

Megisti Messenger

January 21st 2019 Volume 12, Issue 1

*Newsletter of the
Castellorizian
Association of WA Inc
160 Anzac Road
Mt Hawthorn WA 6016
Tel: 94432110*

FORTHCOMING EVENTS

Apokries Function
Sun 3rd March 2019
Commencing 6pm
See Page 5

Greek Dancing at
Cazzie House
Wed 6th Feb 2019
Commencing 6.30pm
See Page 13



2018/2019 Castellorizian Association of WA Committee From Back: Sion Xanthis, Prokopi Koutlis, Voula Terzoudi, Allan Cresswell (Editor), Stephanie Meagher, Helen Anastasas, Jim Manifis, Steve Filmer, Anita Verne. Absent John Gelavis, Tina Kyros

In This Issue

2018/2019 Committee	1
Basil Zempilas KOY 2018	1
Social News	2-3
From the President	4
Apokries Function 2019	5
Presidents AGM Report	6-7
Sporting Exhibition	8
AGM 2018	9
Book Profile	10-12
Greek Dancing for Fun	13
Apokries on Castellorizo	13
Cooking Classes	14-16
Can you Help?	17
Culture and Heritage	18-20
Castellorizian Websites	20
Dr Stan's Corner	21
Megisti Ladies AGM	22-23
Invoking the Muse	24
The Samaria Gorge	24-26
New Hellenic Assn Book	27
Membership Subs	27
Visitors to Perth	28-29
Donations and In Memory	29
Cazzie Tribute 38	30-31
Advertisements	32

CONTACT EDITOR
ALLAN CRESSWELL
0413958500 / 93057954
cressie@castellorizo.org
for submission of any
articles or social news



Basil Zempilas and his parents at the Castellorizian Association of WA AGM for a special tribute to Basil for his Castellorizian of the Year Award for 2018 (Details on Page 9)

SOCIAL NEWS

VALE

Deepest sympathy to the family and friends of:

- ❖ Eva Mathews (nee Drimatis) 24th Oct 2018
- ❖ Evan Papantoniou 28th Oct 2018
- ❖ Peter McDonnell 3rd Nov 2018
- ❖ Con Mathews 16th Nov 2018
- ❖ Theo Christopher 5th Jan 2019
- ❖ Olive Pitsikas 7th Jan 2019

BIRTH

- ❖ Chrissie and Barry Filmer celebrated their 92nd birthdays in October and November and were delighted on the 7th November when their granddaughter Elisia Taborsky gave birth to her first child. Elisia and husband Matthew are happy to honour bapou Barry by naming their son Alexander Barry Taborsky (see photos below).

WEDDING ANNIVERSARY

- ❖ Congratulations to Chris and Irene Drimatis on their 50th Wedding Anniversary on 24th Nov 2018.
- ❖ Congratulations to Nick and Mary Nicholas on their 60th Wedding Anniversary on 7th Dec 2018.

BIRTHDAYS

Congratulations on your Birthday!

- ❖ Kathryn Zempilas 21st Aug 80 yrs
- ❖ Chrissie Ventouras 4th Sep 80 yrs
- ❖ Chrissie Filmer 17th Oct 92 yrs
(See Photo Below)
- ❖ Michael Tsolakis 22nd Oct 97 yrs
- ❖ Barry Filmer 15th Nov 92 yrs
(See Photo Below)
- ❖ Despa McDonnell 17th Nov 90 yrs
- ❖ Allan Cresswell 19th Nov 75 yrs
- ❖ Barbara Pampacos 6th Dec 70 yrs
- ❖ Peter Kanganas 4th Jan 87 yrs



Barry Filmer 92 Years with baby Alexander



Matthew and Elisia Taborsky with newborn baby
Alexander Barry Taborsky



Chrissie Filmer 92 Years



A CLAN OF CAZZIES – Ken Michael, Justin Michael, Paul Boyatzis, Stephen Kikiros, Steve Filmer

A clan of Cazzies was spotted lingering on the steps of The Quadrant in Perth at the relaunch of the Hellenic Australian Chamber of Commerce and Industry WA (HACCI) held in early October.

Amanda Kailis was elected HACCI WA President at the AGM and after at drinks, the Patron the Consul of Greece in Perth, Mr Antonios Koliadis, was the first guest speaker, followed by MLA the Hon Paul Papalia.



At the Saints Constantine and Helene Church Service held on Sunday 15th October 2018 a table was prepared in honour of the great Castellorizian benefactors, Louca and Anastasia Santrape.

At the conclusion of the Church Service the congregation was invited to attend the Hellenic Centre where a luncheon and refreshments were provided by the Castellorizian Association of WA.

FROM THE PRESIDENT



President Jim Manifis

To all our members, I hope you had a very enjoyable Christmas with family and friends and wish you all a very healthy and prosperous New Year.

Castellorizian Association of WA held its AGM on the 28th October 2018 and it was the most successful AGM with over 100 members in attendance. All matters that were on the agenda at the AGM were discussed and passed. There were a number of constitutional changes which needed to be made due to new government regulations.

I am pleased to announce the Association has been successful with our application to Lottery West with a grant of \$40000. The renovations commenced in December and are progressing well. The walls are currently going up. We are lucky to have had such comfortable working weather to date. The renovation once completed will accommodate one of the finest kitchen in the Greek community. This will increase bookings for our association in the future.

I am proud to announce that Allan Cresswell and Dr. Paul Boyatzis were confirmed as Honorary President of our association by our members. Both have contributed so much to our association over a number of years.

The President Award for 2018 was presented by Stan Kailis to Anita Verne. Anita's contribution to the association over the last 2 years has been outstanding.

At the AGM, our association presented a gift to Basil Zempilas on his achievement in receiving the National Castellorizian of the Year. This is the highest award that a Castellorizian can achieved in Australia for their contribution towards the Australian community and to the Castellorizian community. Basil spoke about his Castellorizian culture which was passed on to him by his parents. Basil speech was welcomed by all our members and kept us interested during the entire presentation. Basil also mentioned the support by his wife Amy and his parents in helping him achieved his goals.

I would also like to thank the ladies from our cooking classes in the preparation for the afternoon tea at our AGM.

I would like to announce the new committee 2018-2019 are as follows and congratulate all the committee members on their nominations.

Jim Manifis	President	Anita Verne	Property & Social
Helen Anastasas	Vice President	Stephanie Meagher	Culture & Heritage
Christina Kyros	Secretary	Prokopi Koutlis	Committee
Steve (Sava) Filmer	Treasurer	John Gelavis	Committee
Sion Xanthis	House Manager	Voula (Paraskevi) Terzoudi	Committee

I would like to thank Stan Kailis, Allan Cresswell and Angela McGrath for their years of service on the committee. All three have indicated they still support the association as members on our subcommittee. Allan Cresswell will continue to be the editor of the Megisti Messenger.

Looking forward to a very successful year.

CAWA NEW CONSTITUTION (2018)

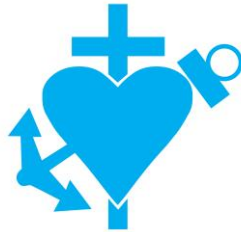
The changes to the Constitution of the Castellorizian Association of WA Inc. were approved by the government on 28th Nov 2018 and have now been implemented. If you would like a paper copy of the new Constitution (2018) then please contact the secretary, Tina Kyros, or refer to the online version at:

<https://www.castellorizo.org/agm/constitution.pdf>



The Castellorizian Association of WA Inc

APOKRIES BBQ 2019



SUNDAY 3rd March 2019

6:00 pm

CASTELLORIZIAN HOUSE

160 Anzac Rd, Mt Hawthorn

**Includes Meze, BBQ, Salads, Drinks
And the famous Castellorizian Katoumari**

ADULTS - \$35

12 to 17 years - \$15

CHILDREN under 12 - free

**Bookings Essential
by Monday 25th February**

Ring Jim 0433 165 601, Anita 0407 922 783 or Pippen 0420 301 244

Email anita@halmac.com.au to book your table.

Presidents Report 2018 AGM

Professor Stan Kailis

I wish to thank all of our members for the continued support of the Castellorizian Association of Western Australia which is now in its 106th year. I also thank the CAWA Committee for their efforts commitment and support in managing the Association for the members. As per the constitution regular monthly meetings were held as were subcommittee meetings. The 2017/18 year has been very busy. Major activities of the CAWA Committee included:

- Review and update of the CAWA Constitution
- Activities regarding the Kitchen Renovations – Finalising the plans, Submitting the Grant Application to Lotteryswest.
- Participation at the Glendi in April
- Establishment of a subcommittee system to expand CAWAs activities for the benefit of members. Each subcommittee is chaired by a committee member and the intention is that CAWA members can participate in a subcommittee of their choice. Active and planned subcommittees in alphabetical order are:

- 1 Cooking class subcommittee
- 2 Cultural and Heritage subcommittee
- 3 Fundraising subcommittee
- 4 Properties management subcommittee
- 5 Renovations subcommittee
- 6 Social subcommittee
- 7 Special Projects subcommittee – includes Information Technology activities

Financially CAWA appears to be in a strong position through activities such as the Glendi, sale of books and memorabilia and *in memorium* donations. However much of the financial resource is committed for the kitchen renovations. Specific financial matters will be presented in the Treasurer's report. If we are successful with the Lotteryswest grant then our financial position will improve. Nevertheless, identified works required for Castellorizo House including upgrading the function area, replacing the existing roof and upgrading the Association's Information Technology capability will require substantial funds. Without outside grants an active fund raising will be essential. Highlights of the past year include the following.

MEGISTI MESSENGER

Three bumper editions of the newsletter have been produced this year, with one more to come. Thanks go to Allan Cresswell and all the contributors who make this a much-loved production across Australia. It is planned that the *Megisti Messenger* will be indexed and bound into volumes for easy reference. The *Megisti Messenger* keeps members in touch, provides feedback on Association matters and alerts to social and cultural events.

CONSTITUTION REVIEW

A subcommittee of Stan Kailis, Kevin Kannis, Anita Verne and John Metaxas spent more than a year reviewing the Castellorizian Constitution to conform with the new Associations Act (2016) WA, which need to be in place before 1st July 2019. Thank you to all Committee members who reviewed and commented on the numerous drafts. Many thanks to the Trustees Nick Nicholas, Peter Kanganas and Bartley Kakulas for reviewing and endorsing the draft Constitution.

COMMUNITY AND BENEVOLENT ACTIVITIES

The Association supports many community activities by providing Castellorizo House at a low hire charge or for free. Early in the year CAWA began the support of St Basil's Aged Care Services by providing Castellorizo House for two days a week as a venue for their social community gatherings, where people can meet over morning tea and have activities. St Basil's has also held several staff training days at the house. Other groups that are supported by the Association are: the Happy Hour Dinner Group; the Cazzie Cooking Class; the Greek Dancing for Fun Class; the Hellenic Bridge Club; the Hellenics Art Group; the Castellorizian Ladies Association "Megisti" of WA for meetings; the 'Pretty in Pink' Breast Cancer lunch; exhibitions by the Culture and Heritage group such as the Castellorizian Brides Exhibition and 'Morning Tea with a Greek Muse'; and talks put on in conjunction with the Hellenic Community of WA such as Bob Pearce on "How Lord Byron Saved Greece and How Greece Saved Lord Byron".

CULTURE AND HERITAGE

Stephanie Meagher (Chair), Lefki Kailis, Anita Verne, Allan Cresswell and Stan Kailis.

The Culture and Heritage Subcommittee supports and encourages research and study of Castellorizo (Megisti) and its descendants in the diaspora, particularly in Western Australia and Australia. Activities include: colourful and interesting displays of aspects of Castellorizian culture in our exhibition space here in Castellorizo House; archiving of back copies of *Kastelloriziaka Nea* which are now on file and available to members for perusal (English translation of key articles is planned); development of the library, with books on display and for sale; regular reviewing of books pertinent to the culture and history of Castellorizo that appear regularly in *Megisti Messenger*; archiving of the photos including those from the Bridal Exhibition in files that will be available to members for perusal. This subcommittee will also manage a register of *In memorium* donations and development of an, in memory garden. We thank members who made *In Memorium* donations.

GREECE DANCING FOR FUN CLASSES

These classes began in January 2018 under the guidance of Anita Verne and continue to be supported enthusiastically. Members can take advantage of this initiative. The cost is \$10 for a one-hour session on Wednesday evenings, undertaken by specialist dance teacher Othona (Tony) Tsilivis. The class also held a very successful Dance Party in August where many younger persons participated. An extension of this activity is singing and the development of a choir. We invite those interested in participating in both activities to contact Anita.

GLENDI

The Cazzie Cooking Class under the direction of Helen Anastasas and her subcommittee produced sweets and savouries for the CAWA stall at the Glendi on Saturday 21st and Sunday 22nd April 2018 at Elizabeth Quay. Considering the wet weather over the weekend and some disruption from parts of the community, the Glendi was a great success. Thanks to the many volunteers who worked for several months before and on the day to prepare for this event, especially the subcommittee: Helen Anastasas (Chair), Anita Verne Filmer, Phyllis Samiotis, Anna Gelavis, Marilyn Tsolakis, Rose Kalaf, Kriss Mavromatis, Nina Pitsikas, Christina Kyros, Pam Andony, Barbara Pampacos, Mary Nicholas, Chrissie Ventouras, Katrina Ventouras, Stacey Korevesi, and Eva Magriplis.

CAZZIE HOUSE HIRE

As well as the many regular bookings for groups, Castellorizo House has been booked for several private functions including wakes, private dance classes, birthday parties and family reunion events. We encourage all members and others in the community to consider Castellorizo for events next year as it has very reasonable charges and will have a brand-new kitchen. Bookings are made through Sion Xanthis.

PROPERTIES

The house at 15 Kalgoorlie Street which was re-leased for 12 months on 23rd March 2018. CAWA has attended to several maintenance issues including upkeep of gardens and asbestos removal. At Castellorizo House, maintenance included and roof and gutter repairs. Although not discussed, in my view the Association should explore the possibility of building a second residence at the rear of Kalgoorlie St in the future.

RENOVATIONS & GRANT

The Renovations Subcommittee lead by Jim Manifis consisted of Anita Verne, Sion Xanthis, Anna Gelavis, Prokopi Koutlis John Gelavis and three experts in their field, Helen Anastasas (home economics consultant), Desiree Gelavis (kitchen designer) and John Kannis (architect). The committee met many times over 14 months to prepare plans for the kitchen extensions and thanks must go to this dedicated team for their thoroughness and attention to detail. The experts volunteered many hours of their own time, at no cost, ensuring the best outcome. Their generosity is very much appreciated. Jim Manifis and Anita Verne also worked hard to prepare an extensive submission, as required by Lotterywest, for a grant to supplement the Association funds for the renovation. Several other maintenance or renovation projects have been identified which will need attending to in the future. In a not-for-profit organisation such as this, planning for such items takes careful budgeting.

SOCIAL EVENTS

The Social subcommittee supported many events across the year. It consisted of: Anita Verne, Jim Manifis, John Gelavis, Angela McGrath, Pippen Parissis, Stephanie Meagher and Stan Kailis. Thanks also to every member of the Management Committee who have all been heavily involved, as were members of their families. They have been a great team! We welcome anyone else who would like to help out at events. Castellorizian functions in the past 12 months have included the Castellorizian Brides Exhibition and opening day talks, the Happy Hour Christmas Function, the Apokries Souvla, the St Constantine and Helen lunch at Kailis Bros., the Happy Hour Sons and Fathers Dinner, the Afternoon Tea for Glendi volunteers, the exchange students' Cazzie Kebab night, the Happy Hour, Mixed Dinner, Morning Tea with a Greek Muse, Santrape Memorial Morning Tea and today's Afternoon Tea with Basil Zempilas.

CAZZIE COOKING CLASS and RECIPE BOOK

Helen Anastasas is to be commended once again for her many hours of skilled organisation over the last year. She has brought five wonderful cooking classes to us (Dec, Feb, June, Aug, Oct) as well as 20 days of workshops for the Glendi preparation. Apart from the Glendi, her committee has cooked and provided traditional sweets and food at many of our events, including today, which is what makes this Association so special. We feel very lucky and we thank you for your efforts. The recipe book "from our GREEK KITCHEN to yours" is almost sold out, there are just a few boxes remaining. This has been a wonderful community activity which has had the benefits of bringing the members together, documenting an important part of our culture, as well as providing us with much needed funds. Thanks go to all involved.

INFORMATION TECHNOLOGY

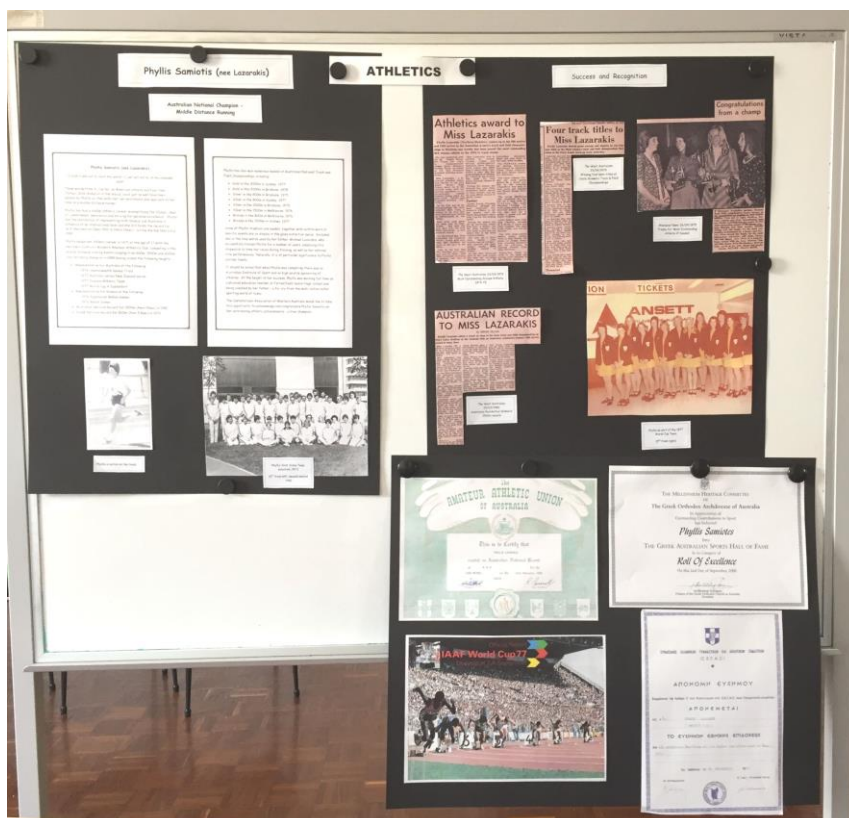
Under the leadership of Savas Filmer, this subcommittee of Stephanie Meagher and Angela McGrath has been preparing an upgrade of facilities which include internet connection, IT equipment and the preparation for an Association website.

HELLENIC SPORTING EXHIBITION

The Culture and Heritage Committee recently mounted an interesting and popular exhibition on the 'golden age' of Hellenic sporting clubs in W.A. Phyllis Samiotis rightly featured prominently as did her mother, Sef Lazarakis, who was given the honour of being a torch bearer for the 2018 Commonwealth Games in recognition of her 44 years of time-keeping for the W.A. Athletics Association.



Hellenic Sporting Display



Display – Phyllis Samiotis (nee Lazarakis)

CASTELLORIZIAN ASSOCIATION OF WA 2018 AGM

President Jim Manifis in his report on page 4 gives details of the successful 2018 AGM. Below are some photos from both the AGM and the earlier Family Happy Hour where Anita Verne was awarded with our annual 'Presidents Award'. Anita was unable to attend our AGM so she received her award at the Happy Hour function.



President Stan Kailis presenting Honorary President Awards to Paul and Allan



Anita Verne receiving her Presidents Award



Basil being congratulated on his award



Basil with his parents and Auntie Anne



Basil addressing the AGM audience



President Stan, Treasurer Allan and Secretary Angela



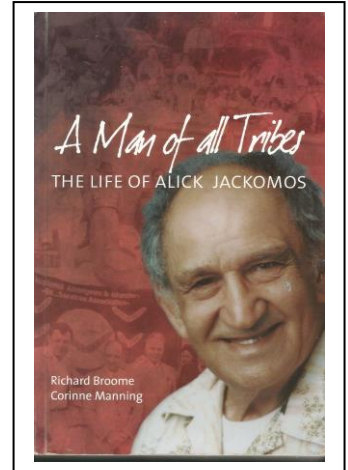
President Stan Kailis presenting his Annual Report

OUR RESOURCE CENTRE – BOOK PROFILE

Broome, Richard & Manning, Corinne (2006) *A man of all tribes: the life of Alick Jackomos*. Canberra, Aboriginal Studies Press.

Profiled by Lefki Kailis
Librarian of the Castellorizian House of WA Collection

January 2019



A couple of years ago I recall reading an article in *Filia* by Connie Gregory (from Melbourne) about Andrew Jackomos (Victoria's first Commissioner for Aboriginal Children and Young People). When his parents' names Alick and Merle were mentioned strange stirrings in my subconscious led me to my upstairs bookshelves where '*A man of all tribes*' was miraculously there waiting to be read. It obviously had been collected as a story 'of interest' - a Kazzie man who devoted his life to Aboriginal Affairs. I have been curious to know how and why this happened. It's a gutsy story.

Why would a fourteen year old boy, first born child to Castellorizian immigrant parents in North Carlton, reared in the traditional Greek way of Greek school, Name Days, picnics and church every Sunday choose to make his life amongst Aboriginal people? This study of his life answers some of those questions for me.

Alick Jackomos was born in 1924. His parents worked long, hard hours in fish shops. Five children and their parents Andreas (Andrew) and Asimina, lived above the various shops they owned. Cramped no doubt and smelly with the fish fat aromas wafting up the stairs. Alick said his clothes smelt of the fatty residue and he often received racial slurs because of it. School, the shop and Greek school three times a week were thrust upon Alick, all contributing it seems to others seeing him as a 'dago'. Alick experienced much in his young life that he interpreted as 'racist'.

When the Jackomos' family moved to Melbourne around 1920 the Mangos, Spartels, Fermanis, Conos, Augustes, Kanis, George and Adgemis families were already active in the Cazzie community. There was plenty of social activity with evidence of large picnics where we can imagine spreads of *κεφτέδες*, *γεμιστά*, *γλυκά* and no doubt *καρπούζι*. Alick's Kazzie circle then was wide enough. Perhaps he saw this as part of the 'dago' image that he was uncomfortable with?

He may not have responded to classroom teaching but he was a street-wise little kid growing up in the Great Depression. He was devising gambling games around the age of six and was out in the streets selling newspapers to help his family at the age of ten. As young teenagers he and his brother would buy a big sack of peanuts cheaply, repack them into small bags and make a handsome profit at the Saturday afternoon 'footie'. Alick targeted patrons at the boxers' and wrestlers' ringside entrance of the West Melbourne Stadium with his wares and offered to carry their Gladstone bags, which gave him free admission into the bouts. Once inside he peddled not only his peanut bags but other odds and ends. He was an 'Artful Dodger' as his cousin described him. I guess he learned independence and survival early on?

Because when he was fourteen he disappeared for a couple of weeks. He'd accepted an invitation to visit the two hundred strong Aboriginal Community at Lake Tyers in the Gippsland district of Victoria where he bonded with families and gained an insight into more traditional aboriginal life. He'd come across aboriginal boys at the Youth Club where he started boxing and wrestling. He responded to their warm sharing ethos and they responded to his

accepting, outgoing, jocular nature. These families at Lake Tyers remained friends through life. On this occasion his parents were furious, unaware of the close affiliations the boy had. I doubt if his aboriginal friends would have thrown racist slurs at him or would have judged him by the colour of his skin, possibly this is why he felt so comfortable in their company?

All through his life Alick kept in touch with those to whom he was connected no matter where they were. He made close friends with people and families all over Victoria, New South Wales, Queensland and overseas.

By chance Alick met up with Harry Johns a boxing tent operator. Alick was a twenty-one year old returned serviceman of the AIF and restless post war. Instead of taking up a job with Shell Oil in Indonesia as arranged he responded to Harry's offer to become a tent boxer and accompany him to the Kempsey Show in NSW! He took on the challenge - boxing by day, dismantling the tent and driving to the next venue by night, sleeping in the back of the truck. There was no washing from one show to the next, all men together 'they stunk, you stunk, everything stunk'.

The troupe was performing in country agricultural shows where it was part of Sideshow Alley – thrilling rides, knife throwers, contortionists, animal trainers, hypnotists, magicians, sword swallowers, bubble dancers and girls 'encased' in ice. Imagine the 'Greatest show on Earth', that's how it was for Alick – exotic and exciting. He was an adventurer, a risk taker, a person who followed his intuition. This turned out to be a 'broadening' slice of life and another intermingling with aboriginal fighters and show people. He was not afraid of non-conformity.

He often had an aboriginal opponent in the boxing ring - from the manager's point of view for maximum crowd excitement (in a climate of racial stereotypes and tensions) but for Alick a bonding that endured all his life. He went home with these guys and experienced 'their sparse, often deprived living conditions'. He witnessed their exclusion from social venues and began to see life from their point of view. These experiences opened him up to a wide circle of people, many of whom were activists striving for human rights and equality for aboriginal people.

In 1947 he switched to wrestling a proud Greek sport, where he made use of his 'language skills, his ethnicity, his love of people and his confident humour to great effect.' He hammed up his Greek/English accent to the approving roar of the crowd. He enjoyed recalling 'I used to knock out three or four blokes a day for years. All I ever lost was a few teeth and the shape of my nose.' He really became part of Sideshow Alley, doing clown duties, helping out the crocodile and snake tamer and fabricating stories at every performance. He could mix with anybody.

When Alick fell in love with Merle Morgan a Koori girl from Cummeragunja Mission on the northern bank of the Murray River there was no doubt in his mind that this was the woman he wanted to marry and she reciprocated. Family tension on both sides raised its head on the announcement but the loving couple was undeterred. Remember this was 1951 post-war when inter-marriage between US marines and local girls was occurring but before that they were rare.

The couple attended the Anglican Gore Street Church in Fitzroy where Alick's friend Pastor Doug Nicholls was presiding. Doug and his wife Grace were deeply involved in Aboriginal welfare, agitating for better conditions and building momentum for citizenship and human rights for their people. Alick was not a political activist but his exceptional networking abilities, his communication skills and his love and empathy with the people who had adopted him pushed him to become Pastor Doug's 'apprentice'.

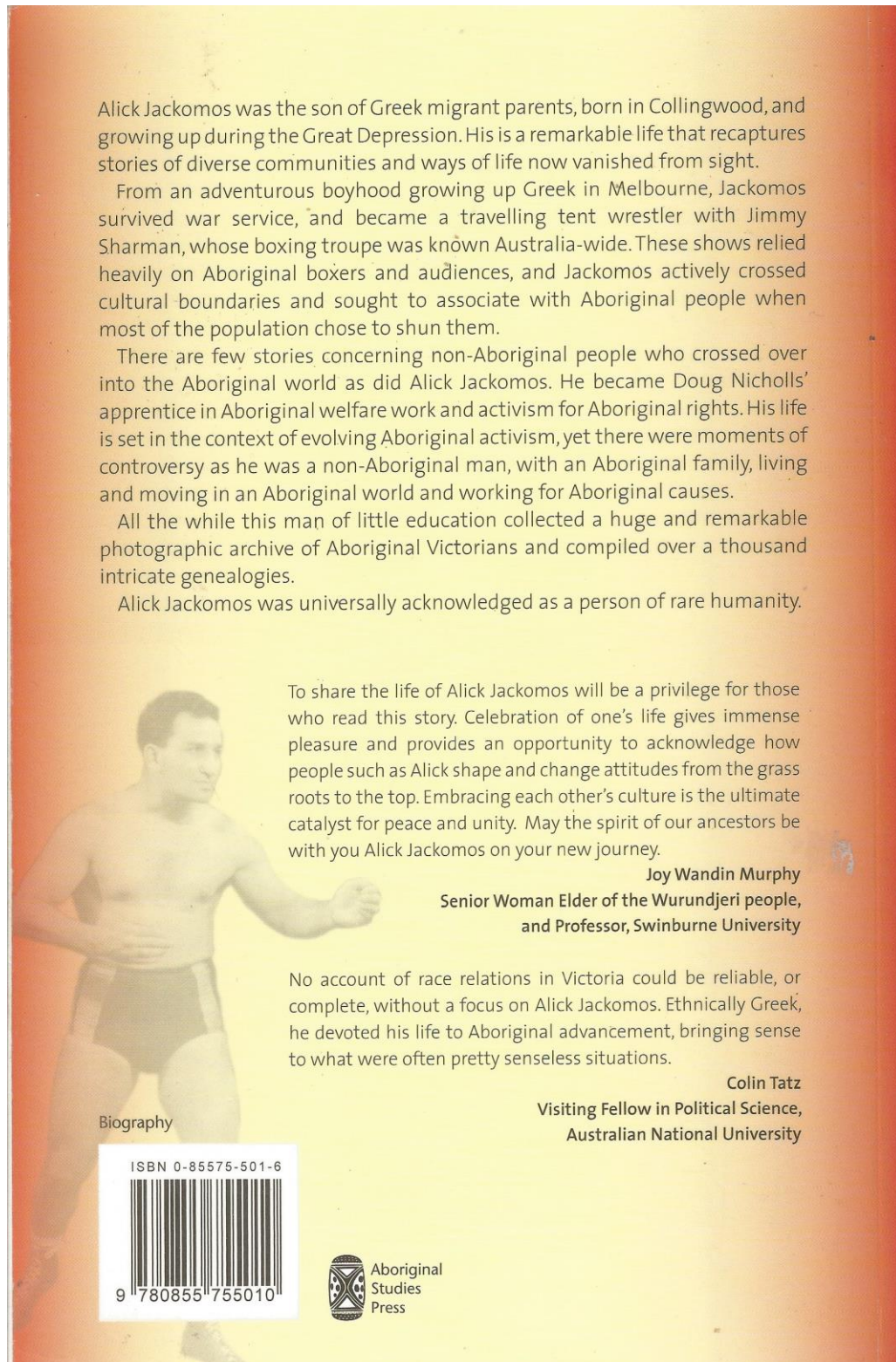
Alick not only became his own man travelling to aboriginal communities as a field and welfare officer but in his daily life and work he supported local families. He was a legend organizing socials like the weekly dances, the annual Debutantes' Ball, out door picnics and sporting events. Interesting that he could have been doing all this in the 'Greek/Cazzie community but it seems he was more comfortable in this life that he had forged. Both he and Merle were independently honoured with OAMs.

Although Alick left school at the age of twelve he published articles, compiled a genealogy of Aboriginal kinship in the Gippsland and Murray River districts and amassed an enormous photographic collection. Both of these archives have contributed massively to the known history of aboriginal people in Victoria. They are now housed at AIATSIS in Canberra and available with conditions for study and family research purposes. Alick in conjunction with others produced three books – *'Living aboriginal history of Victoria: stories in the oral tradition'*, *'Forgotten*

heroes: aborigines at war from the Somme to Vietnam' and 'Sideshow Alley remembered sideshows and boxing tents on Australian showgrounds.'

Here is an exceptional man who carved out his own destiny. He died in Melbourne on 4 March 1999.
Lefki Kailis lkailis@yahoo.com

Custodian of the Resource collection Please contact me if you'd like to read this book. It would be great to hear your comments and/or feedback



Back Page Summary of 'A Man of all Tribes'



GREEK DANCING FOR FUN AT CAZZIE HOUSE

Have you ever wanted to improve your fitness a little while learning some Greek dancing steps? Or wish you could join in the fun at Greek weddings? Now is the time!

We have a lovely, experienced teacher, Tony Tsilivis, who has been dancing professionally for decades! Classes are beginning for Term 1 Wednesday 6th February for 1 hour at Cazzie House in Mt Hawthorn. Get a couple of friends together and get on the list. Men and women; young and mature; beginners or experienced. Can't make Wednesdays – an alternative class is held on Tuesdays at Floreat Athena at 6.30pm.

Do you want to know a bit more about it? Ring me for a chat.

DATE: Wednesday 6th February

TIME: 6.30pm - arrive 5 minutes earlier

ADDRESS: 160 Anzac Rd, Mt Hawthorn

COST: \$10 per lesson

WEAR: Comfortable clothes and shoes, bring water.

Please contact: **Anita Verne - Mobile: 0407 922 783 or anita@halmac.com.au**

Apokries - What Happens on the Island of Castellorizo?

Apokries is a time preparing for Lent and it is celebrated across Greece with a feast and a carnival of music and dance.

Sunday of the Last Judgment is the last Sunday that meat is eaten and is celebrated as "Apokries" in Perth. This year it falls on 3rd March. For the following week, only eggs, fish, and dairy are permitted. After **Forgiveness Sunday**, the period of preparation is over and **Clean Monday** marks the start of the Great Lenten fast in which we abstain from meat, dairy, eggs and fish.

On the Island of Castellorizo a big barbecue is held for Apokries, serving meat, lamb, sausages, salads and tzatziki. They drink tsipouro, wine and beer, and if the wind permits, they enjoy flying kites. The children dress up in scarves, wigs and masks and visit houses where they are given chocolates, sweets and treats. It is a fun day!

Anita Verne

CAZZIE COOKING CLASSES

Photos and Article Courtesy Helen Anastasas

The October Cazzie Cooking Class of Melomakarona – Greek Honey Biscuits was a demonstration by Chrissie Ventouras. The recipe was handed down to Chrissie by her mother-in-law Loula Ventouras. Mary Nicholas assisted Chrissie and the class was another successful one with everyone appreciating and enjoying the delicious Melomakarona they made.

During the afternoon of the class, congratulations were extended to a number of members. Anita Verne Filmer for receiving the 2018 Castellorizian Association of WA President's Award for her outstanding and dedicated work. Chrissie Ventouras and Kathryn Zempilas for their special 80th birthdays.

The Cazzie Cooking Class subcommittee members and volunteers prepared savoury and sweet food for the Castellorizian Association of WA, AGM afternoon tea on Sunday 28th October. Everyone's superb effort and enthusiasm was appreciated on the day.





The last Cazzie Cooking Class for 2018 was on Saturday 1st December at the Evangelismo Church Hall. Lissa Chester demonstrated Bougatsa as individual small pastries. Michelle Ellis assisted Lissa that afternoon and many members tried their hand at folding the pastry to make the Bougatsa. Everyone was able to taste the delicious finished Bougatsa as part of the spectacular selection of savouries and sweets prepared by the members for the Christmas afternoon tea celebration.

Looking forward to many more great classes in 2019.



Lissa finishing off the Bougatsa



Michelle and Lissa during Demonstration



During the Demonstration

CAN YOU HELP?

Stephanie and Lefki are acquiring a complete collection of the newspaper - Καστελλοριζιακά Νέα. We have a number of copies mostly donated by Andonis Koufos who was the WA Newspaper Representative for many years. More recently Senya Kranitis of Sydney has donated copies.

We would be grateful if you could donate any of the following issues which are missing from our collection:

Any copies prior to 1989

1989

Jan, Apr, Jul, Aug, Sep, Oct, Nov, Dec

1990

Jan, Mar, Apr, May, Jul, Aug, Sep, Oct, Nov, Dec

1991

Jan, Feb, Mar, Apr, Sep

1992

Jan, Feb, Mar, Apr, May, Jun, Aug, Sep, Oct, Nov, Dec

1993

Jan, Mar, May, Jun, Jul, Aug, Sep, Oct

1994

Jan, Feb, Apr, May, Jun, Aug, Sep, Oct, Nov, Dec

1995

Jan, Feb, Mar, Apr, May, Jun, Sep

1996

Feb, Aug, Sep, Oct, Nov, Dec

1997

Apr,

1999

Nov, Dec

2000

Jan, Feb, Mar, Apr, May, Jun, Jul, Aug, Oct, Nov, Dec

2001

Jan

2009

Dec

2010

May

2017

Sep

2018

Please bring all copies to Kazzie House or give to Stephanie

Many thanks

Stephanie Meagher: 0450609491; Lefki Kailis: 0439899010

CULTURE AND HERITAGE

Welcome to 2019 – may it be a year of health, happiness and prosperity for all.

We hope members enjoyed our initiatives from 2018. The popular Greek dance classes run by Tony Tsilivis will continue, as will the regular displays and exhibitions on aspects of Castellorizian culture at Cazzie House. The Culture and Heritage Sub-committee has also been developing new ideas which we hope will be just as popular with you.

One venture about which we are particularly excited is an *Agora Market Day*.

What is an Agora?

The Agorà, or “gathering place” was one of the most important parts of a city in ancient Greece. As well as being a thriving marketplace where merchants had their shops and artisans sold their wares, it was a place where people assembled to discuss business, politics, current events and the nature of the universe and the divine. It was the development of the Agorà that led to the radical improvement of the sciences and the economic and cultural flourishing of the time.

The Agorà was located either in the centre of the city or at the harbour, and was surrounded by public buildings and temples. Colonnades, sometimes containing shops, or *stoa*e, often enclosed the space, and statues, altars, trees, and fountains adorned it. The Agorà was an important part of the social fabric of the ancient world, and many buildings were devoted to the democratic political and legal process that so defines ancient Athens. It is widely believed that the world today would be entirely different without this place of social gathering and communication.



CULTURE AND HERITAGE - Continued

Agora Market Day

Where: Castellorizian House, 160 Kalgoorlie Street, Mt. Hawthorn.

When: *May 11th, 2019*. Yes, that is the day before Mothers' Day and the perfect place for purchasing the perfect gift.

What: On offer will be a plethora of stalls, including –

Greek sweets/ savouries	Fresh produce	Preserves/pickles	Plants
Bric-a-brac	Manchester	Mothers' Day presents	Toys/games
Books/magazines/dvds	Refreshments	Sausage Sizzle BBQ	
Pre-loved 'special occasions' outfits/accessories			

as well as a number of entertaining activities –

Raffles
Children's games, face painting, novelty photos
Greek dancing
Delphic Oracle consultations
Philosophers' Corner
...and lots more!

We are hoping our *Agora Market Day* will be successful in raising substantial funds for the further upgrade of Cazzie House – to preserve and maintain its architectural heritage, enhance this central meeting place for all Castellorizians and the wider community, as well as support the activities of the Culture and Heritage Subcommittee.

If you would like to donate items for any of the stalls, seek further information or wish to volunteer to help, please contact any of the following committee members:

Stephanie Meagher: 0450609491 Anita Verne: 0407922783 Stan Kailis: 0414271644
Lefki Kailis: 0439899010



CULTURE AND HERITAGE - Continued

Choir

A second initiative for 2019 is the establishment of a choir. Interest in the idea of a CAWA Choir was canvassed by our 2018 president, Stan Kailis. Encouraged by the very positive feedback received, Stan proceeded to investigate further and we have succeeded in securing the services of an enthusiastic, experienced and accomplished chorister to assist in establishing and leading the group.

It is envisaged that the choir will be organized along the following lines:

- a mixture of Greek and other styles of music
- 5 week modules for a total cost of \$50
- commencing in May
- conducted at Cazzie House

Community choirs are a wonderful platform for fellowship and we look forward to hearing from those interested in the social and cultural benefits of community singing.

To register your interest or seek further information, please contact Stan Kailis on 0414271644 or by email at stan.kailis@y7mail.com



These are just two of our many planned activities for the coming year as we continue to celebrate and promote the rich historical and cultural heritage of our Island.

We look forward to seeing you in 2019.

The Culture and Heritage Sub-Committee

Lefki Kailis, Stan Kailis, Anita Verne, Allan Cresswell, Ros Harman and Stephanie Meagher

WEBSITES ASSOCIATED WITH OUR ASSOCIATION

Castellorizian Association of WA Facebook Page: <https://www.facebook.com/groups/311068092238055/>

Castellorizo Genealogy Facebook Page: <https://www.facebook.com/groups/311068092238055/>

Castellorizo Genealogy Website: <https://www.castellorizo.org/>

Empire Patrol Website: <http://empirepatrol.com/>

Castellorizian Virtual Museum: <http://castellorizo.org/museum/>

COMING SOON: THE CASTELLORIZIAN ASSOCIATION OF WA WEBSITE

Dr Stan's Mediterranean Corner

In previous articles in the Megisti Messenger I have talked about herbs (βότανα) and the Mediterranean Diet. In this edition, I will explore the use of spices.

Spices and the Mediterranean Diet

Often the terms herb and spice are loosely connected. Spices (καρύκευμα) are aromatic pungent material of plant origin such as pepper (πιπέρι), cinnamon (κανέλα), clove (γαρίφαλο) and garlic (σκόρδο). They, have medicinal properties, but are mostly used in food preparation as natural flavourings and preservatives. Spices, with their strong antioxidants, eaten together with fruit, vegetables, extra virgin olive oil and moderate amounts of red wine help reduce the risk of cardiovascular disease, cancer and degenerative health problems.

- **Pepper (πιπέρι):** Ground dried pepper from peppercorns has been used since antiquity both as a flavouring and as a medicine. Black pepper is the whole seed of the pepper plant including its black skin whereas white pepper has the skin removed hence less flavoursome. Its flavour is due to the chemical component piperine. As a seasoning agent, it is often coupled with addition of salt.

- **Clove (γαρίφαλο):** Cloves are the dry aromatic flower buds of the clove tree. They are used to flavour meats and marinades as well as deserts such as steamed apples, pears and rhubarb. Combined with lemon and sugar they are consumed as a hot beverage. With classic kourambiedes one whole clove is inserted in each piece prior to baking giving the shortbread a characteristic flavor. Clove oil and eugenol its major component have also been used as a local anaesthetic for toothache. Ground cloves are sprinkled on Katoumari (Κατουμάρι) adding to its unique aroma and flavour.

- **Cinnamon (κανέλα):** Powdered Cinnamon is made from the inner bark of cinnamon trees. It is mainly used as an aromatic flavouring agent, either as a powder or quills of bark, for sweet and savoury dishes of the Mediterranean diet. Cinnamon's aroma and flavour derive from its essential oil and main ingredient cinnamaldehyde, as well as many other components including eugenol. Cinnamon bark together with clove can also be an ingredient in syrup for drizzling over Greek sweets.

- **Garlic (σκόρδο):** Garlic belongs to the same group of plants as onions and is therefore a close relative of onion, shallot, leek and chive. Garlic has remained a common flavouring agent. It is used both fresh and dried. Garlic has a bitter pungent flavor and a characteristic aroma. Dried garlic and garlic powder have a different taste. All parts of the garlic plant except the skin around each clove are edible. Garlic is used in all types of recipes including pan fried keftedes (κεφτέδες), sautés, meat and vegetable roasts, moussaka (μουσακάς), yemista (γεμιστά), breads and dips. Classic dips where garlic is incorporated include skordalia (σκορδαλιά) and tirosalata (τυροσαλάτα). Garlic is easy to grow and worthwhile financially as high-quality garlic is expensive. Prepare the bed then plant each clove water well and apply dynamic lifter occasionally. Although some believe that garlic is God's medicine and feel better eating it unfortunately there is little recorded scientific evidence that garlic on its own can prevent or cure major medical problems. As part of the Mediterranean Diet it is a healthy food. However, it sure adds flavour.

Your Olive Tree This time of the year you will notice olive fruit on your olive tree. These will be a green colour and not ready to process. At this time olives are filling up with olive oil. Yes, olive fruit contains olive oil. Water your tree during summer and in Autumn give your tree a couple of handfuls of Dynamic lifter.

Contact Dr Stan for more information 0414271644 or stan.kailis@y7mail.com



*The Castellorizian Ladies Association (Megisti)
of Western Australia Inc.*

PRESIDENT

Fay Katris
9 Bakery Lane
East Perth WA 6004
afkatris@gmail.com
Mobile: 0409 756 744

SECRETARY

Betty Palioudakis
87 Essex St
Wembley WA 6014
palios@optusnet.com.au
Mobile: 0432 429 688

The Castellorizian Ladies Association (Megisti) of WA Inc. held their 49th Christmas Lunch at the Duxton Hotel Firewater Grille Restaurant on the 4th December 2018. 96 Ladies attended this very successful and enjoyable lunch with 37 raffle prizes won by some lucky ladies. Next year is our 50th Anniversary year and we are planning something special. We were sorry to see Mrs Pippin Parissis leave us for now and thank her for her help.

We are happy to announce that we held our AGM in November and now have 4 new members on the committee. President Mrs Fay Katris, Vice President Mrs Stasha Antonas, Secretary Mrs Betty Palioudakis, Treasurer Mrs Rose Kalaf, and committee members Mrs Stacey Doucas, Mrs Karen Tsapazi, Mrs Pauline (August) Noble, Mrs Katherine Kalaf and Mrs Elaine Palassis.

Vice President Mrs Stasha Antonas was nominated for Life Membership for her wonderful contribution to the Association.

Our first function for the year will be breakfast at Zamias on Tuesday 19th March 2019.



2019 Committee Pauline, Karen, Katherine, Fay & Elaine.



*The Castellorizian Ladies Association (Megisti)
of Western Australia Inc.*



2019 Committee Stacey, Betty & Stasha (absent Rose)



Christmas Function 2018 – Table 7

Invoking the Muse

You'll remember when I wrote the profile on Melpomene we were reminded that the Muses are the agents of our creative impulses. It is the Muses who syphon a drop of magic potion on the tongue of a newborn to establish a link and give the child permission to seek assistance from their Muse in order to delve deep into their creative being.

This is what our writers' podium intends to do - be an inspiration for budding poets, songwriters, storytellers, novelists and playwrights to reach an audience and see their work in print.

Our podium is accepting of all subjects and writing forms that will be of interest to our membership. The pieces can be excerpts of longer works for the Megisti Messenger where it may not exceed two A4 pages of 12 point Times New Roman.

The Podium committee will review all contributions before publication and permission to correct spelling and grammar will be sought.

I will start the ball rolling with this piece that was inspired by a sacred walk down the Samaria Gorge in Crete. Enjoy and invoke the Muse in you.

Lefki Kailis

The Samaria Gorge

It's three forty five am. The still night air is chilly but the assuring moonlit sky is clear, promising a fine day. I'm perky and a bit edgy as I wait for a bus to collect me for a much-anticipated trek through the Samaria Gorge in western Crete.

A young Brazilian urged me to do this when we were swapping stories in Turkey. He suggested it was a sacred journey. Counsel like this is always a strong driving force for me. Though, as I stand at the bus stop in the Platia in Iraklion, my mind is whirling with questions. It's dark, I'm alone and it's strange that there aren't others waiting with me.

In a while an old man, favouring a walking stick and woman linked to his other arm approach. We exchange greetings –

‘Guten morgen’.

‘Hm! How can they be trekking through the gorge?’ I wonder. I thought the gorge was for the young, fit and healthy??? I have to muster my school German –

‘Guten morgen. Gehen sie zu Samaria?’

‘Ya! Ya!’ they reply earnestly in unison. I venture a nod and a smile.

How odd? It must be an easy walk. We then wait in silence.

Close to 4am, a combi van pulls up. The three of us get on, walking stick included, the driver says ‘Samaria?’ and takes off. I'm more than anxious now, this man doesn't look or sound like a tour guide, no welcome in German and English, no indication even of a route. I've been told it's about a one hundred and forty kilometre drive (hence the early start) but things aren't adding up. I've brought a couple of pieces of fruit, some nuts, a bottle of water and four Ryvita biscuits with cheese. The booking agency must have suggested that. Sounds as if there are no cafes on the walk!!! Gulp!!

The van does stop a couple of times and we pick up a young couple and another sporty type. I'm wondering if I'll pal up with anyone as I make my way through the gorge, maybe not, this lot are all self absorbed or ‘teamed up’ and I'm feeling a bit lonely. I try to comfort myself as day dawns and olive groves, citrus orchards and vineyards slip in and out of view.

At about 5.30am the van pulls up behind a regular tourist size bus and I realise – *of course* – we’re joining this group who are coming from the northwestern part of the island. Ah! yes – that’s it. People pile in and suddenly there’s excited babble. I can hear at least - French, more German and Italian. ‘Good morning’, ‘Bonjour’, ‘Guten morgen’ begins a wiry well-presented tri-lingual gent. ‘I am your guide today’. He is talking to us now and at last I’m getting a bit of an idea about how long the walk is – eighteen kilometres – and what to expect.

In half an hour, we’re stopping again on the outskirts of Chania and to my astonishment when I look ahead I see a string of buses like ours and when I look behind I see another ten or maybe even twenty. Daylight is dawning!! This is going to be some big walk – forget the opportunity to commune with nature, a peaceful solitary trek. This is going to be bedlam.

Our guide tells us the neck of the Samaria Gorge is so narrow that during the Second World War the young Cretan men of the resistance, mainly shepherds, were able to guard it keeping the Germans out and so smuggle allied British, New Zealand and Australian soldiers through the gorge and to sanctuary in the Prevelly Monastery and in local villagers’ homes. There they were fed and cloistered until secret submarines spirited them away to safety in Alexandria in Egypt.

Prevelly, Prevelly, my brain clicks as I make the connection with the small iconic church in Margaret River. I remember now Geoff Edwards was in Crete during the war, he must have been one of those soldiers that our guide is referring to. The opaque images of young soldiers being spirited through the gorge swirl around my in my imagination. I take a deep breath as I absorb the significance of this journey.

He goes on to tell us that the deep ravine is a raging torrent in the winter and a mere trickling brook in the summer (lucky for us). He warns us not to loiter but to keep on the move as tiny pebbles falling from the immense vertical limestone walls on either side gather enough velocity to kill you if you’re struck on the head.

‘Mules are basically the mode of exit if you’re injured’ he tells us – so ‘take care of your ankles’. ‘Some of you will complete the walk in four hours and others will take seven. We will wait for you in the café at the beach. There is no road back to where you’ll be dropped off. A boat will take us to Chora Skafion the next village where a special bus will be waiting to return you to your place of residence. It will depart at five pm. Good luck’. I pity the poor German with his walking stick and elderly partner but I don’t look for them.

Around 8am the buses start pulling into a large parking area on the plateau of Omalós. It’s a large, barren flat parking area. We alight and move like ants under pressure. There are people everywhere all going their own ways. This is not a group excursion. I look around earnestly to attach myself somewhere or even to follow, but there are many different languages being spoken, eyes averted. I best get my daypack on and hit the Xilóskalon.

The descent is via steep, zigzag steps called the Xilóskalon, meaning the ‘wooden staircase’. They plunge you down about one thousand metres to the valley below. There are people all around me but I’m concentrating on being sure-footed and *in the moment* and I’m glad I’m by myself and I’m happy this is not going to be a walk-while-chatting experience.

On descent, there’s a wide riverbed consisting solely of egg-sized pebbles. I feel them massaging the soles of my feet as I gingerly step left foot forward then right. The banks are treed and luscious with the incessant chirping of local birds. I catch a whiff of rosemary or eucalyptus. I’ve heard the gorge is renowned for its vultures, falcons, eagles and owls so I’m on the lookout. The senses are awakened.

It’s obvious - one follows the dry riverbed to the ocean. We’ve been given a map of the winding path through the gorge, no fear of getting lost then! Not a lot of further instruction required it seems because

the mass have already begun the ‘stampede’. The day is heating up, so screening the body is already necessary. I unpack my hat and thank God I’m wearing boots. I look around me - some people look as if they’ve come out for a Sunday stroll – light pumps, thongs, camisole tops – unbelievable!!

I’m making good progress although I’ve already decided this is not an athlete’s racetrack – even with boots the feet are being severely massaged. My pace is going to fit my biorhythm, this walk for me, is going to be meditative and cleansing. I’ve calmed down, I’m getting used to the idea of experiencing this in my own way, actually feeling clear-headed, conscious and aware. Now I can smell conifers and herbs – thyme I think and maybe oregano. I’m not even trying to make contact with other travellers: I’m self-driven.

A couple of hours into the walk I come across a side brook of crystal-clear bubbling water. Others are doing what I have an urge to do – take off my boots and bathe my poor pummeled soles; I know they say never take your boots off, you’ll never be able to get them on again. I’m beyond reason I’m operating on impulse and in the moment. I’ve proved them wrong, the socks boots are on, laced and I’m on my way again.

I’m not at all hungry, I’ve been drinking regularly and it is with surprise that I come across the abandoned village of Samariá (marked on the map and asterixed with a toilet sign). There are logs and rocks where people are sitting having lunch so I find myself a spot and pull out a few biscuits and cheese. For some reason, here, I feel embarrassed to be alone, not lonely just self-conscious I guess. My guide spots me and comes over to exchange a few friendly words.

After this, the pebbled, winding path begins to narrow, there’s a trickle of water so I’m forced to cross from one side of the brook to the other to proceed. Often the rocks are partly submerged and slippery. I realise the walls on either side of me are barely two metres apart, I glance up at two perpendicular towers about a thousand feet tall with a crack of blue sky separating them. There’s an eagle or a vulture coming in and out of view. I’m in absolute awe. I remember to keep on the move. The light-footed steps of fugitives echo in my brain.

In time the terrain changes completely, the valley broadens the towers diminish. To my right are piled-up pebbles and rubble that have obviously been deposited by rushing waters at another time. On either side the vegetation becomes grassy with low scrub. I’m suddenly amused, everybody is dispersed, there’s nobody around, no human that is ... I hear the crowing of farmland chooks, with a sigh of relief, I pull out a biscuit and cheese and without hesitation a young goat sidles up to me and whips it out of my hand. I laugh joyously and talk to it for a few minutes as it nuzzles against my backpack hoping for more. I guess I need a bit of company.

I feel as if I’ve made it although there’s still a long flat walk to reach whatever it’s going to be - a café of some sort and a delectable swim in the ocean. I’m so – so happy. I’ve walked this awe-inspiring walk, without hesitation. I’ve dispensed with fear and instead absorbed the beauty and sanctity of this incredible gorge.

Seven kilometres on there’s a glimpse of the ocean, there’s increasingly loud babble and a large restaurant comes into view with salads, chips and beers at every table. I can’t wait to get the walking gear off and the swimming gear on but the much anticipated beach is nothing but a load of black pebbles – there’ll be no sun therapy here so I dive in, cool off, toss my head from side to side to get the hair in some sort of order then do what the others are doing – salad, chips and beer. It’s all devine.

Lefki Kailis

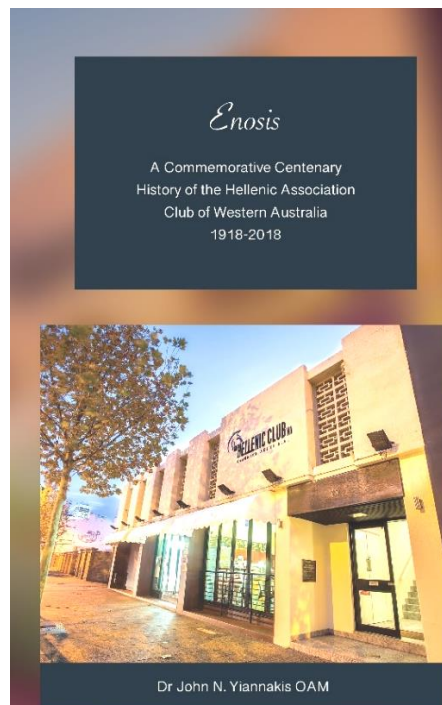
15 November 2018

Birthday marked with a Commemorative History

Dr John N Yiannakis OAM

The Hellenic Association Club of WA is 100! Founded in 1918, the Hellenic Association (Enosis) was the first pan-Hellenic association in WA and is one of the oldest such organisations in Australia. A history has been written by Dr John N Yiannakis celebrating the Club's milestone.

While examining the growth of this major association, this book also provides a broad outline about Greek migration, settlement and adaptation to Western Australia. The Hellenic Club's unique evolution is a microcosm of the changing role and identity of Hellenism within this state. A wide range of sources have been used to assist put together this insightful and interesting history.



Copies can be purchased for just \$35 from 75 Stirling Street or by phoning 9328 6681 or email hellenic.club.wa@gmail.com

MEMBERSHIP SUBSCRIPTIONS

In the August 2018 edition of the *Megisti Messenger* membership subscription invoices were enclosed for the 2018/2019 period. If you did not receive an invoice then you have already paid your subscription fees in advance. Current year membership is for the period July 1st 2018 to June 30th 2019.

Unfortunately, some membership subscriptions still remain overdue for the previous 2017/2018 period even though overdue notices were included in the August *Megisti Messenger*. Invoices indicate whether this is the case.

The cost of producing and mailing our newsletter four times a year is considerable and membership subscriptions only just cover this cost.

If you have any queries re your membership please contact our Treasurer Steve Filmer on 0418907101, or email steve@halmac.com.au

Visitors to Perth

Dr John N Yiannakis OAM

We are fortunate in Perth to regularly receive visits from speakers, foreign dignitaries and scholars who address the local Greek community about issues and topics pertaining to Greece – modern and ancient. In the last few months a few such presentations have been delivered. Most recently, Professor Andrew M Chugg delivered an informative and well attended lecture at Leederville TAFE about the death of Alexander the Great. (Professor Chugg's visit, hosted by the Hellenic Community of WA, the Hellenic Council of WA and the Pan-Macedonian Association of WA, was highlighted in the HCWA e-News.) Such visitations were rare in the pre-1970s era, but not unheard of. Here is an example of an early (maybe earliest) presentation by a visiting academic to the local Greek community.

During May and June 1909 Professor Darnley Naylor of Adelaide University visited Perth and Kalgoorlie for a series of lectures. He was principally here to advocate for the WA University Movement prosecuting their case for a university to be established in Perth. Professor Naylor would appear before a State Royal Commission advocating for a local university. He was lecturer and tutor at Ormond College University of Melbourne, from 1895 to 1906, and was appointed to the Chair of Classics at Adelaide University in February 1907. While here, Professor Naylor presented several public lectures about ancient Greece and Rome. One of these lectures involved a reception organised for him by the local Greek community. The June 12, 1909, *Western Mail* newspaper article below further explains the event.

DINNER TO PROFESSOR NAYLOR.

THE HELENES OF PERTH.

Among the closing incidents of Professor Naylor's visit to Perth was the supper tendered him on Wednesday, June 2, by the Greek residents at the close of his final lecture. Euthusiastic as was the reception accorded to Professor Naylor by a large section of the community, it was thrown into the shade for intensity by the delight with which his series of lectures were greeted by the small number of Hellenes who represent in Perth the Greek nation, and who have perhaps a keener realisation of and a closer acquaintance with the hereditary glories of Athens than the Australian of to-day has in the achievements of the British Empire in the 18th and 19th centuries. Those gentlemen have made a deeply interested and intensely approving section of the various meetings in the Mechanics' Institute. They early expressed their thanks to Professor Naylor for so generously revealing the life of Athens in its greatest days to the people of Perth, and in conclusion invited him to a farewell supper at the Moana Cafe. The gathering, specially organised by Mr. J. P. Descas, assisted by Mr. P. Michelides, was presided over by Mr. H. P. Downing, the Vice-Consul for Greece, and among those present were Messrs. D. Angels, N. Le Roitas, A. Tselepis, J. Andritsakos, K. G. Manolas, and G. Kalisperis. In addition Mr. J. Reford Corr, M.A., and Mr. R. Robertson were invited to attend. The gathering was distinguished by remarkable evidences of patriotism and by great warmth of affection for all that related to the beloved land of Greece.

Visitors to Perth - Continued

A separate newspaper account from *The West Australian* ended with the following:

‘Mr. P. Michelides then presented the professor with a letter of thanks, written in Greek, of which the following is a translation: -"The Greek community of Perth. To Professor Darnley Naylor, M.A. Sir, - The Greek community of Perth, on the occasion of your visit to this State for the purpose of lecturing on ancient Greece, desire to express to you their heartfelt thanks and appreciation for the high, and informative nature of your lectures, which have awakened renewed interest in this State, in all that pertains to their country and their ancestors. Wherefore they deem it a great honour to consider you as a friend. *Since the man who melts with social sympathy, though not allied in blood, is more valuable as a friend than ten thousand kinsmen* (Euripides). (Signed) for the Greek community - J. Doscas, P. Michelides. N. Luccas." Perth, June 2, 1909. A vote of thanks to the chairman closed a remarkable gathering.’

DONATIONS NOVEMBER 2018 TO JANUARY 2019

IN MEMORIAM

We look forward to planning a beautiful Memorial Garden in the near future and the donations, in memory of loved ones, will be used for this worthwhile purpose.

DATE 2018	DONORS	IN MEMORY OF
November	Nick and Jenny Zounis	Peter McDonnell
	Nellie and Bartley Kakulas	Peter McDonnell
	Jack and Nina Pitsikas	Peter McDonnell
	Nicholas and Mary Nicholas	Peter McDonnell
	Anthony and Jessie Zempilas	Peter McDonnell
	Eva Boyatzis	Peter McDonnell
	Ms Kris Verevis	Peter McDonnell
	Nick and Jenny Zounis	Eva Mathews
	Nick and Jenny Zounis	Con Mathews
	George and Margaret Palassis	Evan Papantoniou

GENERAL DONATIONS

On behalf of the members of the Castellorizian Association of WA we would like to thank the following donors for their generosity – these will assist with special projects at Castellorizo House such as the purchase of archival files for photographs and newspapers; the protection of the beautiful federation ceiling; or the costs of building a website for the Association.

DATE	DONORS	
January 2019	Hellenes Bridge Club	To Association
	Castellorizian Ladies Association (Megisti) of WA	To Association

CAZZIE TRIBUTE



Compiled by Stephanie Meagher

Phyllis Kaye Samiotis (nee Lazarakis)

Phyllis Kaye Samiotis (nee Lazarakis) was born on 30th May 1953 in Kalgoorlie WA the eldest child of Michael Lazarakis and Persephone (Sef) nee Delaveris. She has three younger siblings, Cath, Les and Michelle. Phyllis married Anthony (Tony) Michael Samiotis and they have adult children Michael and Christiana (who is married to Gene) and a grandson Tycen.

"I didn't set out to beat the world; I just set out to do my absolute best"

These words from Al Oerter, an American athlete and four-time Olympic Gold champion in the discus could just as well have been spoken by Phyllis, as they echo her own sentiments and approach to her time as a middle distance runner.

Phyllis has had a stellar athletic career, exemplifying the Olympic ideal of commitment, dedication and striving for personal excellence. Phyllis has the distinction of representing both Greece and Australia in athletics at an international level and she still holds the record for W.A. Residential Open 1500 m (4min 14sec) – a title she has held since 1980.

Phyllis began her athletic career in 1971 at the age of 17 with the Northern Districts Women's Amateur Athletics Club, competing in the middle distance running events ranging from 800m, 1500m and 3000m. She retired a champion in 1980 having scaled the following heights:

- Representative for Australia at the following:
 - 1974 Commonwealth Games Trials
 - 1977 Australia versus New Zealand series
 - 1977 Oceania Athletic Team
 - 1977 World Cup in Dusseldorf
- Representative for Greece at the following:
 - 1976 Yugoslavian Balkan Games
 - 1976 Welsh Games
- Australian National Record for 1500m (4min 14sec) in 1980
- Greek National Record for 800m (2min 5.8sec) in 1976

Phyllis has also won numerous medals at Australian National Track and Field Championships including:

- Gold in the 3000m in Sydney, 1977
- Gold in the 3000m in Brisbane, 1978
- Silver in the 800m in Brisbane, 1975
- Silver in the 800m in Sydney, 1977
- Silver in the 1500m in Brisbane, 1975
- Silver in the 1500m in Melbourne, 1976
- Bronze in the 800m in Melbourne, 1976
- Bronze in the 1500m in Sydney, 1977



Some of Phyllis' trophies and medals, together with outfits worn at specific events, were on display as part of our recent exhibition on the 'golden age' of Hellenic sporting clubs in W.A. Included also was the stop watch used by her father, Michael Lazarakis, who successfully trained Phyllis for a number of years, employing this stopwatch to time her races during training, as well as her national title performances. Naturally, it is of particular significance to Phyllis and her family.

It should be noted that when Phyllis was competing there was no Australian Institute of Sport and no high-profile sponsoring of athletes. At the height of her success, Phyllis was working full-time as a physical education teacher at Forrestfield Senior High School and being coached by her father – a far cry from the multi-million dollar sporting world of today.

The Castellorizian Association of Western Australia would like to take this opportunity to acknowledge and congratulate Phyllis Samiotis on her outstanding athletic achievements - a true champion.

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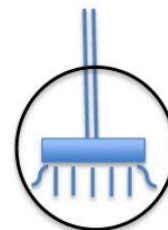
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