

# Megisti Messenger

December 5<sup>th</sup> 2017 Volume 11, Issue 1

CASTELLORIZIAN ASSOCIATION OF WA COMMITTEE 2017/2018 (See AGM report on Page 8 &9)



Back Row: Steve Filmer, Prokopi Koutlis, Stephanie Meagher, Helen Anastasas & John Gelavis Front Row: Allan Cresswell, Anita Verne, Stan Kailis, Jim Manifis, Sion Xanthis & Angela McGrath

## **UNVEILING OF HONOUR BOARDS (See report on Page 10-11)**



Jessie Zempilas and her Family at the Unveiling of the new Honour Boards

Newsletter of the Castellorizian Association of WA Inc 160 Anzac Road Mt Hawthorn WA 6016 Tel: 94432110

> <u>FORTHCOMING</u> <u>EVENTS</u>

> Family Christmas Function

Friday 15<sup>th</sup> Dec 2017 Commencing 6.00pm See Flyer Page 7

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CONTACT EDITOR ALLAN CRESSWELL 0413958500 / 93057954 cressie@castellorizo.org for submission of any articles or social news

# SOCIAL NEWS

### VALE

Deepest sympathy to the family and friends of:

- **❖** Maria Lucas (nee Gravas) 29<sup>th</sup> Oct 2017
- **❖** Rose Verevis (nee Spartalis) 1<sup>st</sup> Nov 2017
- Evelyn Manolas (nee Vacopoulos) 3<sup>rd</sup> Nov 2017
- ❖ Zeffie Kyriakos (nee Moursellas) 3<sup>rd</sup> Nov 2017
- **❖** Helen Stamoulis 9<sup>th</sup> Nov 2017
- **❖** Janet Lucas 27<sup>th</sup> Nov 2017 (Alice Springs)

### **BIRTHDAYS**

Congratulations on your Birthday!

- **Chrissie Filmer (nee Palassis) 17th Oct 91 yrs**
- **❖** Tony Bellos 21<sup>st</sup> Oct 80 yrs
- **❖** Michael Tsolakis 22<sup>nd</sup> Oct 96 yrs
- **❖** Rose Kanganas (nee Coufos) 30<sup>th</sup> Oct 80 yrs
- **❖** Eva Peters (nee Kyriakos) 13<sup>th</sup> Nov 90 yrs
- **❖** Barry Filmer 15<sup>th</sup> Nov 91 yrs
- **❖** Jerry Ventouras 14<sup>th</sup> Nov 80 yrs
- **❖** Con Panegyres 3<sup>rd</sup> Dec 94 yrs

### **BIRTHS**

- **❖** Congratulations to Michael and Kellie-Anne Xanthis on the birth of their son, Luca Arie, born 27<sup>th</sup> Oct 2017.
- ❖ Congratulations and best wishes to Stan and Tracey Fotinos (nee Manifis) on the arrival of their son, Michael, born 9<sup>th</sup> Nov 2017. A baby brother for Thespina. Congratulations to proud Grandparents Despina Fotinos and Michael and Faye Manifis.

### WEDDINGS

Congratulations to Kristie Tsolakis and Mourad Ishak who married on the 19th Nov 2017 at the Greek Orthodox Church of Evangelismos. Kristie is the daughter of Max & Rosalyn Tsolakis.

### WEDDING ANNIVERSARY

Congratulations to Chris and Irene Drimatis on their 49<sup>th</sup> wedding anniversary on Nov 24<sup>th</sup> 2017.

# CONGRATULATIONS

Congratulations to Georgia (nee Kounis) and Andrew Bouhlas on the safe arrival of baby **Calvin Andrew Bouhlas**. He was born on 20<sup>th</sup> October 2017. Named after very proud Papou Kevin Komninos Kounis.





# **CONGRATULATIONS**

**Article and Photos Courtesy Phyllis Samiotis** 

Congratulations and best wishes to Sef Lazarakis who has been accepted as a Queen's Baton Relay Bearer for the Commonwealth Games Gold Coast 2018. Sef has been given this honour for her 44 years of time keeping for the WA Athletics Association. She will take part in the Baton Relay at the WA Athletics Stadium on February 25<sup>th</sup> next year, as it travels through Perth, on the way to the Gold Coast for the Commonwealth Games. An honour well deserved.





### Persephone Lazarakis "Lady with the Baton"

Sef Lazarakis started timekeeping for Athletics in 1973 at Perry Lakes Stadium and continues to the present day at the WA Athletics Stadium in Floreat Park. This came about due to her eldest daughter Phyllis becoming heavily involved in Athletics because she showed a lot of potential in middle distance running. Sef was involved in the ten years of Phyllis's commitment to her Athletics career and continued time keeping after Phyllis's retirement from the sport. This has resulted in Sef timekeeping for a total of 44 years. Sef has achieved the level of Chief Timekeeper and has officiated at various meetings, from State level to National level and International level

Apart from her time keeping duties she has also been a Manager of the State Sub Junior Girls Track and Field team which competed in Adelaide in 1979. She has attained Life membership with the Northern Districts Women's Athletics Club (of which Sef held Vice President's and Treasurer's positions) also with the Western Australian Athletics Association.

Athletics was not Sef's first involvement in sport. She has also been a coach for a Hellenes Netball team and a scorer for a Nollamara Softball team of which her daughters Phyllis and Catherine were participants.

Sef has also enjoyed the social aspects of her involvement in sport and realises how important volunteers in sport are. She is a wonderful example of this rewarding role, of which the 44 years of time keeping is her highlight. Sef has recently been rewarded by the Western Australian Athletics Association by being nominated and chosen to be a Queen's Baton Bearer for the Gold Coast Commonwealth Games in 2018.

This is a wonderful honour of which she and her family are very proud.



# A WEDDING ANNIVERSARY CELEBRATION TO BE REMEMBERED

**Article and Photos Courtesy Jessica Pritchard** 

Tony and Jessie Zempilas (OAM) celebrated their 63rd wedding anniversary on the 6th of June. Married in 1954, their anniversary this year was marked with acknowledgement in the form of cards and letters from dignitaries such as the Prime Minister, The Governor General and the Queen. Tony and Jessie have recently returned after almost 10 weeks in Rhodes and Kastellorizo and hope to be back again in 2018 to celebrate Tony's 90th birthday on June the 9th.





# 2017 HIA Perth Housing Awards



Basil Zempilas was Master of Ceremonies at the 2017 HIA Perth Housing Awards in October with over 1000 people in attendance. With him are John Gelavis, HIA Executive Director, and wife Desiree Gelavis, interior designer. John is a committee member on the Castellorizian Association. Desiree has given much invaluable advice and many volunteer hours to the kitchen renovation project for Castellorizian House.



**Article and Photos Courtesy Con Kailis** 

A Buffet Luncheon was organized at the Epicurean Restaurant on 14<sup>th</sup> October 2017 celebrating persons born in 1937 (80<sup>th</sup> birthday). A great day was enjoyed by all.







### MARIA WITH HER YELLOW BOWLS

Written by Anita Verne

Maria Lucas passed away suddenly and unexpectedly at home on 29th October. She was a generous soul. Maria offered to take me under her wing and into her lawn bowls team at the start of season last month, and teach me how to bowl. Now that will not be.

When Nicholette Litis and Christina Drimatis told me the following lovely tale about Maria, I thought of the first line in a song we learnt at Greek School: "Μαρία με τα κίτρινα..."

"Maria has been a member of the Hellenes Bowling Club for many years," said Nicholette. "Maria loved her bowling and rarely missed a night. She was caring and always took the time to ask after one's family. She had such a bubbly personality and was always full of laughter – she brought much happiness to our club. We always knew where she was as her loud voice carried right across the green.

Some years ago she invested in new bowls and decided to go with "bright yellow bowls". It was only after her purchase that she realised how noticeable they were. Christina told her they looked like a canary. "Now everyone will know they are my bowls going all over the ground!" she said with a chuckle. "But at least they'll see when it's MINE touching the jack!"

She will be sadly missed.

# THEO ANTHONY PALASSIS 1939 – 2017

Nellie, Bartley and Family wish to thank you all for your very kind expressions of sympathy in the sad passing of Nellie's brother Theo.

Your support and concern was greatly appreciated.

# Castellorizian House Hire

Contact House Manager Sion Xanthis: mobile: 0417326271 or email <a href="mailto:sios@iprimus.com.au">sios@iprimus.com.au</a>

TYPE OF HIRE	RATE		
Casual hire, seminars etc., up to 3 hours	\$150	Members	\$100
Casual hire, parties, reunions etc., 3 hours and over. Cost =	\$350	Members	\$250
Bond required for extended events =bond =	\$500	Members	\$350
Kitchen use	\$50		
Cleaning	\$50		
Regular weekly or monthly hire.	POA	_	•

Castellorizian Association of WA Inc Contacts:

Stan Kailis (President) - 0414 271 644

Jim Manifis (Vice-president) - 0433 165 601

Anita Verne (Secretary) and seller of recipe book - 0407 922 783 anita@halmac.com.au

Allan Cresswell (Treasurer) - 0413 958 500 cressie@castellorizo.org

Sion Xanthis (House manager) - 0417326271



# **AGM 2017**

The Castellorizian Association of WA AGM was held on Sunday 29<sup>th</sup> October 2017 to a large crowd in attendance. The meeting was held prior to the unveiling of the new honour boards (see report on pages 10 and 11).



The President, Allan Cresswell, in his report thanked the committee for their continuing commitment and support during the year. He also congratulated the Castellorizian Cooking Classes for a most successful year where a total of over 2250 recipe books had been sold to the June 30<sup>th</sup> financial year. He also made special mention of the ongoing effort by Anita Verne who has arranged the sale of many of the recipe books and all the mailout/postage arrangements for interstate and overseas sales.

Allan also thanked the Castellorizian Cooking Class for the preparation of the wonderful afternoon tea which will be provided at the conclusion of the unveiling of the new honour boards.

The President's Award for 2017 was awarded by Allan to Stan Kailis for his ongoing commitment to the association through his years on the executive committee, firstly as Secretary and recently as Treasurer.



STAN KAILIS RECEIVING HIS AWARD FROM PRESIDENT ALLAN CRESSWELL



THE LARGE CROUD IN ATTENDANCE AT THE AGM

A total of eleven committee members (the maximum allowed) were elected at the meeting. All existing committee members were re-elected and four new committee members, Stephanie Meagher, Helen Anastasas, Steve Filmer and Prokopi Koutlis were elected. The meeting concluded at 3.30pm.

On Monday 6<sup>th</sup> November 2017 a special meeting was held to elect the executive committee for the 2017/2018 year. Allan Cresswell did not seek re-election as President and the following positions were elected by the eleven committee members in attendance:

PRESIDENT: Stan Kailis
VICE PRESIDENT: Jim Manifis
SECRETARY: Anita Verne
TREASURER: Allan Cresswell

In addition, the following duty positions were also approved:

HOUSE MANAGER: Sion Xanthis

MEMBERSHIP OFFICER: Kevin Kannis (not on committee)/Anita Verne/Allan Cresswell

SOCIAL FUNCTIONS: John Gelavis/Angela McGrath

EDITOR: Allan Cresswell

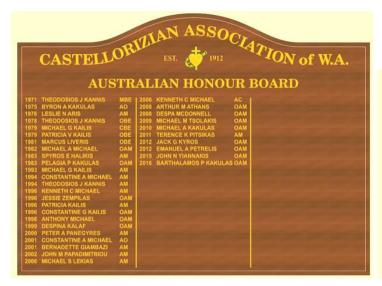
PROPERTY MANAGER: Tony Elder (not on committee)

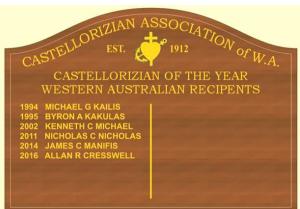
MUSEUM AND ARCHIVES: Allan Cresswell/Stan Kailis/Stephanie Meagher/Tina Kyros/Lefki Kailis

CAZZIE COOKING CLASS: Helen Anastasas KITCHEN RENOVATIONS: Jim Manifis

# **UNVEILING OF HONOUR BOARDS**

Compiled by Anita Verne and Photographs by Steve Filmer and Basil Zempilas





A celebratory afternoon was held by the Castellorizian Association of WA after their AGM on 29 October 2017 to honour a group of special Castellorizians. Two new Honours Boards were unveiled in Castellorizo House by Jim Manifis and Allan Cresswell.

The first was the Australian Honours Board to acknowledge Western Australian Castellorizians or their spouses who have received an Order of Australia or a Most Excellent Order of the British Empire – it listed 34 awards. More than 100 people attended, including many of the award recipients and their families. The second unveiling was for Castellorizian of the Year – Western Australian Recipients. The ceremony was performed by Jim Manifis and Allan Cresswell.

Preceding the unveiling of the Australian honour board, Jim mentioned the contribution that Castellorizians have made to Western Australia over the years. The Association has created the Honour Boards to show acknowledgement and appreciation to these people for their efforts. He described how in future years their descendants will be able to come to Castellorizian House and view the names of people who have given a lot of years of service to the community.

Jim and Allan then moved to the Castellorizian of the Year honours board, where Jim announced that the WA Castellorizian Association was the strongest in Australia and this was due to the dedication of all its members. The board was unveiled to rounds of applause.

The appreciative crowd was served a sumptuous afternoon tea, prepared by Helen Anastasas and the Cazzie Cooking Class which highlighted a Castellorizian specialty – warm Katoumaria!













# **CASTELLORIZIAN BRIDES EXHIBITION**

Compiled by Allan Cresswell and Photos Courtesy Steve Filmer

The Castellorizian Brides Exhibition was held from Sunday 5<sup>th</sup> November 2017 to Saturday 11<sup>th</sup> November 2017 and was a huge success. The exhibition opened on the Sunday afternoon to an audience of about 90 persons. The attendees were initially invited to view the 320 wedding photos on display and then the formal proceedings commenced. Over 100 of the photos on display depicted Castellorizian weddings on Castellorizo, Brazil, Rhodes, USA, Egypt, Palestine and Athens.

President Allan Cresswell officially opened the exhibition and spoke on the importance of such an exhibition to commemorate, record and acknowledge our ancestors by having a pictorial display such as this. He thanked the Museum Sub Committee for their assistance in preparing this exhibition and for their future support during the following week on the various open days. A total of fourteen official guests were invited but only five were able to attend.

At the conclusion of the official opening four guest speakers were invited to the podium to give a two to three minute talk. Jacqueline Bellantoni gave a talk on Castellorizian Wedding Traditions, Allan Cresswell spoke on Castellorizian Wedding Dowry Contracts, Stan Kailis on Castellorizian Weddings in Perth in the 1950's and 1960's and Helen Anastasas spoke on Castellorizian Wedding Sweets.

A big thank you to Jacqueline Bellantoni for her talk (the only non-committee member), Nellie Kakulas & granddaughter Tiana Glasgow for her costume and Pam Andony for her costume.

Thank you also to the Castellorizian Cooking Class, Helen Anastasas & Tina Kyros for making warm Nifi's Halva and Fay Katris for her Custard Horns and Jenny Zounis for the Pasteli. Everyone enjoyed the afternoon sweets.

We received many compliments both verbally and written during the past few weeks detailing how much people enjoyed the exhibition and appreciated it being held.











Tiani Glasgow in her great grandmother's wedding dress. Tiani is granddaughter of Nellie and Bartley Kakulas.



# A LETTER FROM MARGARET PALASSIS

# A Brides Exhibition letter of appreciation

you nov. 2014 Dear Allan Inwelled love to show with you some of the reactions sentiments from my Husbard Jeorge doughts, Vanessa and myself after standing 2 hours at the Bridge Photographic exhibition. This was a process of awakening, a thegger a pressing of buttons. The National Gallery of London is the closest that I can compare. Of 800 gens & made a losting impression the dynamic power at the Carry House was so merting it was liquid gold too much to digest PAUNTING. with such, a gift. It was a celebration of Joy, hove sadness, forgiveness, regret, transformation, It is a sources, porquents regret, man formation, of the display of people that come into my life left display of people that come into my life 14 14 1855. Their mark and moved on Jexcepsized AWARE NESS. Their mark and moved on Jexcepsized AWARE NESS. Their mark and order is worthy and valuable. The Lay Out, Organization is worthy and valuable. The Lay Out, Organization blement of Surprize portrayed Beauty and Order. Stan was a Host worthy of accolades willing, patient courtered, obliging, wonderful cold water polient cources, ourging, wonderfue cond words for a library the Hoppiness, jay unbounded delight, a library the does not entrate enough words to convey the experience. In Eazzy House there was a symphony of experience, In Eazzy Every one of the Dridge Photos of avendless dance Every one of the Dridge Photos of Sand Ethed with a Story with one word enoughed KAT TEMP DITE with one word engraved KAZTEMOPIZO. Vanessa our daughter radiating emberance, exchanging photos, interest Tex messages, phone calls, discouring exchange phone calls, discouring exchange phone calls, discouring exchange phone calls, discouring exchange. I phone calls, discouring exchange phone calls, discouring exchange phone calls, discouring exchange. has been ignited Thank you to all those involved and all the actors that joined me on my journey in life. Love and Light to you all Margaret Palassis

# Dr Stan's Mediterranean Corner

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### TOMATOES AND YOU

This article is about tomatoes and their role in the Diet and Greek Cuisine.

**Tomato History:** Tomato history can be traced back to the early Aztecs around 700 AD in South America. Aztecs were Amerindian people of what is now Mexico that had an advanced civilisation before being overthrown by Spanish conquistadors in early 1500 AD. Its name came from the Uto-Aztecan Nahuatl word, *tomatl*. Other plant based foods eaten by Aztecs included maize (corn), beans and squash together with chillies, limes, potatoes, sweet potatoes, peanuts and chocolate. Aztecs and other Middle-American civilisations used green and ripe tomatoes extensively in cooking.



Wild tomatoes originated in the western part of southern America in an area stretching from southern Columbia to northern Chile and from the Pacific coast to the western foothills of the Andes. The wild tomato was possibly domesticated in Mexico. According to botanists tomatoes are classified as a fruit whereas horticulturalists call them a vegetable. Tomatoes are eaten fresh, raw or cooked. They are preserved as a sauce, tomato paste, sun-dried tomatoes, soups as well as canned tomatoes – whole, sliced or crushed so they can be used at will.

As the tomato plant flourished in Mediterranean climates, it became popular in European countries like Italy. Regardless of who first brought it to Europe, once it arrived, it spread quickly. Tomatoes were rapidly accepted as a foodstuff by Southern Europeans but not as much by Northern Europeans possibly because they thought they were poisonous. We know from experience although the leaves have poisonous alkaloids and to a lesser extent green tomatoes, ripe tomatoes are safe to eat. In general, only poor persons ate tomatoes until the 1800's, especially those living in southern Europe.

How did tomatoes become part of the Greek diet? Some believe the Spanish explorer Cortes was the first to bring the tomato to Europe. But others believe Christopher Columbus may have taken tomatoes to Spain as early as 1493 after his discovery of the New World. Each region of the world has its own tomato history. Tomatoes only started to become part of the Greek Diet in the late 19<sup>th</sup> century. Today Greece is one of the top tomato producing countries worldwide.

**Tomato as a Food:** Regarding cuisine, tomatoes became an essential element of the quintessential Greek salad. Tomato *Gemistes* developed as did summer lathera mixtures of vegetables such as zucchini, okra, green beans and aubergene together with tomatoes and onions sautéd in extra virgin olive oil. It is difficult to believe that today one takes *ladera* for granted. One cannot ignore the Pizza that was invented around Naples in the late 1880's. Story has it that a restaurateur in Naples created them to celebrate the visit of Queen Margarite, the first Italian monarch since Napoleon conquered Italy. These pizzas had three ingredients representing the colours of the new Italian flag: red, white, and green. The red is the tomato sauce, the white was the mozzarella cheese, and the green was the basil topping. Hence, Pizza Margarite was born.

Quality and Composition of Tomatoes: Tomato fruit quality is determined by colour, texture, aroma and flavour. Flavour is pronounced when the red colour, due to the pigments lycopene and β-carotene, is richest and sugar content is at its maximum. Aroma consists of minute quantities of aromatic compounds. If picked green they ripen naturally after several days. Tomatoes contain copper, iron, potassium, magnesium, manganese and zinc, all essential for body functions. Tomatoes also contain Vitamin C, fruit acids, sugars and small amounts of protein. Tomato seeds are rich in polyunsaturated and monounsaturated fats. Lycopene containing foods may also reduce the risk of cancer and heart disease.

**Growing Tomato Plants:** Tomato is the fruit of the herbaceous plant *Solanum lycospersicum* with the domesticated form called *Lycospersicon esculentum*. The cultivated tomato is considered an annual species, best grown in summer, which is mostly propagated from seed or planted as a commercially available seedling. As they are insect pollinated, especially by bees, avoid using chemicals on tomato plants. There are thousands of different types of tomatoes but those commonly available in Australia can be categorised as classic (Mighty red, Grosse lisse, Romano), cherry, plum, beef and vine.

# **CAZZIE COOKING CLASSES**

Photos and Article Courtesy Helen Anastasas

On Saturday 14 October, Evangelia Yiannakis demonstrated a traditional bougatsa recipe and individual bougatsa parcels. Everyone at the class was kept very busy that afternoon and were very happy to take home a great tasting sweet.

The last class for 2017 Voula (Paraskevi) Terzoudi a new member to the group has kindly offered to demonstrate a family recipe of Anomala. The finished sweet is a very different type of Greek shortbread with almonds, sultanas and a warm liquid of brandy, cinnamon and cloves mixed into the dough and then finally shaped in small "hills" before being baked.

Anomala is an example of another great sweet to learn how to make leading up to the festive season.

After the demonstration by Voula there will be a Christmas afternoon tea for all who attend the class.

The ladies of the subcommittee of the Cazzie Cooking Class very successfully catered savouries and sweets at the afternoon tea on Sunday 29 October for the Annual General Meeting and the unveiling of the Australian Honours Boards. Then the following Sunday nifi's halva was served to guests at the Castellorizian Brides Exhibition.

Wishing everyone a Merry Christmas and a happy New Year.



# **CAZZIE COOKING CLASS - CONTINUED**





# **Penglis – The Family from Mugla (Asia Minor)**

Compiled by Dr Paul Boyatzis

For many years (since mid 1950s), the descendants of Apostolos Andoniou Boyatzis (my grandfather) gather socially at various venues, usually on an annual basis, for what has become to be known as the "Boyatzis Family Reunion". Commencing initially at the then popular spot, Mandurah, and later, in turn, at a relative's house, and recently at the congenial Manners Hill Reserve, in Peppermint Grove, when on Sunday 12 November a sumptuous "High Afternoon Tea" was enjoyed, as the accompanying photo shows, by some 70 family members.

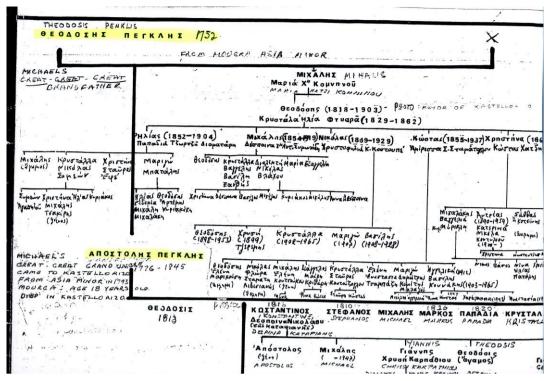


### THE BOYATZIS FAMILY REUNION

The "Boyatzis Family" group includes by marriage the families of Zervos, Lazarakis, Zempilas, Kannis and Komninos. The father of Apostolos (Andonis), by virtue of his trade as a dyer of clothing was known both as "Andonis Penglis (the ancestral surname) and as "Boyatzis" (meaning dyer in Greek). Subsequently Apostolos and his youngest sibling George, adopted the surname Boyatzis (anglisised to "Voyage" by George's family) whist the other brothers continued as Penglis. Apostolos'only sister, Maria, married a Barboutis.

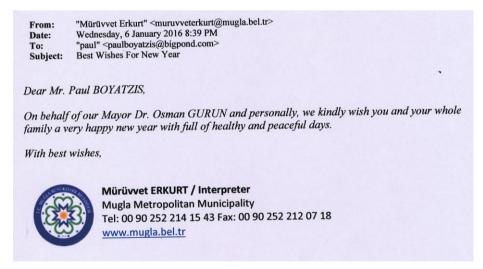
Research by Michael Barboutis, whilst in Rhodos, Greece, some years back, produced the "Family Tree", a copy of which was kindly passed on to me by his dear wife, the late Lily Barboutis. This chart, assisted myself and others, (including Allan Cresswell) \* to search further into the Penglis / Boyatzis Family history. The records indicate some 271 members, arguably one of the largest known Kastellorizian families.

The ancestral tree records the first family member as Theodosis Penglis (born 1752 in Mugla, Asia Minor... now Turkey), who migrated to Kastellorizo as a young adult. This Theodosis Penglis is not to be confused with his grandson, also known as Theodosis Penglis, who was Mayor of Kastellorizo and is said to have financed the erection of the girls' school (Parthenagogeion), \*\* to complement Santrape's boys' school at Horafia. The heading of this article implies that the Penglis/ Boyatzis Family has its origins in Mugla, as do, no doubt many other Kastellorizians, including I assume, the Mouglalis families in Perth.



PART OF THE PENKLIS FAMILY TREE COMPILED BY MICHAEL BARBOUTIS

Having noticed the name Mugla on a map, it led me to explore further. I was surprised to discover that Mugla exists and is thriving. In fact it is also the name of a larger region in Turkey and is well known academically for its University. There is also a section of the old city known as the Greek Quarter. With assistance, I managed to communicate with the Mayor of Mugla, His Honour Dr OSMAN GURUN, who invited me to visit Mugla as his guest, but, unfortunately circumstances prevented me from doing so. In attempting to obtain old family records from the Mugla Metropolitan Municipality, I was disappointed to learn that none existed due to a fire disaster to the building in 1954. For interest I attach a greetings message from the Mayor, Dr Gurun whom I hope to meet in the near future and to visit the birth place of our ancestors.



### **MULGA LETTER**

\*Allan Cresswell records the name of the father of Theodosis Penglis as Mihalis (born 1710 Mulga) who apparently did not migrate to Kastellorizo with his son.

\*\*See... Castellorizo, (An Illustrated History of the Island and its Conquerors), by Nicholas Pappas, page 90.

### Acknowledgements.

Ariane Kikiros...... For her research into the location of Mugla.

Paul C. Boyatzis.....For the production of the photograph "Boyatzis Family Reunion"

George and Angela Gelavis.....For their provision of the Family Banner.

# **MEMBERSHIP SUBS ARE NOW DUE**

Invoices were included in the August edition of the *Megisti Messenger* for annual subscriptions due for the 2017/2018 year. Subscriptions are due on July 1<sup>st</sup> of every year.

If an invoice was not included with that edition of the *Megisti Messenger* then your membership is current.

Some members are yet to pay their current subscription. Most members do so on the issue of the invoice, but in some instances still have not paid their 2016/2017 membership fees.

If you have a query regarding your fees please contact our Treasurer Allan Cresswell on 0413958500 or email him at cressie@castellorizo.org

Most of the membership fees are applied against the printing and postage costs for the quarterly *Megisti Messenger* newsletter.

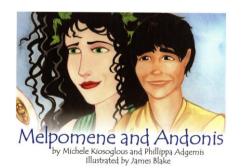
# **IDEAL CHRISTMAS PRESENTS**



An ideal Christmas gift or present is our wonderful 'from our GREEK KITCHEN to yours' recipe book which is still available to purchase.

An excellent book for only \$40 (plus postage). Our third print is available from:

- Castellorizian House on a Friday Afternoon between 5pm and 7.30pm
- Antedote Living 174 Scarborough Beach Rd, Mt Hawthorn T: 9444 4826 (Cash only)



A great Children's Christmas Present is the Castellorizian story of Melpomene and Andonis. The book is hard cover and available for only \$25. The book has been profiled by Lefki Kailis on Pages 24 & 25.

## KASTELLORIZIAN COUNCIL YOUTH COMMITTEE

The KCA is looking to each State to provide three representatives to be part of a Kastellorizian Council of Australia Youth Committee.

If you are aged between 18 years and 25 years please do consider nominating for a position to represent our State.

Contact KCA Vice President Jim Manifis on 0433 165 601 to discuss further.

# IN MEMORIAM DONATIONS - UPDATE

Compiled by Anita Verne and Allan Cresswell

In years gone by it was quite the norm for our members to make a 'In Memoriam Donation' to honour either a deceased Castellorizian Association Member, a Family Member or a Friend. The donation was made direct to our association and the family of the deceased received a letter advising on the donation made. This procedure still applies today but donations have declined considerably in recent years. Many of our younger generation may not be aware of this longstanding tradition in place to honour a deceased person.

During 2017 the following Donations have been made to our association:

### IN MEMORIAM DONATIONS

DATE	DONORS	IN MEMORY OF
30 March 2017	Nellie & Bartley Kakulas	Arthur Athans
2 May 2017	Lola & Michael Tsolakis	Angelo Mavromatis
9 May 2017	Dr Stan Savas	Angelo Mavromatis
30 June 2017	Mary & Nick Nicholas	Theo Palassis
12 July 2017	Nellie & Bartley Kakulas	Theo Palassis

DATE	DONORS	IN MEMORY OF
28 August 2017	Nellie & Bartley Kakulas	Evelyn Kannis
20 August 2017	Mary & Nick Nicholas	Evelyn Kannis
8 September 2017	Mary & Nick Nicholas	Leffy Bouhlas
8 September 2017	Olga and Con Kailis	Leffy Bouhlas

DATE	DONORS	IN MEMORY OF
8 November	Nellie and Bartley Kakulas	Rose Verevis
11 November	Peter and Melba Kanganas	Maria Lucas
11 November	Nick and Mary Nicholas	Maria Lucas
11 November	Tony and Jessie Zempilas	Maria Lucas
25 November	Stan and Lefki Kailis	Maria Lucas
25 November	Rene Barboutis	Maria Lucas
25 November	Jessie Papamatheos	Maria Lucas

### **GENERAL DONATIONS**

DATE	DONORS	
22 July	Conray Giambazi	To Association

# **DONORS**

Our association has received valued and ongoing support by the way of vouchers for our raffles at our regular functions throughout the year. These have been supplied by Theo Kailis of Kailis Bros Leederville at 101 Oxford Street Leederville and Anthony Palassis/Andrew Parissis of Sienna's in Leederville. Their support and generous contributions to our association is very much appreciated.

We also receive wonderful support from Larry Doropoulos of New Look Dry Cleaners of 844 Beaufort St, Inglewood. Larry in recent years has donated the cost of dry cleaning our tablecloths after our functions. A terrific gesture!

PLEASE DO SUPPORT THESE BUSINESSES WHO SUPPORT OUR ASSOCIATION

# The Castellorizian Ladies Association (Megisti) Of Western Australia

### **CONTACT DETAILS**

President: Secretary:

Fay KATRIS

afkatris@gmail.com

Betty Palioudakis
87 Essex St.

Ph: 9225 5471 Wembley WA 6014 M: 0409 756 744 e: palios@optusnet.c

e: <u>palios@optusnet.com.au</u> Ph: 6161 5445

M: 0432 429 688

### **AGM**

The AGM of the Castellorizian Ladies Association (Megisti) WA was held on Saturday 21st October with a good turn-out and a sumptuous afternoon tea, thanks to the generosity and talents of the committee.

Functions during the year included the Christmas lunch at the Duxton, the Movie morning, Mother's Day breakfast, and High Tea at the Crown. From the funds raised, donations have been made to Saints Constantine and Helene, the Castellorizian Association of WA., Lifeline, the Heart Foundation, Telethon, the Flying Doctor Service and the Cancer Council.

Fay Katris was awarded a Life Membership in recognition of outstanding and meritorious support, presented by Jessie Zempilas.



**Subscriptions** of \$10 are now due and they can be posted to the secretary.

Please note that membership of the two organisations (1) Castellorizian Ladies Association (Megisti), and (2) Castellorizian Assoc. of WA, are separate. These two groups are closely affiliated and support each other strongly.

### **UPCOMING EVENTS**

Champagne Breakfast at Zamia

Date - 13th of February 2018.

Venue - Zamia Café, 50 May Drive, Kings Park.

Time - 9.15 am

Tickets - \$35.00

Tickets available from Committee:

Fay Katris - 9225 5471

Stasha Antonas - 9275 4091

Rose Kalaf - 9271 5595

Betty Palioudakis - 6161 5445

# **Greeks in South Perth**

The City of South Perth is seeking community input to define the culture, highlight what makes culture in our City special and identify how these characteristics can be enhanced and embraced.

In response to this invitation Stan and I began discussing the many Greek families that we knew that had lived or currently live in South Perth. We decided we should write a profile of Greeks in South Perth and their contribution to the social, cultural and economic development of this city.

We begin by listing the families we know have lived in South Perth, Como, Manning, Salters Point, Mt. Henry, Karawara and Kensington with the intention of building a database including location, business or profession, contribution to the City of South Perth and society in general.

If you have any further information regarding family names, businesses or stories please contact Lefki on 0439899010

### **Identified South Perth Family Names**

Andronikos	Gregory	Litis	Palassis	Warner
Aris	Haldoupis	Manolas	Panagyres	Zaliki
Boegl	Hatzigabriel	Marsell	Papalazaros	
Boyatsis	Houndas	Metaxas	Penglis	Businesses
Cacavas	Jelly	Michael	Sertis	Couanis
Deligeorge	Kailis	Milonas	Simeon	Kolonikos
Deutsch	Kakulas	Mitchell	Simonidis	Litis
DeWolfe	Kalaf	(Hatzimichalaki)	Sofoulis	Petrelis
Doukopoulos	Kanganas	Nicholandis	Somas	Zempilas
Galanos	Karoulis	Nicholas	Tsakos	_
Ganelis	Kostarelos		Verne	
Gourdis				

Stan & Lefki Kailis November 2017



### FUN CLASSES WITH GREEK DANCING AT CAZZIE HOUSE

Have you ever wanted to brush up on your Greek dancing, or learn a few different steps? Wish you could join in at weddings? Or just improve your fitness a little?

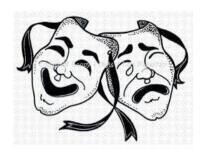
In the planning stages at the moment, the Castellorizian Association would need 12 - 15 people for a class to run. We have a lovely, experienced teacher who has been dancing professionally for decades! Wednesday evenings at 6.30pm for 1 hour might be a suitable time. We would begin with a trial period of 5 weeks at Cazzie House in Mt Hawthorn. Men and women, young and mature, beginners or experienced.

If there is enough interest for a children's group, then this could be arranged too.

Are you interested or want to know a bit more about it? Ring me for a chat. Get a couple of friends together and email me. Get on the list. Your suggestions would be appreciated.

Please contact: Anita Verne, Secretary - Mobile: 0407 922 783 or anita@halmac.com.au

# **OUR RESOURCE CENTRE - BOOK PROFILE**

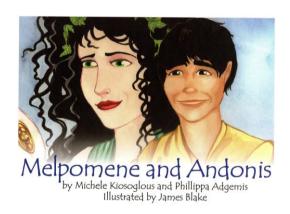


### Profile of

Kiosoglous, Michele and Adgemis, Phillippa (2016) **Melpomene and Andonis**. Illustrated by James Blake. Brisbane, Stories of Megisti, Kastellorizo. Series: Muses of Megisti, Kastellorizo

Melpomene, Melpomene – 'the one that is melodious' - so poetic, so lyrical - that mellifluous sounding name has been swirling around in my head ever since I read this recently published picture book. Melpomene was the Muse of Chorus and later in Classical Greek times became better known as the Muse of Tragedy which in the ancient world was interpreted as drama, rhetoric and serious subjects.

The word Muse comes from the ancient Greek word 'μουσαι' (Muses) and is connected with 'μουσείον' (museum) – seat of the Muses in Alexandria, Egypt. In mythology the Muses are nymphs that give inspiration, knowledge, artistry and music to the world. There are nine of them conceived to Zeus and Mnemosyne, according to the myth, at the base of Mount Olympus over nine consecutive nights.



The authors of Melpomene and Andonis tell us that a Muse pours a delicate dewdrop on the tongue of a favoured child enabling the little one to be in direct contact and gain inspiration and ideas from their dedicated Muse. I guess this is the way myth seeks to explain phenomena such as the exceptional musician, the prodigy, the genius poet, the gifted child?

Each Muse has different responsibilities – Calliope - Epic Poetry, Clio – History, Erato – Lyric Poetry (especially love and erotic poetry), Euterpe – Music, Polyhymnia – Sacred Poetry, Sacred Hymn and Eloquence. Terpischore – Dance and the Dramatic Chorus, Ourania – Astronomy and Astronomical Writings. Melpomene representing Tragedy and Thalia representing Comedy are the other Muses. They are the source for the creation of the two theatre masks so recognisable today - Melpomene as the sad mask and Thalia as the smiling mask.

I've always known of Thalia, Calliope, Clio and Ourania but I'm afraid Melpomene has up 'til now slipped under my radar. This book has prompted me to lament my very fragmentary grasp on our Greek

mythological characters and stories and to rush to my books to refresh my memory on the nine Muses and their roles in inspiring creative artists.

Melpomene is usually portrayed standing tall in her Grecian or Roman gown, a wreath of ivy on her head, the mask of tragedy in one hand and the club of Heracles in the other. She usually wears laced up boots called cothurnus and is associated with the playing instrument the lyre.

In the story Melpomene is sad and grieving at the loss of her pirate lover 'Kleftis' who has been gone the past seven years in search of treasure. She has been left his remembrance gift - a golden boukla - but the inset medallion with his smiling face on one side and weeping face on the other side has dropped into the Mediterranean and she believes is lost to her forever. She sits on the rocks at Navlaka Bay gazing toward to sea, her soulful songs of forlornness wafting in the breeze over the waters.

Young Andonis, fit and energetic hears her alluring voice as he approaches Navlaka Bay. He immediately finds himself striding towards the sound. There on the boulders above the Bay sits the ravenhaired Melpomene, tears trickling down her cheeks as she strums her lyre and yearns for the return of her lover.

Andonis with the help of his friends the dolphins surpases the abilities of human endeavor to return the lost medallion and appease Melpomene's anxiety.

This young boy Andonis is part of his island Kastellorizo. The rocks, Strongili and the ancient donkey tracks are second nature to him. He is one with his environment. His affinity with the sea and its creatures particularly his friends the dolphins, together with the inspiration provided by his Muse gives him confidence to attempt a feat far beyond his usual capabilities.

This story like all myth relies on symbolism to tell a story of great heroism and achievement and seeks to show the driving inspiration that the Muses bestow on their chosen mortals. It prompts us to ask 'What is it that inspires and propels human creativity?'. 'What is it that compels child prodigies, great artists, composers and musicians to pursue their gift almost to the death?" We all agree that there are greater forces than ambition at work here. It is most credible that a seed or a 'dewdrop' is bestowed on a fertile mind very early in life.

What a stimulating concept the Greeks have conferred on us? Myths that help to explain through Gods, Godesses, Nymphs and Superheroes (personifications of the powers of nature) how humans relate to the world and to each other, why the world is as it is and how to behave in a way that maintains a cohesive social system.

'Melpomene and Adonis' is an appealing picture book written by two women passionate about Kastellorizo - its food, its colorful history, its customs and above all its mythical stories. Michele Kiosoglous initially studied English Literature and History before becoming a Barrister. Phillippa Adgemis works in education and loves the theatre, music and the arts.

The book is illustrated by the acknowledged Queensland children's book illustrator James Blake. James is a freelance illustrator with degrees in English Literature, writing, editing, and publishing. He has a deep interest in the classics and Greek Mythology, undoubtedly linked to his Ithacan and Kastellorizian heritage on his mother's side.

This picture book is available to view and for sale at Castellorizian House, Mt. Hawthorn WA. \$25

Lefki Kailis Custodian of the library collection 29 November 2017

# PRETTY IN PINK



**Compiled by Anita Verne** 

There was an excellent turn-out at the "Pretty In Pink" event on Tuesday 31st October 2017 held at Castellorizian House which raised over \$4100 for Breast Cancer research. A beautiful lunch was presented by Christina Drimatis, Nicholette Litis and their families and supporters.

Special guests included Very Reverend Father Elpidios and Ashley Reid, the CEO of Cancer Council of Western Australia.



MC GAYLA CURRY WITH NICHOLETTE LITIS AND CANCER COUNCIL OF WA CEO ASHLEY REID



# **CHURCH AWARDS IN 1971**

**Supplied by Poppy Xanthis** 

# Church will honour four in W.A.

The Greek Orthodox Archbishop of Australia, Archbishop Ezekiel, of Sydney, will visit Pertatemorrow to invest four W.A. people with special titles from their Church's head in Istanbul.

The titles recognise many years of outstanding service to the church. The recipients will be Mr John Aris, of South Perth. who has helped the Greek Orthodox Church in W.A. for 53 years, Mr Michael Kakulas, of Perth, Mr Louis Harmanis, of City Beach, and Mrs Artemisia Georges, of Floreat, who has previously received a medallion for her services to the church.

Mr Aris will receive the church's highest award. It is the first time West Australian titles have been invested.

The investiture will be held at the Greek Orthodox Cathedral of St. Constantine and St. Helene, West Perth, at noon tomorrow, the cathedral feast day.



# DO YOU HAVE AN INTERESTING STORY OR PHOTO THAT WOULD BE SUITABLE TO INCLUDE IN THE *MEGISTI MESSENGER* NEWSLETTER?

We are always seeking articles/stories and photographs to include in the *Megisti Messenger*. Items of interest may be family stories, historical information or an event relating to Castellorizo or early days in Australia.

If you have an item you believe may be suitable then do contact the editor, Allan Cresswell, to discuss. Email <a href="mailto:cressie@castellorizo.org">cressie@castellorizo.org</a> or ring on 93057954 or mobile 0413958500.

# An Aussie Kazzie Chrissy

by Libby Pappas

At Christmas time guess who's cooking calamari, katoumari and roast turkey?

In our Burswood home cloves, cinnamon and garlic hit you right on the nosey!

Pavlova, baklava even lemon and oregano chicken souvlaki.

Christmas at our house is like being back in Greece on the tiny island of Kazzie.

But with a unique twist cos this girls an Aussie!

In our Kazzie Aussie family we are blessed as we have two chances at festive frivolity.

As we also celebrate a second Christmas on the 7<sup>th</sup> of January!

But on either day knock on our door, move someone's toosh and come grab a possy,

Marks playing Greek music loud trying to do a convincing Sirtaki

Yes all fired up by the sound of the booming bouzouki

Marks eyes sparkle as he dances like a wild green eyed Greek gypsy

We all laugh cos his dance looks more like a two-step Watusi.

It's a day filled with peace so throw out worries along with the komboloi

We wonder is Christmas day meant to be spent acting righteous and holy?

Mmm perhaps on this day we really should behave.

Not eat the naughty foods which I have to admit we all too often crave,

You know the ones that we are told will send us to an early grave?

I look out the window, there's definitely no snow.

So we won't need our silly knitted reindeer jumpers Yia Yia gave us all those years ago!

The sky is clear, the oven's full and sizzling hot, I reckon my family we will devour the lot!

Oh Lordy and the weather forecasters say it's going to reach over 40!

If we had a pool and no kids we'd pretend we were young again, skinny dip and be naughty!

But on this day under boughs of mistletoe kisses planted on cheeks is as far as respectable people go.

We head for the lounge because we don't need to do any dirty dishes.

God bless dish washing machines invented for mums through millions of past Christmas wishes.

As the day wears on, it unbearably hot, everyone jostles seeking out the coolest spot

The airs got smoky cos Marks fired up the barbie.

Everyone laughs cos his grilled sate sticks sauce is far too lumpy!

We love this crazy day filled with love, laughter and frivolity.

It's an Aussie Kazzie Christmas so chuck out anyone whose acting grumpy!

Wearing reindeer ears we all shout stin ahyia, poke silly faces, act mischievously and naughty.

I bring out the Xmas pudding flamed luminous blushing red with Metaxas brandy.

Mark laughs and says he's got the fire hose handy.

Then our pudding gets drowned in thick luscious cream from Peter's dairy.

On this sacred day when Joseph comforted Mary.

One can't help but think of Jesus and his mum Mary.

She was led to Bethlehem poised vulnerable and pregnant on a donkey.

And the three wise men known as the Magi reveal to his parents Jesus's glory.

Declaring to them that the child was indeed holy.

His destiny fulfilled for he is truly the son of God Almighty.

Tiny he lay in a humble stable wrapped in strips of white swaddling.

Love and forgiveness to all who repent his sacred calling.

Through his legacy he brings blessings and hope to all of humanity.

He guides all peoples on earth to seek goodwill, world peace and universal harmony

On this sacred day lets open our hearts and be a God Groupie

For I have found in all things Christs wisdom worthy of thanksgiving

He's like Moses, Buddha, Mohamad, the Dali Lama and Ghandi,

They preached that love and justice is for all humanity, not just those with power and wealth in our society.

They agree it's a sin to wage war, not care for the disenfranchised, the homeless, hungry and lonely.

These men believed we can make a better world if we reflect wisely and behave more kindly.

So today and any other day let's not argue who's right or wrong about the Koran, the Torah or any other standpoint on theology.

In the face of religious conflict let's stop bickering for our children's safety, world stability, humanities continuity!

Let's seek first to understand as our great teachers did, forgive the past cos that's now history.

Focus on making our future non-violent, fair for all, creating a blissful universal epiphany!

For if we look deeply into the hearts of all people we will truly find great beauty.

On Christs birthday let's reflect on love and peace, make that human kinds essential victory So on this hopeful note, love and best wishes everybody from this Aussie Kazzie family!

# KASTELLORIZIAN COUNCIL OF AUSTRALIA

Do visit their new website at:

www.kazziecouncil.org.au/

A great new website with all the latest news, newsletters and articles

# SANTRAPE CHURCH SERVICE

On Sunday 8<sup>th</sup> October 2017 the Saint Constantine and Helene Church Service included a commemoration service for Loukas and Anastasia Santrape. Present at the service were Prince Nicholas & Princess Tatiana of Greece who were in Perth for The Hellenic Initiative function.

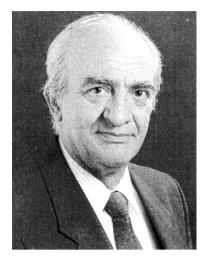


SANTRAPE TABLE WITH THE PRINCE AND PRINCESS ON THE LEFT



THE CHURCH SERVICE WITH SAVAS PAPASAVAS, NICHOLAS PAPPAS, ALLAN CRESSWELL, JIM MANIFIS AND ANITA VERNE SEATED ON THE RIGHT. PRINCE NICHOLAS IS STANDING ON THE RIGHT

# **CAZZIE TRIBUTE**



Compiled from an article written by Peter J Gregory and published in the University of WA newsletter, *Campus News* Volume 13 Number 3 on page 6

# Diamantaris (Desmond) George Kailis

Des Kailis was born on 7<sup>th</sup> July 1932 at Perth to parents George Diamantaris Kailis and Anastasia (nee Palassis). Des attended Highgate and Kensington Primary Schools and completed secondary education at Aquinas College. His younger brother, Stan, is current President of the Castellorizian Association of WA

He gained a Bachelor of Dental Science Degree from UWA in 1957. He then worked with the School Dental Service in WA's isolated areas. Private practice in Perth and appointment to the UWA Faculty of Dental Science in 1961 followed. Des's zest for life and the desire to see more and learn more led him to faraway places. After finishing his Masters of Public Health in Dentistry at the University of Michigan, he became dental officer on a medical ship The C. D. Howe which provided medical and dental services to the Indian and Eskimo populations of Artic and eastern Canada. The experience ignited his interest in researching and treatment needs of indigenous peoples and ultimately led to his outstanding 1978 thesis entitled 'The effect and detribalization on dental conditions in Aboriginal children'. This thesis, the culmination of 20 years of research, resulted in a Doctorate in Dental Science, the highest degree obtainable in dentistry.

In the meanwhile, in 1965 and at Perth, Des married Jasmine Harmanis. They raised a family of three children, Anastasia born in 1967, Helene born in 1969 and George born in 1972.

In 1969 and 1976, Des was Visiting Professor at the Dental School, University of California, Los Angeles.

Des, who retired as Associate Professor, had served as Associate Dean, Dean, Head of the Dental School, as Chairman of the Orientation Committee, member of the Professorial Board and the University Board of Management, among other positions. His research in community dentistry led to 29 publications. Des was a member of 31 local, national and international professional bodies and was an active committee member in 18 of these. He was foundation president of the WA Branch of the Australian Society of Dentistry for Children, becoming federal president. He was president of the Royal Australasian College of Dental Surgeons (WA Branch) and chairman of the Highgate North Perth Dental School Bus Fund Appeal. He was a life member of the Australian and New Zealand Society of Paediatric Dentistry (WA Branch), and the International Association of Dental Research.

He served as chairman of the Steering Committee of the WA Dental Alumni Society and as chairman of the Council for the Aged. Des was also an honorary consultant in Paediatric Dentistry at Princess Margaret Hospital for Children, a member of the Australian Institute of Aboriginal Studies, a fellow of the International College of Dental Surgeons, and the Royal Australasian College of Dental Surgeons and a member of the Pierre Fouchard Academy.

Des passed away on 30<sup>th</sup> January 1994 aged just 61 years. His contributions in the fields of undergraduate and graduate education, his administrative roles in societies and organisations and his dedication to his work were the hallmarks of Des Kailis. His contribution to the introduction of fluoride to the water supply of Western Australia, the transport of patients to the Dental School for undergraduate training and the introduction of dental students to the Dental Clinic at Princess Margaret Hospital were just some of his many accomplishments.





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