association.

The major capital item introduced this year was the construction of our new shed which provides additional storage for our equipment. This project included a considerable amount of work by Tony Samiotis and others to remove the old shed and by Kevin Kannis in supervising the construction of the new shed. A great effort by Tony, Kevin and the committee for completion of this major project.

Our past President and current Vice President, Jim Manifis, was awarded Kastellorizian of the Year 2014 in Melbourne this year. A most deserved award and recognition for his outstanding contributions to our Association. It is also a great credit to Jim and a sign of his ongoing commitment to our Association that he is still willing to remain on the committee although having achieved six successful years as our President. Thank you Jim for this continuing support of our Association.

This year we have introduced invoices as a means of advising members of their annual membership fees. At the 2013 AGM we had a total of 122 financial members. This year over 270 have already paid their 2014/2015 membership. A big increase indeed and the introduction of membership invoices has obviously been a great success.

Finalised drafts of our Association's "Sympathy Card" and "Get Well Card" are at the printing company and will be in use within the coming weeks. The Sympathy Card is a replacement of submitting newspaper death notices for the death of a member. Newspaper notices will only be used where a member has made outstanding contribution to our Association or to the community at large.

I have attached for perusal a summary of the Constitutional Objectives of our Association and show where and how we are achieving these objectives, or how we have a proposal in place to do so.



# OUR ASSOCIATION AGM 2014

## CONSTITUTIONAL OBJECTIVES OF OUR ASSOCIATION AND RESULTING OUTCOMES

(a) To promote and maintain a closer friendship between the members of the Community and other Australians generally and for that purpose to support any national, patriotic or community purpose.

- Attended Grand Opening of St Andrews School Amphitheatre and donation made
- Making Castellorizian House available for general hire
- Men's Friday Happy Hour always open to non-members and non-Hellenic
- AFL Grand Final Function
- Provided catering for celebration of 30 Year Sister City Function (City of Perth)
- Provide Guest Speakers on Friday Nights to all persons, on a variety of community type subjects

(b) To facilitate closer co-operation with other Castellorizian Associations within Australia and overseas to benefit the island of Castellorizo.

- Maintain support and promotion of Australian Friends of Kastellorizo (AFK) for ongoing projects
- Provide venue and function to welcome AFK Exchange Students from Castellorizo
- Supported the formation and became a member of the Kastellorizian Council of Australia

(c) To perpetuate the Castellorizian identity through educating its members about Castellorizian history and its customs.

- Yearly Sts Constantine and Helene Day, Santrape and Apokries, Church and Social Functions
- Ongoing Greek Cooking Classes
- Installation of Integrated Resource Collection Cabinet of books, newsletters and DVDs
- Created Museum Display Cabinet at entrance
- Genealogy Seminar to further knowledge on available resources and obtain family history information
- Holding Father/Son, Father/Daughter and Mixed Family evenings to promote Castellorizian identity
- Include articles and photographs in *Megisti Messenger* relating to history and customs
- Promote and distribute any books available or released relating to Castellorizo
- Provide for sale memorabilia items relating to Castellorizo

(d) To liaise and promote harmonious relations between other Greek regional and Pan Hellenic Associations.

- Provide *Megisti Messenger* articles to promote Hellenes Bridge Club, Hellenic/Hellenes Bowling Club and any Greek or Pan Hellenic Association wishing to submit details of activities or events
- Accept and display posters at Castellorizian House for forthcoming Hellenic events
- Attend Greek Independence Day events
- Attend Greek OCHI Day celebration and commemoration
- Join with Hellenic Community of WA to celebrate Sts Constantine and Helene Day
- Assist Hellenic Community of WA with 90 Year Celebrations of Laying of Church Foundation Stone
- Supporting and providing committee members for forthcoming 2015 'Glendi' event

(e) To repair and maintain the assets and real property of the Association.

- Replacement of shed to provide additional and secure housing of equipment
- Purchase metal shelving for new shed
- Installation of new refrigerator in kitchen
- Installation of additional TV and media display equipment

(f) To provide moral and material assistance to Castellorizians in need.

- Visitations to patients in hospital
- Forwarding of 'Get Well' cards to sick members
- Sending of 'Sympathy' cards to family of deceased members
- Create position of 'Welfare and Liaison Officer' - as agreed at committee meeting September 2014

# ASSOCIATION COMMITTEE 2014/2015



BACK ROW (From Left): Tony Samiotis, Kevin Kannis, Phyllis Samiotis, Sion Xanthis, Libby Papanastasiou (Michael Paul - absent)  
FRONT ROW (From Left): Tina Kyros, Jim Manifis (Vice President), Allan Cresswell (President), Stan Kailis (Secretary), Leanne Franklin

## CONTACT DETAILS FOR OUR 2014/2015 COMMITTEE:

Allan Cresswell	President/Ed Megisti Messenger	93057954	cressie@castellorizo.org
Jim Manifis	Vice President	0433165601	whitfordcitynews@hotmail.com
Michael Paul	Treasurer		
Stan Kailis	Secretary	0414271644	stan.kailis@y7mail.com
Sion Xanthis	House Manager	0417326271**	sios@iprimus.com.au
Kevin Kannis	Membership Officer	0418904848	kkannis@bigpond.net.au
Tony Samiotis	Committee Member	0439721952	t_samiotis@hotmail.com
Phyllis Samiotis	Committee Member	0439721952	t_samiotis@hotmail.com
Tina Kyros	Committee Member	0418933306	tinakyros@gmail.com
Leanne Franklin	Committee Member	0417920308	franklinleanne1@bigpond.com.au
Libby Papanastasiou	Committee Member	0448799321	iconsociety@yahoo.com.au
** Please ring him after 5.00pm on week days.			

## BORN IN 1935

An 80<sup>th</sup> birthday reunion is planned for 2015.

Any members of the community born in 1935 are invited to attend.

Your expression of interest is welcome. Please contact either:

Nellie Kakulas      9474 4606      [bartkakulas@bigpond.com](mailto:bartkakulas@bigpond.com)

Nick Nicholas      9204 5889      [nicholascnicholas@gmail.com](mailto:nicholascnicholas@gmail.com)

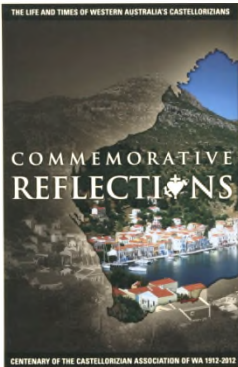
# SALE OF CENTENARY MEMORABILIA ITEMS



**Lapel Pins - only \$10**

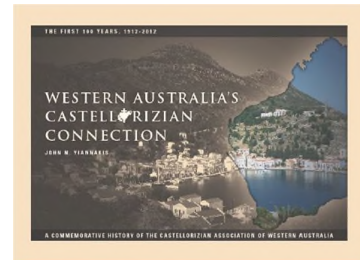


**Medallions  
now only \$30**



**Reflections Book -  
selling for only \$40**

Only a few remaining books of the reprint. This hard cover book tells 131 stories of Castellorizians families and individuals within the 164 pages.



**Western Australia's Castellorizian  
Connection Book - selling for only \$40**

**The First 100 Years: A Commemorative History  
By Dr John Yiannakis**

## Castellorizian Centenary 2012 events

**Available Now as a 3 disc DVD set!**

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only \$10.00**



**Pens - at cost and only \$3 (or 4 for \$10)**

**Tea Towels made into aprons – a  
great buy at \$15  
(These have been kindly produced  
by the Hellenic Women's  
Association Sewing Group)**



# 90<sup>TH</sup> ANNIVERSARY PHOTOS

Photos courtesy Tony Samiotis





# 90<sup>TH</sup> ANNIVERSARY PHOTOS

Photos courtesy Tony Samiotis



# ART GROUP

Photos courtesy Melba Kanganas and Allan Cresswell

During 2014 our association was approached by the Hellenic Womens Art Group to use our premises for their monthly art classes. They had been using the Hellenic Community Hall in Parker Street as their venue but continuing difficulties associated with the parking of their vehicles in Northbridge caused them to seek another venue.

Our association was only too happy to accommodate their request and a suitable hire fee structure was formulated to cover our overhead costs.

The supervisor of the Art Group is one of our own members, Melba Kanganas. As can be seen from the photos below many others in this group are also members of our association.

Our committee is committed to making our premises available to the wider community and sees this as meeting one of our constitutional objectives - *To liaise and promote harmonious relations between other Greek regional and Pan Hellenic Associations.*



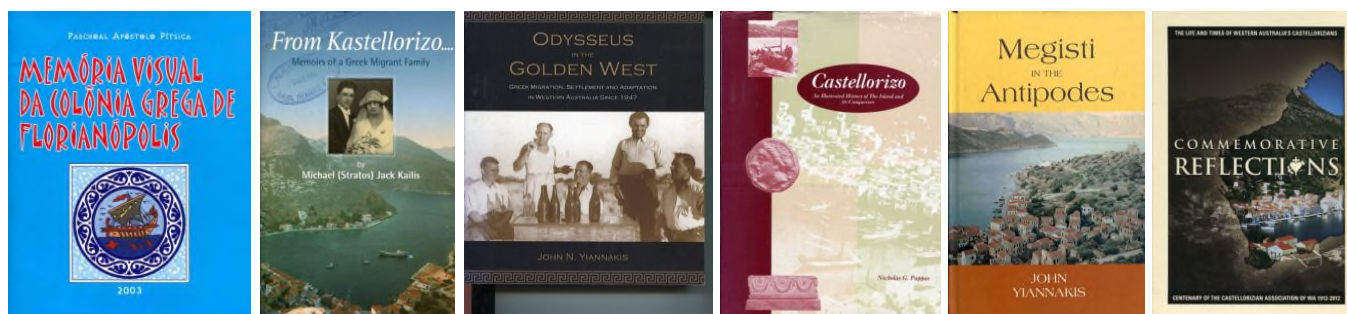
A full colour version of this edition of the *Megisti Messenger* (and also the previous 22 editions) can be viewed at: <http://www.castellorizo.org/newsletter/>

Download the newsletter and view on your PC, Laptop or iPad.



# CASTELLORIZO BOOK COLLECTION - UPDATE

The Castellorizian Association of Western Australia is still requiring books for our Resource Library. If you are the author of a book and would like to add to our collection then contact the association who will gratefully receive your donation. Likewise if you have a spare copy of a book relating to Castellorizo or involving Castellorizians then we would be pleased to receive same. Please check the list below and contribute if you can. Much of the existing library is on loan from Allan Cresswell.



## BOOKS ALREADY DONATED TO OUR COLLECTION

### BOOK

Ancient Megisti  
Visual Memory of the Greek Colony of Florianopolis  
Near Eastern Dreams  
My Little Kastellorizo  
Embers on the Sea  
Megisti in the Antipodes  
Odysseus in the Golden West  
Vlase Zanalis Greek-Australian Artist  
Commemorative Reflections  
An Island in Time  
Western Australia's Castellorizian Connection  
80 XPONIA 1925 - 2005 Celebrating Our History  
Kastellorizo: My Odyssey  
Their Family Story – Angelis and Chrissie Veriopoulos  
Kastellorizo (National Geographic)  
The Dodecanese  
The Greeks

### DONOR

Norman Ashton  
Allan Cresswell  
Allan Cresswell  
Jodi Bavin (nee Cresswell)  
Dr Paul Boyatzis  
John Yiannakis  
John Yiannakis  
John Yiannakis  
Castellorizian Association of WA  
Castellorizian Association of WA  
Castellorizian Association of WA  
Kastellorizian Association of Victoria  
Friends of Kastellorizo (per Marilyn Tsolakis)  
Angela Verevis (nee Kikeros)  
Kastellorizian Association of Victoria  
Nick Nicholas  
Maria Mathews (per Lefki Kailis)

## BOOKS SOUGHT FOR OUR COLLECTION

The Greeks in Brazil  
A Time in My Life  
A Mothers Secret  
Sophie's Way  
From Kastellorizo  
The Road to Prevelly  
Greek Australians in the Australian Armed Forces  
Castellorizo  
The Captain's Grandson  
The Greeks in Queensland  
Australian Born of Greek Orthodox  
The Knight's Castle on Kastellorizo  
Images of Home  
Greek – Australians in the Vietnam War  
Australians and Greeks Vol1, Vol2 and Vol3  
Greek Pioneers in Western Australia  
Daughters of Castellorizo  
Wedding Dance  
Castellorizo – Jewel of the Aegean  
Achilleus Diamantaras – His Life and Works  
To Recognise the Thrill of Castellorizo

## Dr Stan's Olive Corner - Number 8

At this time of the year, your olive tree should have olive fruit. However the olives will be green in colour and are not ready for pickling, even though they are of a good size. When the olives lose their greenness and turn yellow green in colour they are ready for Greek style green olives and tsakistes. If you also want black olives leave some on the tree and by winter most will turn black.

**Why does your olive tree not produce olives:** A good crop develops when the tree is healthy and pruned so that it is not too large or tall. Reasons why olive trees may have no olives or only a few can be due to one or all of the following.

**Overgrown un-pruned olive tree:** Prune your olive tree to a height of 1.5-2 metres after all the olives have been picked. Also remove any damaged branches. Remove all olives from the tree as those remaining can have a direct negative effect on flowering and fruiting for the following year. Tip pruning also stimulates new growth and fruiting.

**Inadequate pollination:** A very few varieties produce no fruit eg *Swan Hill* or need a second tree for cross pollination eg *Manzanilla* - olive production improves when varieties including *Barouni* or *Sevillana* are planted nearby. Most olive varieties to some extent are self-fertile as they have male and female flowers on the same tree. However research shows that cross- pollination (pollen from another variety of olive tree) generally improves fruit production especially when the growing conditions are not optimal. Two or three different varieties growing in close proximity (30m) will provide adequate cross-pollination. *Pendolino*, *Frantoio*, *Coratina*, *Picual* or *Manzanilla*, are also suitable varieties for cross-pollination. If your olive tree flowers well in spring then drops its flowers without producing fruit this may be a sign for cross-pollination.



**Lack of nutrients:** Spread a few handfuls of *Dynamic Lifter*® under your olive tree in autumn and spring. *Dynamic Lifter*® is a fertiliser that contains all the minerals required for your olive tree to grow and produce fruit including nitrogen, potassium, phosphorus and other essential minerals. Nutrients such as nitrogen and boron are required for successful flowering and fruiting. However too much nitrogen fertiliser may also cause problems especially in warm winter climates because it encourages excessive leaf growth through winter that results in reduced flower and fruit production. If your olive tree is getting enough water but flowers fall without fruit production, spraying the olive tree with boron (available from nurseries) before the flower buds open can help overcome this problem.

**Lack of water or too much water:** Water your olive tree once a week or twice a week during summer and autumn or when there are long periods without rain. During these seasons flower buds are developing. Lack of water in winter is a signal for the olive tree to produce leaves rather than flowers and fruit. If your olive tree does not receive enough water during late winter/spring the flowers are poorly developed and drop without setting fruit. With over watering, water can collect especially in heavy soils, damaging roots hence reducing nutrient uptake stunting the tree.

**Weather conditions:** Olive trees need plenty of sunshine to flower and fruit. As its flowers are wind pollinated ie pollen is transferred by wind rather than insects then, rain, frost or high temperatures can be detrimental to flowering and fruiting. Rain temperatures during flowering can wash away pollen hence disrupting the pollination process. Very cold or hot dry winds are damaging reducing the ability of olive flowers to produce fruit. Olive trees also require a cold winter period for flowering hence fruiting. Chilling requirements vary between varieties. Those from Crete, southern Greece, Egypt, Israel, and Tunisia that bloom and fruit heavily with very little winter chilling whereas those originating in Italy and Spain, need substantial chilling for fruiting. Luckily *Kalamata* variety olives are in the first group. In tropical areas where winter chilling is mostly insufficient, olive trees grow well but fruit production is low or non-existent.



**Pest and Disease:** Pest and disease problems such as Peacock Spot (discoloured leaves), Scale (scale insects on leaves and shoots with black powdery mould on leaves), Olive-Lace-Bug (excessive loss of leaves) can severely affect flowering, hence fruit production. Pruning and spraying with copper solutions before flowering are good preventatives for many olive diseases.

**Alternate bearing:** Alternate bearing by olive trees is a normal process. Here olive trees bear large crops one year and none the next. The reason is that the olive tree needs to recover after a heavy crop and fruiting buds develop. Fruit thinning is the only real way to limit alternate bearing. You will need to prune your olive tree heavily in a high bearing year while it is flowering/setting fruit. Olive trees with high crop loads produce smaller olives than lighter crops.

**Shot-berries:** Have a close look at the olives on your tree now. If you notice that there may be clusters of very small fruit on the tree amongst normal size olives these are called shot-berries or parthenocarpic fruits. These fruit mature much earlier than normal fruit and are useless. Shot-berries are formed when pollination is faulty (see photo below).

**Olive fruit:** Olive fruit is a drupe, botanically similar to almond, apricot, cherry, nectarine, peach, and plum fruits. Even though more consideration is sometimes given to extra virgin olive oil, olives are still one of the world's most widely enjoyed foods. Olives are technically classified as fruits but we commonly think of them not as fruit but as a tasty vegetable added to salads, pasta, seafood, meat, poultry dishes as well as pizzas and olive bread.



Olives are too bitter to be eaten straight off the tree so must be processed. Processing methods vary with the olive variety, region where they are cultivated, and the desired taste, texture and colour. Olives are picked when yellow green, while others are allowed to fully ripen on the tree. Dr Stan prefers **1. Quick method** - soaking the olives in water for 10-12 days followed by placing them in brine, wine vinegar, olive oil with added herbs; or **2. Slow method** - placing olives in 8-10% salt brine and allowing them to ferment for a month or two. After fermentation the olives are packed like the previous method.

**What are beneficial effects of olive?** Numerous health-promoting nutrients have been identified in olives, and recent studies have taken a very close look at olive varieties, olive processing, and changes that take place in olive nutrients. The overall conclusion from these studies is exciting for anyone who loves olives. Greek-style black olives, Greek-style green olives (also known as Sicilian olives), Kalamata-style olives, and many different methods of olive preparation. When eaten olives provide valuable amounts of healthy fat, antioxidant and anti-inflammatory nutrients. Consuming a Mediterranean diet that traditionally includes olives has been linked to the prevention of heart disease, some cancers, diabetes and other chronic diseases.

**If you have questions or need more information ring Dr Stan on 0414271644 or email [stan.kailis@y7mail.com](mailto:stan.kailis@y7mail.com)**

## **HELLENIC & HELLENES BOWLING CLUB NEWS**

**Provided by Con Kailis**

On January 21<sup>st</sup> 2015 the girls team had a Mother & Daughter Night. This was most successful with approx 70/80 mothers and daughters turning up.

The mens team ran a pairs competition this year resulting in Paul Litopoulos and Peter Pilkadaris defeating Arthur Ventouras and Bill Kouzinis in a last end result. Congratulations to all.

On Wednesday February 4<sup>th</sup> 2015 the men will be holding a Father and Son Night. All those interested please contact Con Kailis on 94469746.

See **Page 8** in this edition of the *Megisti Messenger* for details of the Hellenic and Hellenes Social Bowling Club Dinner/Dance to be held on April 18 2015.

# ASSOCIATION MEMBERSHIP SUBSCRIPTIONS

## NEW FORMAT FOR 2014/2015 MEMBERSHIP PAYMENT

The membership subscriptions for the Castellorizian Association become due on July 1<sup>st</sup> of each year. In 2014/2015 we trialed a new format by including an invoice for your subscriptions within a previous *Megisti Messenger*. This has been instigated because many members become uncertain as to whether they have made payment or not each year and some go into arrears because of this. Some members have suggested that they need a reminder and prefer notification of membership subscription when due. If you did not receive an invoice then your membership is paid in advance. Please forward payment to **160 Anzac Road Mount Hawthorn WA 6016** or alternatively you can make your payment by **electronic transfer** using **BSB 066-129 and account number 00800217**.

If you pay by electronic transfer please put the member code, shown at the bottom of the address cover sheet, or the top RH corner of the invoice, in the payees description so we can identify your payment. The deposit receipt number will be your proof of payment as paper receipts will not be issued to members who pay electronically. Thank you in advance for your continued support.

## HIRING CASTELLORIZIAN HOUSE

Members of the Castellorizian Association are reminded that the headquarters in Mount Hawthorn is available for hire for small family functions and community gatherings.

Anyone interested in using the facility should contact the House Manager, Mr Sion Xanthis on 0417326271. **Please ring him after 5.00pm on week days.**

The building has food preparation and serving facilities as well as access to catering services if necessary. There are some restrictions on the use of the building and kitchen area which will be advised by the house manager.

### NEW SCALE OF CHARGES –EFFECTIVE JAN 1<sup>st</sup> 2014

TYPE OF HIRE	RATE
Casual hire, seminars etc, up to 3 hours	\$100
Casual hire, parties, reunions etc, 3 hours and over. Bond required for extended events (\$300 members) Non members (\$500) Kitchen use (\$60) Kitchen use with cooking \$100	\$400      members \$300
Regular weekly or monthly hire.	POA

## PHOTOS OF 'OCHI DAY' 2014 AT KINGS PARK



Allan Cresswell and Tina Kyros



Tina Kyros, Rose Kalaf and Faye Katris

# CAZZIE TRIBUTE



Tribute information obtained from  
various Internet website articles  
and compiled by the Editor

## DR JOHN NICKOLAS YIANNAKIS

John Nickolas Yiannakis was born at Perth on Oct 19<sup>th</sup> 1958, the eldest child of Nickolas John Yiannakis and Ekaterini (Katina), nee Athanassiou. He has two siblings, Pauline and Michael. John is married to Angela Evangelinou and has three children, Nicolina, Christina and Katherine.

From altar boy and Vice President of a Greek tertiary student body, (Hellenic University Students Society), to a Trustee of the Hellenic Community of WA Inc, John has made contributions to the Greek community for many years. In 1979, for example, he served on the NUGAS (National Union of Greek Australian Students) committee organising a national conference held in Perth in 1980.

Whether as a committee member or not, John has served the Hellenic Community for a great number of years. He was Vice President from 2003-2007; and is now Chairman of Trustees. From running errands to participating in major decisions John has been a constant in community affairs.

John has also helped to 'mainstream' the contribution of Greek settlers and their descendants to WA in various ways. For example, he was chosen Chairman of the WA Premier's Northbridge History Project Community Consultation Group (for the Greek community), serving on this committee from its inception in 2006 until the project's completion in 2010. Engaging in this project carried with it much responsibility as well as a significant commitment in time and effort.

Furthermore, by 2009, the oral testimonies he had completed for the various histories undertaken were part of the largest oral history collection of any ethnic group in Western Australia. In 2010 John donated over 160 tapes to the State's Battye Library. This important resource is being digitised and will be available for posterity to all researchers with an interest in Western Australia.

John has also worked with a number of Greek regional associations, particularly the Castellorizian Association of WA. As well as serving as a committee member from 2003-2005 and then Secretary in 2008, in 2009 he joined its *2012 Centenary Committee*. John also volunteered to use his academic skills to research and write a comprehensive history about the Association, its role and members. Without any monetary gain, he spent over two years researching and compiling an extensive 100 year plus history. He then took it upon himself to assist the Association with publication arrangements and the like. The book, *Western Australia's Castellorizian Connection*, was released as part of the centenary celebrations, with all monies collected going to the Association.

He also helped the Greek community and the Modern Greek Syllabus Committee with lobbying to ensure that Modern Greek was established firstly as a Senior Secondary School subject in the late 1980s/early 1990s and then as a tertiary scoring subject in the late 1990s. Again in 2010 he volunteered to assist others with lobbying and organised a petition in support of Modern Greek during the LOTE consultation phase of the Australian Curriculum, producing a successful outcome.

Recently, he volunteered in WA Heritage Council's Perth Heritage Days events in 2013 and 2014 by delivering a lecture on history and aesthetics of the church; then setting up and presenting a talk to the general public about Lemnos and Gallipoli.

John has written numerous books and articles, including *Greek Pioneers in Western Australia*, *Odysseus in the Golden West*, *A History of Dentistry in Western Australia*, *Vlase Zanolis: Greek Australian Artist, Lemnos and Gallipoli: Towards re-dressing a marginalised history* and *Megisti in the Antipodes*.

In 2003 John was a recipient of the Hellenic Chamber of Commerce and Industry's (HACCI) Hellenism Award.

Our association salutes you John both for your ongoing extensive academic achievements and also for your longstanding services, contributions and commitment to the Greek Community and the community at large. Bravo John!



# Hon Michael Sutherland

Your State Member for Mount Lawley  
Speaker of the Legislative Assembly



Phone: 9473 0800

Email: [michael@michaelsutherland.com.au](mailto:michael@michaelsutherland.com.au)

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