



Megisti Messenger

August 16th 2017 Volume 10, Issue 3

*Newsletter of the
Castellorizian
Association of WA Inc
160 Anzac Road
Mt Hawthorn WA 6016
Tel: 94432110*

FORTHCOMING EVENTS

Annual General
Meeting
Sunday Oct 28 2017
3.00pm

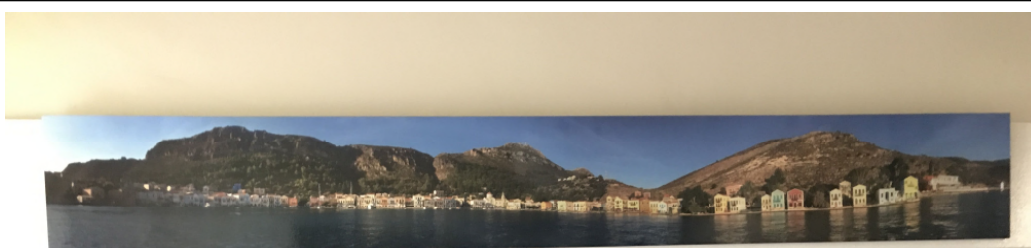
Also including
Unveiling of
New Honour Board
Sunday Oct 28 2017
3.00pm

Brides Exhibition
Opening
Sunday Nov 5 2017
2.00pm

**Friday Night Men's Happy Hour – See Article Page 10
The Entrée and Main Meal on 21st July 2017
Including Prawns, Squid and Baby Octopus**



**Photograph of one of two Donated Montage and Hung at Entrance
to Castellorizian House. A plaque acknowledges the contribution.**



DONATED BY THE BROTHERS
DR PAUL AND STAN BOYATZIS
PANORAMIC PHOTOGRAPHS OF
CASTELLORIZO 2016

In This Issue

Happy Hour Photos	1
Donated Panorama Photos	1
Social News	2-6
80 th Birthday Reunion	5
St Constantine and Helene	6
85 Years Birthday Thoughts	7
President's Report	8
Sanitation Project	9
Men's Happy Hour	10
Donors	10
KCA Website	10
Hellenic Bowls AGM	11
An Ideal Present	11
Book Profile	12
Dr Stan's Corner	13
Honour Board	14-15
In Memoriam Donations	16
Brides Exhibition	17
Cooking Classes	18-20
Items for Megisti Messenger	20
Pre Mother's Day Breakfast	21
Membership Subscriptions	21
Civil Records on Cazzie	22-24
Past Times Photos	25
Cazzie Tribute 32	26-27
1943 Newspaper Article	27
Advertisements	28

SOCIAL NEWS

Births

- ❖ On 4th May, John Yiannakis and Angela Evangelinou-Yiannakis became grandparents for the first time with the birth of **Jasmine Rebekah Boyle** to their daughter, Nikki, and husband, Andrew.
- ❖ Anthony and Narelle (nee Tsapazi) Rodgers (of Melbourne) welcome their first daughter **Aria Joy Rodgers** on 30th May 2017. Grandparents Karen and the late Peter Tsapazi.
- ❖ Luke and Karis Tsapazi welcome their daughter, **Harper Lee Tsapazi**, a sister to Noah (he is 3 years) on 20th June 2017. Grandparents Karen and the late Peter Tsapazi

Birthdays

Congratulations to the following who recently celebrated their birthday.

- ❖ **Tina Kyros** 21st Jun 70 years
- ❖ **Theo Kakulas** 24th Jun 80 years
- ❖ **Despina Moulatsiotis** (nee Anastasakis) 27th Jun 80 years (see photo Page 5)
- ❖ **Katina Verevis** (nee Simonides) 2nd Jul 90 years
- ❖ **Michael Pampacos** 10th Jul 70 years
- ❖ **Mary Nicholas** (nee Sertis) 13th Jul 80 years
- ❖ **Lola Tsolakis** (nee Simeon) 14th Jul 90 years (see article Page 3)
- ❖ **Chrissie Panos** (nee Kakulas) 20th Jul 94 years
- ❖ **Faye Manifis** (nee Xanthis) 26th Jul 70 years (see Photo Page 6)
- ❖ **Jean Cresswell** 27th Jul 70 years
- ❖ **Despo Spartalis** (nee Manifis) 31st Jul 70 years (see photo Page 4)
- ❖ **Michael Lekias** 13th Aug 86 years
- ❖ **Margaret Palassis** (nee Anastas) 15th Aug 85 years (see article Page 7)
- ❖ **Bartley Kakulas** 15th Aug 84 years
- ❖ **Faye Patfield** (nee Panos) 16th Aug 93 years

CORRECTION & APOLOGY

In the last *Megisti Messenger* it was incorrectly listed that Con Kailis turned 70 years of age on 21st March. He in fact turned 80 years of age!

Anniversaries

- ❖ Congratulations to Mick and Sef Lazarakis who celebrated their 65th wedding anniversary on July 20th (see article Page 3).

Vale

Deepest sympathy to the families and friends of:

- ❖ **John Basil Kounis** 29th Apr 2017
- ❖ **Nicholas S Tomazos** 7th May 2017
- ❖ **George Anastasas** 29th May 2017
- ❖ **Theo Palassis** 21st Jun 2017 (see President's Report Page 7)
- ❖ **Constantine Patiniotis** 19th Jul 2017
- ❖ **Jim Condylis** (Sydney) 28th Jul 2017 (see article Page 4)
- ❖ **Evelyn Kannis** (nee Panegyres) 9th Aug 2017

Congratulations



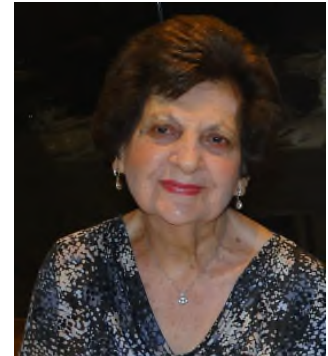
Congratulations to **Yasmine Yianni** who took out first place in the Hospitality Group Training 'Taste of the Future' Cooking Competition and secured her future in the Hospitality Industry as an Apprentice Chef.

Yasmine is the daughter of Theophanos and Athana Yianni and the granddaughter of Chris and Irene Drimatis.

Congratulations on your terrific effort and achievement, Yasmine!

SOCIAL NEWS

90th Birthday Milestone



Our beautiful mother (inside and out) Lola Tsolakis (nee Simeon) celebrated her 90th birthday on July 14th. She is the little girl in the middle of the old family photo with her parents and siblings. Lola was born on Castellorizo on 14 July 1927. Very special values of this generation. Love from her children Max, Marilyn and Ian.

65th Wedding Anniversary

Wedding Day Photograph July 20th 1942 Perth Western Australia



Congratulations to Mick and Sef Lazarakis on celebrating their 65th Wedding Anniversary on July 20th 2017. An inspirational and wonderful achievement. Lots of love from all your family.



The Five Manifis Sisters Celebrating Despo Spartalis (nee Manifis) 70th Birthday in Singapore

THE PASSING OF A WONDERFUL MAN

Compiled by Allan Cresswell



One of the wonderful things during our lifetime journey is that we come across special and beautiful people who are just so much larger than life. Such was Jim Condylis of Sydney who died on the 28th July 2017.

Jim was passionate about all things Castellorizian and we both hit it off immediately via email many years ago. When I visited Sydney some years ago with the WA Hellenic Bowls Team Jim was there to meet us and targeted me in particular to welcome me to Sydney. Jim arranged for me to visit his home as he had a huge collection of wedding photos for me to scan for my website. At the conclusion of that excellent session with him he even drove me across Sydney to visit my cousin Max Galettis. We caught up again the following day and on my return to Perth we continued to communicate about family history and all things Castellorizian.

My wife and I visited Jim and his lovely wife Mary in 2016 and Jim again had a collection of photos for me to scan. We had an ongoing common interest in preserving our Castellorizian heritage and we both knew it!

One of Jim's proud achievements was the acceptance and his ability to be the Sydney correspondent for the Castellorizian News where he was enthusiastic and proud to announce various items of special interest.

Jim just loved and helped everyone and the memories will remain in our hearts forever. He had no enemies and had undying love for everyone. Those who knew him loved him just as much.



Despo Moulatsiotis (nee Anastasakis) celebrated her 80th Birthday with her family on Sunday 25th June 2017.
Despo is photographed here with her brothers Jim and Jack

80th BIRTHDAY REUNION



If you were born in 1937 and wish to join our little get together function please contact Con Kailis 94469746 for further particulars.

Please note that the 70th year reunion participants need not ring.



Faye Manifis (nee Xanthis) Celebrating her 70th Birthday with her Family in Singapore



Castellorizian Association President Allan Cresswell and Consul of Greece in Perth Antonios Koliadis carrying the Icon of Saints Constantine and Helene in celebration of the Church Feast Day May 21st 2017

85 YEAR OLD BIRTHDAY THOUGHTS



On 15 August 1932 I was born in Newcastle St Perth in a house with Nurse Bevan as my Midwife.
On this day my Gambro to be arrived in Fremantle
In reality I was born with my bones being Kastellorizian-Greek.
I have spent many years living in Lake St.
I have been married to George Palassis for 66 years and we are blessed to have 3 children Anthony Michael and Vanessa we have 9 grandchildren and 3 great grandchildren.
Kastellorizo has been our destination since 1972.
Sunrises over the Black Rock (Turkey) Colours.
The Light the Sun the climate are magnetic are unique.
The scenic Yialo.
Over the years we enjoyed daily climbs up the Vouna.
The simplicity of the the Kastellorizian the ambience that touches my heart and my soul.
The unforgettable concerts Endless Glendi, the Horafia on Panagias we were always there for my birthday.
The people have gone from competition to cooperation they are bringing back Filoxenia.
The passion expressed from my children their husbands, wives grandchildren the fun on the day of Profit Hilia, laughter frivolity Saganaki Dolmades Calamari.
Climbing Mounda with teenage grandsons and hearing “eime Mixalis nisiotis”.
Making connections playing “tuvli” with Nikos from Albania.
We are one. Transition is taking place.
The Evolution from 1970s to 2015 is empowering.
Today 2017 I notice that I have reverted back to my mother tongue and find myself communicating with George more than ever in the Greek, rather using the Kastellorizian terminology.
I love the language which I speak read and write with the correct grammar.
I love the food music dance habits and most of all I cherish Kastellorizo, which is tucked in my heart.
I am 85 years of age.
I am Margaret Palassis

PRESIDENT'S REPORT

My wife and I headed off on our Grey Nomads caravan trip on June 18th travelling up to explore the Kimberlies and the Gibb River Road. We were only four days into our four week trip when we heard of the sad passing of our long term member and friend, Theo Palassis.

Like many other people I first met Theo when my eyesight started to deteriorate. It was in the 1980's and my Mum told me to go to WA Opticians in Perth and see Theo Palassis to obtain some reading glasses. Like everyone else she thought Theo was such a wonderful man. So I visited Theo and was immediately impressed with Theo's professionalism and friendly manner. He also greeted me like a long lost friend and I also felt the same way towards him. He was an instant mate! After visiting him a few times, he convinced me that I should attend the Men's Cazzie Happy Hour. I was reluctant to do so as I knew very few Cazzies at the time. But he was persuasive and offered to meet me there and I could sit next to him. This I did on numerous occasions and it was the start of my ongoing association with the Castellorizian Association of WA.



Theo Anthony Palassis
Born 5 March 1939 Manjimup WA
Died 21 June 2017

Work commitments through to the late 1990's restricted my opportunity to regularly attend Cazzie House. But the seed had been planted by Theo and I commenced attending the Happy Hour regularly from the early 2000's. So, my ongoing affiliation and involvement with the Cazzie Association all stems from this most humble gentleman who we all called our friend. It is this special man that I acknowledge as giving me the opportunity to make so many new friends and open up many new exciting life challenges. Thank you Theo!

Jean and I did not have an opportunity to attend Theo's funeral but our thoughts went out that day to Elaine and her Family. Rest peacefully Theo!

Since the last *Megisti Messenger* our association has been involved in two functions. The first was Saints Constantine and Helene Church Service on May 21st followed by an excellent luncheon at the Hellenic Hall. Our association joined with the Hellenic Community to promote the luncheon as a joint event. As Saint Constantine and Helene Feast Day fell on the Sunday this year it was thought appropriate that the luncheon be held adjoining our Church. The hall was fully packed and very well attended but representation by our Castellorizian members was down on previous years.

The second function was the Friday Night Father/Son/Daughter Dinner held on June 9th and again attendance numbers were down on previous years. However, those in attendance had an excellent evening and was enjoyed by all. It has been suggested that perhaps we may have to reconsider if functions of this nature should continue.

The new honour board project as outlined on pages 14 and 15 of this edition of the *Megisti Messenger* is proposed to be unveiled at our AGM to be held on October 29th commencing at 3.00pm. Please do check what names we have identified so far and notify us of any corrections or additions. We do want this honour board to be correct first up!

Please also support us in the exciting Brides Exhibition to be held commencing November 5th. The exhibition has had to be put on hold previously during this year but it will definitely go ahead on November 5th. Further details are shown on page 17 of the *Megisti Messenger*.

Thank you to all the contributors to our Social News in this edition of our newsletter. We have gone from one page in the last edition to five pages this edition. Well done to the contributors!

SANITATION PROJECT - LATEST

Email from Margarita Kannis



I wanted to send this story if you can use in your newspaper, and the plaque is now attached.

Sylvia Parras was the kick-off donor to renovate the school toilets, and add a toilet for the church. The renovations were completed in time for Easter, in April and in June a plaque was added, thanking all donors for their generosity. The difference it has made to the children (and teachers!) and to church goers is immense.

Sylvia posed with some of the children, as they prepared for the summer closing of the school. Thank you, thank you, thank you! **(From Margarita Kannis)**

CORRECTION AND APOLOGY

In the last edition of the *Megisti Messenger* Con and Olga Kailis' names were omitted in error on the Sanitation Project donor list.

FRIDAY MEN'S HAPPY HOUR

Compiled by Allan Cresswell

Every Friday evening commencing from 5.30pm for a 6.00pm start we have a Men's Happy Hour. The only exception is Easter Friday, plus our break for the Christmas/New Year period. We also hold Husband/Wife, Father/Son and Father/Daughter nights throughout the year which are advised through the *Megisti Messenger*.

Most meals are Greek based and are three courses plus Bread, Fetta and Olives. Refreshments are also included in the very reasonable cost of only \$35. As you can see by the photos on Page 1 of this edition of the *Megisti Messenger* the meals are always wonderful and well received by those in attendance.

Numbers attending average around 20 to 25 on most Fridays. We are always looking for new people to visit to share a meal, a drink and a yarn. After the main dinner the President gives a short overview of forthcoming Cazzie events, any recent news items including special birthdays, anniversaries and recent deaths within the Castellorizian community. Anyone with special news of interest is also invited to speak.

All chaps are welcome and many non Castellorizian Greeks and non Greeks do attend our evenings. The dinner is over by about 7.30pm so everyone can be home by approximately 8.00pm.

During the AFL season the two TVs are turned on for the Friday night game (sound turned off) so that those interested can casually watch the game if they wish.

If you are interested in coming along or require further information give Allan Cresswell (President) or Jim Manifis (Vice President) a call on 0413958500 or 0433165601. We look forward to seeing you!

DONORS

Our association has received valued and ongoing support by the way of vouchers for our raffles at our regular functions throughout the year. These have been supplied by Theo Kailis of Kailis Bros Leederville of 101 Oxford Street Leederville and Anthony Palassis/Andrew Parissis of Sienna's in Leederville. Their support and generous contributions to our association is very much appreciated.

We also receive wonderful support from Larry Doropoulos of New Look Dry Cleaners of 844 Beaufort St, Inglewood. Larry in recent years has donated the cost of dry cleaning our tablecloths after our functions. A terrific gesture!

PLEASE DO SUPPORT THESE BUSINESSES WHO SUPPORT OUR ASSOCIATION

KASTELLORIZIAN COUNCIL OF AUSTRALIA

Do visit their new website at:

www.kazziecouncil.org.au/

**A great new website with all the latest news,
newsletters and articles**



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NOTICE OF 2017 A G M

**TUESDAY EVENING - 22 ND AUGUST
7.00 PM AT THE
OSBORNE PARK BOWLING CLUB
PARK STREET - TUART HILL**

MEMBERS AND POTENTIAL BOWLERS WELCOME

AN IDEAL PRESENT



An ideal gift or present is our wonderful 'from our GREEK KITCHEN to yours' recipe book which is still available to purchase.

An excellent book for only \$40.

Our third print is available from:

- **Castellorizian House on a Friday Afternoon between 5pm and 7.30pm**
- **Antedote Living – 174 Scarborough Beach Rd, Mt Hawthorn T: 9444 4826 (Cash only)**
- **Anita Verne - 0407922783 or email anita@halmac.com.au**

OUR RESOURCE CENTRE – BOOK PROFILE



Profiled by Lefki Kailis
Librarian of the
Castellorizian House of
WA collection

August 2017

Pearn, John Hemsley AM KStJ, RFD & Efstathis, Vlas Pitsonis AOM CKStJ, RFD (1999) The Knights' Castle on Kastellorizo., Amphion Press. Brisbane Australia.

You have probably visited the heart shaped island, Kastellorizo? You may have seen the blue and white Greek flag as you glide into the harbour? What do you know about the building where the flag is flying? Some refer to as the castle. The red castle in fact, a possible genesis of the island's name Kastellorizo (Καστελλόριζο). You may know where the castle is and that it was built by the Crusader Knights. You may have walked around it or climbed its walls?

The authors, keen historians, are both medical doctors with extensive military experience. They have been awarded Australian civil honours for their community contributions. At the time of publication Major General John Pearn a distinguished Surgeon General of the Australian Defence Force, a founding member of the Hippocratic Foundation of Kos, and Professor at the University of Queensland has written 15 books and 50 chapters on the History of Medicine. Colonel Vlas Pitsonis Efstathis was a Commissioner of the St John Ambulance of Australia and had given a lifetime of service to the Royal Australian Medical Corp. Both his parents, born on Kastellorizo, migrated to Australia before the Second World War.

This compact book, of around 80 pages, will take you past the ageing stones of its walls into its history and residences. It has an easy to read text with ample illustrations and photographs. Photographs are in colour or black and white. The black and white line illustrations refer to woodcuts and an early functional floor plan of the castle.

Topics covered include: The Knights of St John; Kastellorizo: a Knight's Perspective; The strategic importance of Kastellorizo; The Knights' Castle – the fabrication and the building; The Castle as defence; The Castle through the centuries; and the Castle today.

It contains an extensive chronology from the time of the Bronze age where hill forts were established on the high ground of the Paliokastro (Παλιόκαστρο or Παληόκαστρο, meaning "old castle") around 2800-1100BC through the crusades and until 1948 when Kastellorizo was returned to Greece. Finally the authors in an end-piece describe the literal and symbolic meanings of the emblem of Kastellorizo - the heart and the anchor.

These small but informative essays add to our knowledge and understanding of the icon of the island 'The Knights' Castle'. Although it's published in 1999 it is worth reading and/or purchasing. It will add value to your collection of books on Kastellorizo.

This title is available from Castellorizian House, Mt Hawthorn for \$20

DR STAN'S MEDITERRANEAN CORNER

In a previous edition of the MM, Dr Stan elaborated on the principles of the Mediterranean diet. He will now begin a series related to the quintessential Cretan Style Mediterranean Diet.

Cretan Mediterranean Diet

In summary the Mediterranean Diet is mostly vegetarian where fruit and vegetables provide vitamins, fibre. Minerals and antioxidants are eaten daily. Independent research has shown that eating 500grams (half a kilo) of vegetables a day increases longevity, reduces the risk of heart disease, some cancers and other chronic medical conditions. Similar results have been found for those that regularly partake the Mediterranean diet. My Grandmother's Castellorizian eating pattern was similar to that of Cretans.

The daily diet included around 75 to 90ml (5-6 tablespoonfuls) of extra virgin olive - rich in healthy fats and antioxidants - as the main fat source. Occasional intake of nuts especially walnuts provided essential polyunsaturated fats. Seasonal fruits and vegetables were eaten daily, either raw, as salads or hot dishes. Contrary to what you may read or hear, cooking with olive oil is very safe. Lathera, classical Greek dishes are common in the Mediterranean diet. They are mostly vegetarian made up of one or more vegetables cooked in an olive oil based sauce that often includes tomatoes, garlic, herbs and spices. Prior to the 1700s, new world vegetables, such as tomatoes and potatoes unknown to Greeks, other vegetables such as pumpkin and marrow would have been used. Consumption of unhealthy fats from animals such meat, butter and whole milk is low in the diet however white cheeses eg fetta, myzithra, kopanisti, and yoghurts made from sheep or goat milk were eaten regularly in moderate amounts. Small fish such as tuna, mackerel, herring and sardines were eaten twice week, either steamed or pan fried in olive oil, seasoned with lemon, oregano, salt and pepper provided quality protein and omega-3-polyunsaturated fats.

Small amounts of red meat, most likely goat or lamb was eaten a few times a month or on special occasions. Carbohydrate rich foods eaten daily were: bread; pasta made from wholegrain flour; rice (avgolemonou soup, pilafi and gemista); and occasionally wheat pilafi salad. A variety of pulses - split peas, lentils and chickpea - were consumed regularly as: soups (fasolada, faki, fava); Revrithropites, and boiled beans with condiments and olive oil. As red meat intake was reduced because of availability, pulses filled the gap providing essential proteins, fibre and minerals. Boiled or roasted poultry, when available, was eaten weekly, fortnightly or on special occasions. Of course boiled chicken, chicken stock, rice, eggs and lemon juice were a complete meal when transformed into avgolemono soup.

Sweets such as orange fruit spoon sweets (glyco), katoumari, halva, katiefi, shortbreads or baklava were only eaten on special occasions, as were specific shortbreads (koulouria and avgoules) for Easter. Dried fruit such as figs and dates were eaten occasionally after the meal. During fasting periods meat and animal products were eliminated from the diet and seafood progressively cut out. Daily beverages were mainly water, coffee and herbal teas (sage, chamomile and olive leaf).

Your Olive Tree

It is now late winter so your olive tree is resting waiting and preparing for spring growth and subsequent flowering. Water helps the olive tree to take up manures and the leaves should be a rich olive green. If most of the leaves are yellow-green there is a problem. Make sure that the soil pH is not too acid. The soil pH should be pH 6 -7. For acid soils add crushed lime, about a kilo under the tree. This will release minerals trapped in the soil. If the soil pH is ok, then sprinkle dynamic lifter (5 handfuls), compost or other balanced fertiliser. If the leaves are a good colour just sprinkle 2 handfuls to provide nutrition when spring growth commences. Otherwise not much else to do except some tip pruning and removal of dead or weak wood.

For Further information contact Dr Stan 0414271644 or stan.kailis@y7mail.com

PROPOSED AUSTRALIAN HONOURS BOARD ADJUSTMENTS & UPDATE!

Compiled by Allan Cresswell

The **Australian Honours System** consists of a number of orders, decorations, and medals through which the country's sovereign awards its citizens for actions or deeds that benefit the nation. Established in 1975 with the creation of the Order of Australia, the system's scope has grown since then and over time has replaced the Imperial/British honours system that previously applied to Australians. The system includes an array of awards, both civil and military, for gallantry, bravery, distinguished service, meritorious service, and long service. Various campaign and commemorative medals have also been struck. New honours can be awarded at any time, but conventionally most new honours are awarded on Australia Day and on the Queen's Birthday (as observed in the eastern states).

At the suggestion of our Vice President Jim Manifis we are considering creating an Honour Board to recognize those persons of Castellorizian descent, or their spouse, who have received an **Order of Australia Award** (in Western Australia) since inception in 1975, in the following categories:

- **Companion (AC) in the General Division of the Order of Australia**
- **Officer (AO) in the General Division of the Order of Australia**
- **Member (AM) in the General Division of the Order of Australia**
- **Medal (OAM) in the General Division of the Order of Australia**



AC



AO Female



AO Male



AM



OAM

Contact Allan Cresswell (President) or Jim Manifis (Vice President) on 0413958500 or 0433165601 for any information that may assist this project.

The list needs to include all recipients who are of Castellorizian descent, or a spouse of a Castellorizian, and who received the award in Western Australia. A preliminary list has been prepared on the next page for checking by our members to ensure all necessary persons are recorded and the information is correct.

It is now also intended to include those persons of Castellorizian descent or their spouses who have been awarded a **Most Excellent Order of the British Empire** (in Western Australia) which is awarded in the following categories:

- **Knight Grand Cross or Dame Grand Cross (GBE) of the Most Excellent Order of the British Empire**
- **Knight Commander or Dame Commander (KBE/DBE) of the Most Excellent Order of the British Empire**
- **Commander (CBE) of the Most Excellent Order of the British Empire**
- **Officer (OBE) of the Most Excellent Order of the British Empire**
- **Member (MBE) of the Most Excellent Order of the British Empire**



CBE



OBE

PRELIMINARY LIST

1971 Theodosios J Kannis BEM
 1975 Byron A Kakulas AO
 1976 Leslie N Aris AM
 1978 Theodosios J Kannis OBE
 1979 Michael G Kailis CBE
 1979 Patricia V Kailis OBE
 1981 Marcus Liveris OBE
 1982 Michael A Michael OAM
 1983 Pelagia P Kakulas OAM
 1993 Michael G Kailis AM
 1994 Constantine A Michael AM
 1994 Theodosios J Kannis AM
 1996 Kenneth C Michael AM
 1996 Jessie Zempilas OAM
 1996 Patricia Kailis AM
 1996 Constantine G Kailis OAM
 1998 Anthony Michael OAM

1999 Despina Kalaf OAM
 2000 Peter A Panegyres AM
 2001 Constantine A Michael AO
 2001 Bernadette Giambazi AM
 2002 John M Papadimitriou AM
 2006 Michael S Lekias AM
 2006 Kenneth C Michael AC
 2008 Arthur M Athans OAM
 2008 Despa McDonnell OAM
 2009 Michael M Tsolakis OAM
 2010 Michael A Kakulas OAM
 2011 Terence K Pitsikas AM
 2012 Jack G Kyros OAM
 2012 Emanuel A Petrelis OAM
 2015 John N Yiannakis OAM
 2016 Barthalamos P Kakulas OAM

PLEASE NOTE

Contact Allan Cresswell (President) or Jim Manifis (Vice President) on 0413958500 or 0433165601 for any corrections or additional information that may assist this project.

IN MEMORIAM DONATIONS

Compiled by Allan Cresswell

In years gone by it was quite the norm for our members to make a 'In Memoriam Donation' to honour either a deceased Castellorizian Association Member, a Family Member or a Friend. The donation was made direct to our association and the family of the deceased received a letter advising of the donation made. This procedure still applies today but donations have declined considerably in recent years. Many of our younger generation may not be aware of this longstanding tradition in place to honour a deceased person.

During 2017, and to date, the following In Memoriam Donations have been made to our association:

DATE	DONORS	IN MEMORY OF
30 March 2017	Nellie & Bartley Kakulas	Arthur Athans
2 May 2017	Lola & Michael Tsolakis	Angelo Mavromatis
9 May 2017	Dr Stan Savas	Angelo Mavromatis
30 June 2017	Mary & Nick Nicholas	Theo Palassis
12 July 2017	Nellie & Bartley Kakulas	Theo Palassis

It was suggested by our Treasurer, Stan Kailis, that perhaps we should consider creating an In Memoriam Garden or a Reflection Garden within our association's outdoor area to commemorate deceased persons, who came from both within our association membership and the wider Castellorizian Community in WA.

Suggested ideas included an area of garden set aside which might include a plaque, a landscaped area, a path, a bench seat and various plants and ground cover. This would be a beautified area dedicated to the memory of deceased persons and would be maintained and enhanced by our gardener on an ongoing basis.

Not only would it beautify a portion of the outdoor area of our premises but it would give better acknowledgement and substance to donations made.

One area suggested is shown in the photograph below. This would be an ideal position which needs further investigation. Another area is along the Anzac Road side of the building, at the Western end of the property. Our committee sees the merit of creating an In Memoriam Garden but needs to await the outcome of proposals about to go to the Council for possible renovations to our kitchen. The area in the photo below may be effected by these proposed renovations.



Stan Kailis viewing a potential area to create an In Memoriam Garden

CASTELLORIZIAN BRIDES EXHIBITION

Compiled by Allan Cresswell



Γυναίκα φορεσιά νύφης Καστελλόριζου.
Woman's Castellorizian dress bride's.

The Castellorizian Brides Exhibition, although deferred previously in 2017, will definitely proceed from Sunday November 5th 2017. The exhibition will be officially opened at 2.00pm that day.

Castellorizian House will display the exhibition through to Saturday November 11th, and in addition to the opening day, the exhibition will be available to be viewed on the following days:

Tuesday	November 7	2.00pm to 5.00pm
Wednesday	November 8	2.00pm to 5.00pm
Thursday	November 9	2.00pm to 5.00pm
Saturday	November 11	2.00pm to 5.00pm

The exhibition held throughout the week will have the following items on display:

- Photographs of Castellorizian Weddings held on the island
- Photographs of Castellorizian Weddings held in Western Australia (to 1960)
- Photographs of early Castellorizian Weddings in the wider Diaspora
- Videos and Photographs of Castellorizian Women dressed in traditional wedding dresses
- Images of all Castellorizian Wedding Dowry Contracts (1895 to 1930)

In addition, the following is proposed on the Opening Day:

- Official Invitations to Invited Guests
- Official Opening of the exhibition
- Adults and Children dressed in various traditional clothing
- Afternoon Tea at the conclusion
- Five minute talks on the following (guest speakers):
 - Betrothal and Marriage – Castellorizian Style
 - Wedding Dowry Contracts
 - Perth Castellorizian Weddings at the Embassy and Anzac House

The Museum Sub Committee is seeking members and children of our association to be in traditional clothing on the opening day. This will add significantly to the atmosphere on the day.

Also if you have Castellorizian Wedding Photographs (taken prior to migration to Australia or prior to 1961 in Western Australia) that you would like to be including in the exhibition, then contact Allan Cresswell on 0413958500 (after Sep 11).

Additional information will appear in the next edition of the Megisti Messenger (due out Oct 3rd).

CAZZIE COOKING CLASSES

Photos and Article Courtesy Helen Anastasas

On Saturday the 13th May Lissa Chester, one of our more recent members demonstrated how to make burek. It is filled pita that is baked and can be made in different ways by people from the northern part of Greece. Lissa showed an easy method of making and rolling pita dough and then filled it with a very tasty savoury meat filling. The dough was made in two different ways, Lissa made it in a thermomix and Michelle Elias who assisted demonstrated the traditional way by hand.

On the 15th July Mary Raftopoulos kindly offered to demonstration her baklava cheesecake and baklava ice cream recipes. It was wonderful experience to see two great desserts made incorporating a very popular Greek sweet. They were both very impressive when completed and an audience of 60 enjoyed the tasting session.

A special thank you once again to Lissa, Michelle and Mary for their informative and wonderful classes which were thoroughly enjoyed by everyone present.

BUREK CLASS PHOTOS DEMONSTRATED BY LISSA CHESTER AND MICHELLE ELIAS



BUREK CLASS PHOTOS - CONTINUED



BAKLAVA CHEESECAKE AND BAKLAVA ICE CREAM DEMONSTRATED BY MARY RAFTOPOULOS



EDITORS NOTE:

Anthea and Dot of Antedote Living have generously offered to sell our recipe book in their gift shop without commission, so I would encourage our association to support them also.

They have already sold over 100 recipe books for us and are to be congratulated for assisting us to promote and market our book. Please note that the books can be purchased from Antedote Living by 'cash only'.

BAKLAVA CLASS PHOTOS - CONTINUED



DO YOU HAVE AN INTERESTING STORY OR PHOTO THAT WOULD BE SUITABLE TO INCLUDE IN THE *MEGISTI MESSENGER* NEWSLETTER?

We are always seeking articles/stories and photographs to include in the *Megisti Messenger*. Items of interest may be family stories, historical information or an event relating to Castellorizo or early days in Australia.

If you have an item you believe may be suitable then do contact the editor, Allan Cresswell, to discuss. Email cressie@castellorizo.org or ring on 93057954 or mobile 0413958500. Allan will be overseas from Aug 15th to Sep 11th.

PRE MOTHER'S DAY BREAKFAST AT ZAMIA MAY 6TH 2017 THE CASTELLORIZIAN LADIES 'MEGISTI' WA

Photos provided by Margaret Bellos



MEMBERSHIP SUBS ARE NOW DUE

Invoices are included in this edition of the *Megisti Messenger* for annual subscriptions due for the 2017/2018 year. Subscriptions are due on July 1st of every year.

If an invoice is not included with the *Megisti Messenger* then your membership is current.

Many members are yet to pay their current subscription and most do so on the issue of the invoice, but in some instances still have not paid their 2016/2017 membership fees.

If you have a query regarding your fees please contact our Treasurer Stan Kailis on 0414271644 or email him at stan.kailis@y7mail.com

Most of the membership fees are applied against the printing and postage costs for the quarterly *Megisti Messenger* newsletter.

ARE CIVIL RECORDS AVAILABLE ON CASTELLORIZO?

By Allan Cresswell

In the 1980's my mother decided to visit Castellorizo after migrating from the island more than 60 years earlier. Mum was born on Castellorizo in February 1923 and had migrated to Australia with her parents and siblings in 1928, settling in Perth Western Australia.

When Mum approached the authorities to obtain an Australian passport to travel overseas she immediately struck a huge problem. She did not have a birth certificate to validate who she was. She had arrived in Australia on her parent's passport in 1928, as she was only five years old at the time.

Mum immediately wrote to the Castellorizian Authorities in search of her birth certificate. She received a letter to advise that all the records were destroyed during World War Two. Knowing the devastation and extensive fire that occurred on the island during the war this seemed feasible. So Mum resorted to detailed statutory declarations to satisfy the Australian Government to issue a passport. My Mother and Father then were able to visit Europe, and Castellorizo in particular.

Three years after my Mother had passed away I visited Castellorizo for the first time in 2008. Whilst there I attended the Castellorizian Council Offices to inquire if there was a possibility that the civil records may have survived or had since been located. I was advised that no records remained that related to births on the island. This information confirmed what my mother had found out some thirty years earlier!

Then in 2010 we again travelled to Castellorizo and I was advised by a friend on the island that records, and in particular birth records, were available – but were difficult to obtain. I decided not to pursue the matter with the council on this visit but would do so next visit after obtaining some advice on the best way to approach this.

In 2012 we again visited Castellorizo and I now had a plan to somehow convince the council to provide my Mother's birth records to me. I was going to tell them that I could not get a Greek Passport because I could not prove that my Mother was born on the island without her birth records.

However, prior to going to the council with my new request I was advised that an employee of the council may assist as she was a distant cousin of mine. So I visited this person who was in a separate office to the main council offices. She listened to my request about my prior failed attempts to get a Greek Passport and advised that she would certainly assist me to prove my connection to the island. She picked up the phone and discussed in Greek something to another person on the phone. I was then advised that a woman was waiting at the council offices to assist me. This was terrific! At last some possibility of obtaining my Mother's birth certificate!

I was greeted at the main council offices by a lady who said she would help me find my mother's document. Help at last – I was thrilled!

"What is her surname and year of birth", I was asked. "Her maiden surname was Karasavas and she was born in 1923", I replied. Then to my amazement the lady went onto her computer and began searching. "I am sorry but I have no one by that name listed", she advised. "Perhaps her birth may have been under the surname of Agapitos", I replied. She again searched the computer but came back with a negative result, according to her.

Here I was being helpfully assisted but without any success. The disappointment must have been showing on my face as she said, "Perhaps it has been missed and I will check the actual records". She drew my attention to a group of large books on a shelf on the wall and began searching through them.

Then the lady announced that the years 1923 and 1924 were missing from the collection. This was heartbreaking. Why were these years missing? So close and yet without success. What had happened to these missing years? I thanked her for her assistance and left the council offices very disappointed.

I returned to our apartment and thought over what had just transpired. Then the penny dropped. The island was given to Italy in 1923 and most likely their own officials were now recording the information. I was aware that the Italians did give back some administrative controls to the locals a few years later. The 1923 and 1924 volumes were most likely kept by the Italians during those early years and that is why the documents were no longer at the

council offices. It sounded feasible to me and I was convinced that I had done all I could to obtain my late Mother's birth records.

Fast forward to June 2014! I was discussing the missing birth records with a friend from Sydney via email. He was about to visit Castellorizo and he stated that he would have a further look for me as he believed the records were all there at the council offices.

On 17th July 2014 I received the following email:

Subject: Voila!

Message: Let me know if you need any help deciphering it...

Attachment:

53

ΛΗΞΙΑΡΧΙΚΗ ΠΡΑΞΙΣ ΓΕΝΝΗΣΕΩΣ

Αρ. ἀριθ. 27.

Εν Καλλιμαχίᾳ σήμερον τῆν Δευτέρα μηνὸς Μαρτίου
τοῦ χριστοῦ ἐνταυτοῦτοῦ εἰκοστοῦ Ἰουλίου 1923 ἔτους, ἡμέραν τῆς εβδομάδος
Μέγας καὶ ὥραν 4. μ. μ. ἐν τῷ δημοτικῷ καταστήματι, ἐνώπιον ἐμοῦ
ἐν Ἰωάννῳ Διαμαντῇ ληξιαρχοῦ τοῦ Δήμου Μυτιλήν Κωνσταντῖνος Φυμενίου
ἐπαρτίσθη ὁ Ἰωάν. Παρ. Νικολάου καὶ ἐδήλωσέ μοι Καρανῖν
ὅτι τὴν 25^{ην} μηνὸς ἐνεστώτος ἡμέραν Κυριακῆς καὶ
ὥραν 10. π. μ. ἐγεννήθη ἐν τῇ οἰκίᾳ τοῦ Ἀποστόλου Λύκου Καρανῖθα Νικολάου
καί μιν ἐνταῦθα καὶ ἐν τῇ ἐνέργειᾳ τῶν πατρῶν ἐφημερίῳ τοῦ ἐνταῦθα ἱεροῦ
Νέστ ἐκ τῆς συζύγου αὐτοῦ Ανδριάς μεθ' ἧς συνοικεῖ. Ὅθεν
βεβαιωθείς περὶ τῆς γεννήσεως, συνέταξε τὴν παροῦσαν ληξιαρχικὴν πράξιν γεννήσεως, ἥτις ἀνα-
γνωσθεῖσα εὐχαρῶς παρούσῃ τῶν μητέρων κυρίων Κωνσταντῆς Φυμενίου ὀνομάσθη Ἰωάνη ✓
Γεωργιάδης ἐν ὀνόματι τοῦ ἁγίου καὶ ἁγίας Κυριακῆς
Φυμενίου καὶ Νικολάου
καὶ τοῦ δηλώσαντος Ἀρχιμαντῆρος Παρθένου Νικολάου ἐνεργήσῃ παρ' αὐτῶν
καὶ, παρ' ἐμοῦ καὶ παρὰ τοῦ δηλώσαντος.

ΣΗΜΕΙΩΣΕΙΣ

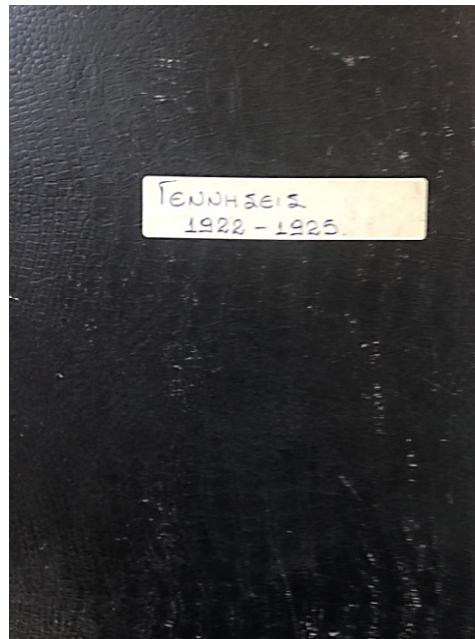
Τῇ 28^ῃ

μηνὸς Ἀπριλίου
καὶ ἰδίου ἔτους βαπτισθὲν τὸ
παιδίον ἐπὶ ἀναδόχου τῆς
Κωνσταντῖνος Φυμενίου
Καρανῖν
διὰ τοῦ ἱεροῦ Ἀρχιμ. Παρθένου
Νικολάου
ἐφημερίου τοῦ ἐνταῦθα ἱεροῦ
ναοῦ _____
ὀνομάσθη Ἰωάνη ✓
Ὅθεν καὶ προσυπογράφει-
ται ἡ παροῦσα.

Ὁ ληξιαρχος
Κωνσταντῆς
Ὁ ἱερεὺς
Ἰωάν. Παρ. Νικολάου
Ὁ ἀνάδοχος

Ὁ δηλώσας
Ἀρχιμ. Π. Νικολάου
Ὁ ληξιαρχος
Κωνσταντῆς
Οἱ μάγιστρος
Κωνσταντῆς
Πάρος Βασιλείου.

Later that day the following image was also sent through via email. It is the cover of the applicable volume:



This was amazing! After 91 years I now had in my possession my Mother's birth record. I showed it to Doctor Paul Boyatzis at Castellorizian House one Friday evening in 2014 and he later came back with the following translation:

REGISTRY CERTIFICATE OF BIRTH

REGISTRATION No. 27.

TODAY IN KASTELLORIZO AT 4 PM. ON THURSDAY 15TH MARCH 1923 AT THE COUNCIL OFFICE AM IN MY PRESENCE, IOANNIS (JOHN) DIAMANDIS, THE REGISTRA OF THE DEMOS (COMMUNITY) OF HEGISTI ATTENDED ARCHIMANDRITE, PARTHENIOS NIKANDROS AND NOTIFIED ME THAT ON SUNDAY AT 10 AM ON THE 25TH OF THE PRESENT MONTH WAS BORN AT THE RESIDENCE OF AGAPITOS KARASAVVA A FEMALE CHILD TO HIS WIFE ANASTASIA WITH WHOM HE LIVES.

I CERTIFY THE BIRTH WITH THE PRESENT REGISTRATION AND WITHIN THE PRESENCE OF THE FEMALE WITNESSES
 THE SECRETARY OF THE COUNCIL OF AND LAZOS VASILIOU AND OF THE PERSON NOTIFYING, ARCHIMANDRITE PARTHENIOS NIKANDROS - WHO WHO SIGNS WITH THEM & MYSELF

ON THE 28 OF APRIL OF THE SAME YEAR WAS BAPTIZED THE CHILD WITH THE GODPARENT BEING KOSTANTINA DIMITRIOU KARANDONI BY THE PRIEST ARCHIMANDRITE PARTHENIOS NIKANDROS, THE PRIEST OF THE CHURCH AND THE CHILD WAS NAMED XANTHI

THIS DOCUMENT IS SIGNED BY -
 THE REGISTRA
 I. S. DIAMANDIS
 THE PRIEST
 ARCH. PARTHENIOS NIKANDROS
 THE GODPARENT
 ?

THE NOTIFIER
 ARCHIMANDRITE P. NIKANDROS

THE REGISTRA
 IOANNIS DIAMANDIS

THE WITNESSES
 LAZOS VASILIOU

And the answer to the question posed in the title of this article - Yes historical civil records do still exist on Castellorizo!

NOTE: Names of those persons who assisted in the search have been deliberately omitted. I also make no comment or assumptions as to why this birth record was difficult to obtain yet had existed all this time on Castellorizo.

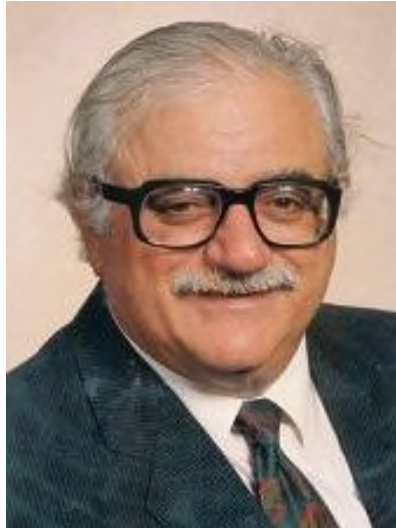
PHOTOS FROM DAYS GONE BY

Photos Courtesy Jack G Kailis

WA Hellenic Football Team Visiting Melbourne 1957



CAZZIE TRIBUTE



Compiled by Allan Cresswell from various sources including West Lion Publication and various Internet Websites.

Dr Michael Simon Lekias AM

Michael Simon Lekias was born in Perth on 13th August 1931 to Simon and Despina Lekias (nee Marco). Michael's siblings are John (dec), Mina (Hanos), Basil (dec), Jack (dec), Nicholas and Maria (Smith).

Michael attended Highgate State School and Christian Brothers College, before completing his first year Science at the University of Western Australia in 1948 to enable him to enter the Faculty of Medicine.

He then moved to South Australia as WA did not have a medical school, where he completed his Bachelor of Medicine and Bachelor of Surgery at the University of Adelaide. Michael married Rina Pennello during his third year of medical school. On returning to Perth he established a medical practice on Albany Highway where he practiced for over fifty years. Michael and Rina raised four children, Simon, Nadia, Michelle and Melissa.

Michael's interest in sport began at an early age where he participated in swimming, athletics, boxing and football during his school years. At CBC he captained the college eighteen for several years. At university he played football and rugby union for the University of WA and Adelaide. He later became the club doctor for the East Perth Football Club and a staunch member of the WAFL.

He became an invaluable member of the advisory panel to administer the City of Canning in 1991. In 1992 Michael nominated for the position of Mayor of the City of Canning and he was elected with an overwhelming majority. He held this most important position from 1992 until 2009.

During his many years of service to the community at large he has held numerous positions on many organisations that include Patron of the Corinthian Park Tennis Club, Parkwood Tennis Club, Willetton Bowls Club, Willetton Sports Club, Bentley Cricket Club, Canning T-Ball Club, Cannington Bowling Club, Shelley Sailing Club, Queens Park Soccer Club and Social Club. Michael also held the position of Vice President of the Activ Foundation Inc and the Canning Districts Amateur Athletics Club.

He was President of the Hellenic Community of Western Australia for almost ten years. Michael also founded the Greek Australian Professional and Businessmen's Association of which he became the inaugural President. He was also the Chairman of the Organising Committee for the Greek Festival and Glendi. Another wonderful award was him becoming an Honorary Life Member of the Floreat Athena Soccer Club after having been their President for eight years.

He also gave many years service to St John Ambulance Brigade in East Victoria Park as a Divisional Medical Officer. Michael was also an examiner for the State Nurses Registration Board for two years and a member of the Medical Advisory Committee of Bentley Hospital.

In 2006 Michael was awarded a Member of the Order of Australia (AM) and his Citation stated: For service to the Greek community through a range of business, cultural, sporting and welfare organisations, to local government, and to medicine.

Michael has had a long and strong association with the Lions Clubs of Lynwood/Riverton and the combined club of Canning City. He has been instrumental in facilitating and providing opportunities for these clubs to participate in numerous community events and activities. In 2009 he received The Lions Exemplary Award.

What better praise can be offered than noted in Hansard by members of both sides of the house – “Dr Lekias – a great West Australian”.

The Castellorizian Association of WA salutes Dr Michael Simon Lekias for his longstanding service, commitment and contributions to the community of Western Australia.

1943 NEWSPAPER ARTICLE ABOUT CASTELLORIZO

Sourced and provided by John Yiannakis

Good News From “Isle Of Unrest”

News that British forces have occupied Castellorizo, often termed “the isle of unrest”—is of special interest to the Greek community of Western Australia.

It is estimated that 80 per cent. of the Perth Greek community, numbering about 2000, were born in this, the most easterly island of the Dodecanese group in the Aegean Sea.

Some aspects of Castellorizo's turbulent history, the industry and customs of its people, were mentioned today by Messrs Michael Hatzi Michael, treasurer of the W.A. Hellenic Association and John Aris, for many years member of the Greek community committee, and vice-president of a fund for the assistance of oppressed Greece.

They said that their countrymen here hailed the occupation as the first step on the road to the liberation of Greece from the Axis forces.

Since the outbreak of war local Greeks had occasionally got messages from their relatives on the island. These came through Spain and America, but contained little news beyond the fact that the islanders were faring as well as might be expected under conditions which were none too happy for them.

When British forces landed on the island early in 1941 Perth Greeks held a celebration, but it was afterwards found that this force was put ashore simply to wreck installations, and then withdraw.

“ROAD TO LIBERATION”

After that raid many of the islanders were persecuted by the Italians for having aided the British, and for having indicated their sympathy with the Allies by destroying posters of Mussolini and other emblems of the Italians.

“We are not celebrating just yet,” said Mr Michael, “but we feel this latest news means the British will take over the whole Dodecanese group and that will put them on the road to the liberation of all Greece.”

He and Mr Aris pointed out that the islanders depended for their livelihood to some extent on the remittances sent to them by their relatives abroad. There are many expert sponge divers in the island who nor-

abroad. There are many expert sponge divers in the island who normally operated extensively at Mersa Matruh.

Many of them depended on the operations of a fleet of sailing vessels which in normal times plied between the ports of various Mediterranean countries.

Castellorizo was originally Turkish, although almost completely inhabited by Greeks. During the 1912-13 Greco-Turkish war, Greek revolutionaries landed on the island, which was, later, formally annexed on behalf of King George I of Greece. On December 15, 1913, the island was taken over by the French on the understanding that Greek sovereignty would be restored after the Great War.

During the war the island was heavily attacked by the Turks from their coast five miles away and from the air. In the peace settlement, however, the island was handed over to Italy, in whose hands it remained until captured by British forces last week.

During the periods of war and occupation the population declined from the original 12,000 to about 2000, many of the inhabitants emigrating to Australia in the hope of finding peace.

Article appeared in the Daily News
on 22nd Sep 1943

TAVERNA - RESTAURANT

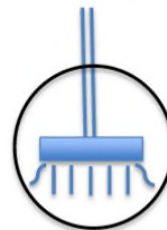
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